



Established 1967

www.lucannewsletter.ie

Sub. €1

Sunday 16th February 2025

What's Love Got to do with it!

St Valentine is reputed to have healed the daughter of a noble family, bringing the family to believe in God. He was consequently executed. In later centuries, poets associate St Valentine with romantic love, so that we will see an abundance of cards, red roses, heart shaped chocolates, etc on Wednesday next. This is the result of poetic licence!

Love is the deepest longing of every single human being, so the commercial industry is on a roll with this – the idea of being able to buy something of a little love! However, if it gives pleasure to some and an excuse to celebrate love & a loved one, why not!

There are expressions of love that always leave me in awe and in wonder! I have seen it in the relationship between my parents in old age. The real stuff of married love, where for better or for worse, genuine caring and treasuring of one another occurs. Real love demonstrates unconditional regard for someone while accepting their failings or short-comings.

One time when I was sitting with my parents, enjoying a bottle of wine together, my mother was talking non-stop, as usual. She was talking incessantly. Yet, my father kept saying: **Yes, Mary!** When she went to bed, I asked my father how he could possibly listen to everything she said! He told me that he had learnt to tune out and to say a repeated **Yes, Mary** every few minutes so that they had peaceful and enjoyable evenings together! My mother felt listened to and regarded well by my father, while my father was not in danger of bursting a blood vessel as I might have been! Now, that is love so that both went to bed happy in themselves and with one another!

The romantic feeling of love, or the romantic notion about anything, is a reprieve in a day or in life! It doesn't and can't last long as it's too highly charged. It's a spark that starts something fresh and new or renews a state of being for a while. Many great things start with the great dream or the great romance of some sort – not always about a couple thing. Most have a romantic notion about life when young as a broad vista of opportunities stretch out in front of one.

Returning to St Valentine, he sacrificed his life for the sake of his belief in Jesus Christ. He engaged the power given to him by God to heal the sick. The challenge and opportunity of love is to be for others, as we are available as sources of healing and comfort and willing to make sacrifices where needed. I hope you both feel love and share love this weekend!

Cathy Burke

Catechist in the Lucan Partnership of Parishes

Lucan Citizens Information Centre

Our telephone number is **0818 07 5090**

www.citizensinformation.ie

Email – lucan@citinfo.ie

Our office is located in the Ballyowen Castle Youth and Community Centre, Ballyowen, Lucan



Opening hours

Walk-ins to see an Information Officer

Tuesday: 10am – 12pm and 2pm to 4 pm

Wednesday: None

Thursday: 10am – 12pm and 2pm to 4 pm

Reception open

Tuesday: 10am - 1pm and 2pm - 4pm

Wednesday: 10am - 1pm and 2pm - 4pm

Thursday: 10am - 1pm and 2pm - 4pm

We are closed on Mondays and Fridays.

Citizens Information Phone Service (CIPS) is open Monday to Friday 9 am to 8pm on 0818 07 4000

MABS – the Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over 20 years. MABS phone service is open Monday to Friday 9 am to 8 pm on 0818 07 2000

Tax Relief on Medical Expenses

You can claim income tax back on some types of healthcare expenses. Tax relief for most expenses is at the standard rate of tax. Relief on nursing home expenses is available at your highest rate of income tax.

You can claim tax relief on medical expenses you pay for yourself or for any other person.

You must claim tax relief within the 4 years following the year in which you paid for the healthcare.

Tax relief is also available for premiums paid for health insurance. This tax relief is included in the amount you pay, so you do not have to claim this relief.

You can claim tax relief on:

Doctor and consultant fees.

Maintenance or treatment in a hospital, treatment facility (such as a clinic) or a nursing home.

Transport by ambulance.

Employing a qualified nurse at home.

Treatment from a psychologist or psychotherapist.

Acupuncture.

Kidney patients' expenses.

Specialised dental treatment.

Maternity care.

In-vitro fertilisation (IVF).

Speech and language therapy for a child under 18 or in full-time education.

Educational psychological assessments for a child under 18 or in full-time education.

Must be prescribed

The following healthcare qualifies for tax relief if prescribed by a doctor:

Drugs and medicines.

Diagnostic procedures.

Physiotherapy or similar treatment.

Chiropody or podiatry (foot treatments).

Orthoptic or similar treatment (for example, treatments for squints and eye movement disorders).

Home nursing for a serious illness.

These aids and devices qualify for tax relief if prescribed by a doctor:

Hearing aid. Orthopaedic bed or chair.

Wheelchair or wheelchair lift (no relief is due for alteration to the building to facilitate a lift).

Glucometer machine for a diabetic.

A computer needed by someone with a severe disability to help them communicate.

You can also claim for gluten-free food if you have coeliac disease or diabetic products if you have diabetes. Instead of a prescription, you can use a letter from a doctor stating that you have coeliac disease or diabetes. You can use receipts from supermarkets or chemists.

Travelling abroad for treatment

You can claim tax relief on the cost of medical treatment you get outside Ireland. The healthcare provider must be entitled to practise in the country where the care is provided.

Optical treatment

You cannot get tax relief for routine ophthalmic (eye) treatment – sight tests, glasses or contact lenses.

You can get tax relief for orthoptic or similar treatment prescribed by a doctor. This means the examination and treatment by exercise of squints and other eye disorders.

Dental treatment

You cannot get tax relief for routine dental treatment: Extractions. Scaling or cleaning. Fillings. Artificial teeth and dentures.

You can get tax relief for the following dental treatments: Crowns. Veneers or Rembrandt-type etched fillings. Tip replacing. Gold or fibreglass posts. Inlays. Endodontics (root canal treatment). Periodontal treatment for gum disease. Orthodontic treatment (braces and related treatments). Surgical extraction of impacted wisdom teeth. Bridgework.

More information on our website.

Lucan Senior Citizens

Wednesday 19th February – Social Morning and lunch in the Spa Hotel 10.30 – 12.30.

Pictured are some of our members enjoying our Valentine's celebration!



Lucan Active Retirement Association

We meet in St. Andrew's Parish Centre, Main Street, Lucan, on Thursdays at 11.30am.

New members always welcome, come and join us in a friendly atmosphere and meet new friends. There is a charge of €4 each week to cover costs, but there is no charge for your first meeting.

Lots of activities to enjoy. Bowls, scrabble, cards, drama and choir.

Coffee break at 1pm. Organised trips in Ireland and abroad.



If you replace W with a T in What, Where and When, you get the answer to each of them!



Learn, Laugh and Live!



THE UNIVERSITY OF THE THIRD AGE

U3A Lucan:

Lucan University of the Third Age

The purpose of the club is to provide a regular meeting point for social intercourse for people of mature age enabling the sharing of interests and knowledge with each other.

We meet on the 2nd Monday of the month in Ballyowen Castle, 14:00 – 16:00 hours.

Interested in joining? We have spaces at present; come along to a meeting or phone Eilis at 086 8097038 for further information.

Parish Notes

St Mary's, Lucan

www.lucanparish.com



Sunday Mass Times: Vigil: 6.30pm
Sunday: 10.30am, 12 noon, 7pm

Weekday Masses: Monday to Saturday 10am

Masses live-streamed on www.lucanparish.com

Adoration of the Blessed Sacrament:

On Saturdays from the conclusion of the 10am Mass to 11.30am – funerals permitting.

Christian Meditation:

We meet every Tuesday night at 8pm in the Parish Bungalow.

All welcome. Sr Geraldine

Lectio Divina:

Lectio Divina meet every Monday evening (except Bank Holidays) at 7.30pm in the Bungalow to reflect for an hour on the following Sunday's gospel.

All are welcome.

Bethany Bereavement Support Group:

We meet on the 2nd Monday (at 10.45am) and the 4th Thursday (at 8pm) each month, in the Parish Centre. We are available to listen or just be there for anyone who is feeling lonely or lost following the death of a loved one. If you would like to attend a meeting, please contact the Parish Office. (Phone 01 6217041)

Confessions – Nuns' Chapel:

Saturday Evening 6.30pm Mass.

Legion of Mary:

Meeting every Thursday 5.30pm in the **Parish Bungalow** for Rosary and Prayers.

All Welcome.

Divine Mercy Devotion:

Every Wednesday morning in St Mary's Parish Church after the 10am Mass until 11am (unless there is a funeral), the Divine Mercy Chaplet is prayed during exposition of the Blessed Sacrament. This devotion, revealed to St Faustina by Our Lord is a prayer of atonement for our own sins and the sins of the whole world. We pray especially for evil to be defeated and for peace in the world.

Baptisms:

Procedure for baptisms in the parish. Parents who register their children for baptism are invited and must attend a preparatory meeting in the month before the ceremony. The ceremony of baptism will take place in two parts. The children will be welcomed at a short ceremony during 10.30am Mass, the Family Mass, on the Sunday prior to their actual baptism date.

Dates are bookable on line.

Email: secretary@lucanparish.com

Visits to the housebound:

If you are housebound you can call Deirdre at the parish office (01 621 7041) we will be happy to call on a monthly basis.

Cuppa:

Why not come into the Coffee Dock for a cuppa and a chat after the 10am Weekday Mass and on Sundays after the morning Masses.

Deepest Sympathy to the family and friends of **Elizabeth (Lil) O'Connell**, Beech Park and to the family and friends of **David (Davy) Reid**, Sarsfield Park.
May they rest in peace.



St. Vincent de Paul

Church collection at all Masses

NEXT

Saturday/ Sunday 22nd /23rd February.

Many thanks for your generosity.



Society of St. Vincent de Paul

Society of
St. Vincent de Paul
St Mary's Conference,
Lucan

ice, phone: 01 8550022
or email: info@svp.ie

Medjugorje Mass

St Mary's Church, Lucan

24th February

Mass at 6.15pm.

Celebrant Fr Ray Kelly

(Rosary, Confessions and Prayers 5.45pm)

St. Patrick's Esker/ Dodsboro/Adamstown

www.stpatrickslucan.ie



Sunday Mass Times: 9am, 10.30am, 12 noon. **The 10.30am Family Mass** is aimed at younger parishioners and their families.

Weekday Masses: Monday to Saturday at 10am.

All Masses livestreamed at stpatrickslucan.ie

Adoration:

Adoration is held every Saturday morning after the 10am Mass from 10.30am to 11.30am. All are welcome.

Confessions:

Confessions after Saturday 10am Mass and after Thursday 10am Mass.

St Patrick's Prayer Meeting:

Every Monday night in the Pastoral Centre, (Side of St. Patrick's Church) from 7.00pm to 7.45pm.

Communion for the Homebound:

If any member of your family is sick and housebound, and would like to receive Holy Communion, do please let us know. You can ring the Parish Office on 01 628 1018 and leave your name and address, or email us at:

secretary@stpatrickslucan.ie

Tea/Coffee:

Every Wednesday 10:30am in the Parish Centre.
All are welcome

St Vincent De Paul – St Patrick's Conference

Church Gate collection before and after all Masses **NEXT Sunday 23rd February**

Thank you for your generosity.

Divine Mercy, Lucan South

www.lucansouthparish.net

Sunday Mass Times: Vigil: 6pm.
Sunday Masses: 10.30am and 12 noon.

Weekday Masses: Mon.-Fri.9:15am. Sat.10am

All Masses will be livestreamed on

www.lucansouthparish.net

Sacrament of Reconciliation:

Confessions every Saturday 5.15pm and after the evening Mass.

Adoration and Holy Hour Exposition of the Blessed Sacrament:

Mon: 7.30pm: Divine Mercy Adoration.

Fri: 1.15pm: Adoration MMPH Cenacle.

Fri: 2-3pm: Divine Mercy Devotion/Adoration.

Mass of Thanksgiving for the Fruits of Medjugorje: Every Thursday.

7.00pm: Rosary and Confessions.

7.30pm: Holy Mass. **After Mass:** Adoration, Divine Mercy Chaplet, Benediction.

8.15pm Adoration and Confessions - **8.50pm** Benediction. *All welcome*

Prayers of the Church:

Mon. to Fri.: 8.40am.

The Church is open Monday to Friday from **10am to 1pm** for private prayers.

Legion of Mary:

The Legion of Mary meets every Tuesday evening at 7.30pm in the Confessional Room in the church.

Home Visits Holy Communion:

If anyone who cannot come to Mass would like to receive Holy Communion at home from Fr. Aidan or a Minister of Holy Communion, please contact the Parish Office 01-4572900.



Thank God and sincere thanks also to our many listeners and supporters as RADIO MARIA IRELAND continues to grow. As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies – do join our growing faith family!

Here's how you can listen:

Via Digital TV - Saorview Channel 210

Download our FREE App "RADIO MARIA IRELAND"

Streaming on our WEBSITE -

www.radiomaria.ie

Via our 'Listen Live Radio' link on our Facebook Page.

Via PHONE – get live radio feed by calling +353 (0) 1 437 3277 (no extra charges apply).

Why not drop a line to our Spiritual Director, Deacon Don Devaney by text on 089-4672000, by phone on 01-4123456, or come and pay us a visit at Radio Maria Ireland, St. Anthony's Business Park, Ballymount Road, Dublin 22. D22 R7W2

Acknowledgement



John Dobbs

The Dobbs family would like to express to our neighbours for your kindness and support during our recent bereavement. Your thoughtful words and cherished memories of John brought us great comfort during this difficult time.

A special thank you to Dr. Harris, Dr. Lombard, the staff of Main Street Clinic Lucan, and the dedicated doctors and nurses at James Connolly Memorial Hospital, Blanchardstown, for the compassionate care they provided to John throughout his illness.

In appreciation, a Mass will be offered for your intentions.

Anniversaries

Freda Byrne

49th Anniversary, 17th February

Masses offered

Your life was a blessing
Your memory a treasure
You are loved beyond words
And missed beyond measure

*Loved always by your husband Dick,
your family Elaine, Richard and Emily. xxx*



Freda Byrne

49th Anniversary, 17th February

Memories are something, that no one can steal
Death is a heartache, that no one can heal
Some may forget you, now you are gone
Loved always by your sister Tessie .x

Paddy Callanan

Anniversary 14th February

We miss your smile, your joking ways
We miss the things you used to say
And when old times we do recall
It's when we miss you, most of all

*From your loving wife Margaret, sons Martin, John,
daughter Caitrioina, extended family and friends.*

**Paddy's Anniversary Mass will be in St Mary's on
Saturday 15th February at 10am.**



Marie Murray

8th Anniversary, 18th February

We who love you, sadly miss you
As it dawns another year
In our lonely hours of thinking
Thoughts of you are ever near.
We think of you every day
No longer in our lives to share
But in our hearts you're always there
*Loved and remembered always by your
loving family*



Ger Carey

2nd Anniversary, 19th February

Of our much loved and missed son, brother, uncle
and grand uncle and dad Ger, with a heart of gold.

Late of Beevers Street and Beech Park.

A million times we have missed you

A million times we have cried

If our love could have saved you Ger

You never would have died

Some say that as time goes by

Our heartache will subside

But it's the feeling in our hearts today Ger

Are the same as the day you died

Broke our hearts to lose you Ger

Your parting caused such pain

But the greatest day has yet to come

When we will all meet again

Loving you and missing you so much

Your heart broken Mam, Dad, brothers and sisters.

Josephine (Josie) Murphy

17th February, 5th Anniversary

Late of Arthur Griffith Park, Lucan.

In loving memory of our beautiful mum.

Missed daily, remembered and loved always by Ella

and Noel, Marie and Robert, grandchildren Anita,

Owen, Hemisha & Jason, great grandson James and

partner Emma and great great grandchildren Mia and

Hannah.

William (Willie) Thompson

8th Anniversary, 20th February

I miss you more than ever

Your guidance and your love

But I know you're still watching

Silently from above

The love you gave still warms me

The way it always will

But leaving left an empty space

That time can never fill

Greatly missed and loved dearly

by your loving wife Betty.

William (Willie) Thompson

8th Anniversary, 20th February

Silent memories keep us near

As time unfolds another year

Out of our lives you may be gone

But in our hearts, your memory lives on.

Loved and missed always by Paul, Sharon and Katie.

William (Willie) Thompson

8th Anniversary, 20th February

What we would give if we could say

Hello Dad in the same old way

To hear your voice, see your smile

To sit with you and chat a while....

Missed every day by David (Billy),

Laura, Alicia and Ella.



Valentine's Day will be over by the time most of you read this week's issue, but we hope all are having a nice weekend.

Mid-term Break in all the local schools! With Mock Exams just completed, the Junior and Leaving Cert students will appreciate the short break, and no doubt all the younger boys and girls will too.



Lucan Festival committee met for their first meeting this year and have agreed the dates for this year.

The Festival Week will be from 1st to the 7th September.

The week's events have still to be considered and will be published when agreed.

We look forward to continued support from all of Lucan including the local businesses.

Joe Byrne
Chairman

17th March 3pm

FREE Music, Face Painting, Clowns, & Balloons from 2pm

LUCAN ST. PATRICK'S DAY PARADE

Entry Form  Volunteer 

LUCAN
St. Patrick's Day Parade

Comhairle Contae Atha Cliath Theas South Dublin County Council  An Garda Síochána Ireland's National Police and Security Service  Lucan Business

www.LucanStPatricksDay.org

Printed by Print & Promotions

The Lucan Memorial Campaign

Remembering Lucanians who lost their lives through conflict.

With public consultations for the future of Lucan House due to commence. We would be grateful to anyone who would consider raising the prospect of a local war memorial within the Lucan Demesne. Thank You.

Please scan the QR code for information on those recorded, or visit The Society for Old Lucan website: soc4oldlucan.com



Lucan ICA

Monday 17th February:

Ladies, hope you all were spoiled on Valentine's Day. We are continuing with our crafts embroidery, crochet, knitting etc.

Tea Hostesses are Miriam Gavin and Marie O'Sullivan.

We send our best wishes for a speedy recovery to Mary Shanagher and any other member not well at this time.



Have your say

South Dublin County Council is inviting the public to help shape the Masterplan for Lucan House through our [online consultation form](#) and our [upcoming in-person consultation sessions](#).

South Dublin County Council wants you to shape the future of Lucan House.

Scan the QR code and have your say.

A series of in-person events will be held in February and March and if you are interested in attending an in-person consultation, please email LucanHousePublicConsult@teneo.com.

Photo courtesy of Paul Butler from 'Society for Old Lucan'.

Cuir do chuid tuairimí in iúl

Tá Comhairle Contae Átha Cliath Theas ag tabhairt cuireadh don phobal an Máistirphlean do Theach Leamhcáin a mhúnlú tríd an bhfoirm chomhairliúcháin ar líne agus trí sheisiúin chomhairliúcháin ar an láthair a bheidh ar siúl go luath.

Tá Comhairle Contae Átha Cliath Theas ag iarraidh ort cuidiú leo todhchaí Theach Leamhcáin a mhúnlú.

Scan an Cód QR thíos chun do chuid tuairimí a chur in iúl.

Beidh sraith d'imeachtaí ar an láthair ar siúl i mí Feabhra agus i mí an Mhárta. Má tá spéis agat a bheith ag ceann de na himeachtaí chomhairliúcháin sin, seol ríomhphost chuig LucanHousePublicConsult@Teneo.com.

Grianghraf le caoinchead Paul Butler ó 'Society for Old Lucan'.



Ballyowen Castle Community Centre

Email:

info@ballyowencommunitycentre.ie

Telephone: 01 253 6105 or 085 867 1245

Find us on

Facebook and Instagram to see what's going on in the centre!



Baby & Toddler: Our Baby & Toddler Group is back on Mondays from 11-12.30 this is suitable for ages 0-3 and gives parents or caregiver a chance for a chat and well-deserved cup of tea.

Active over 55's: Due to popular demand our Qigong class has been extended until 6th of March. Everyone is really enjoying the class and the tea and chats after.

New Class Alert: Chair Pilates will be starting Monday 17th February from 2pm-3pm for 6 weeks with M3Pilates. Please contact Marcella on 0860895964 for info.

Room booking: Would you like to book a room in the centre for a meeting or a group

activity? We have some availability and offer competitive rates. Email us to make a booking.



Rialtas na hÉireann
Government of Ireland



Beo i meastóirí agus
an Aontas Eorpach
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European Union



Tionól Réigiúnach
an Deilcín
Southern Regional
Assembly



Comhairle Contae
Átha Cliath Theas
South Dublin County Council

Lucan Toastmasters

Lucan Toastmasters is a friendly, vibrant club which offers a safe environment to develop public speaking and communication skills. Our next meeting is on Thursday 20th February at 7:45pm at the Springfield Hotel, Leixlip and guests are most welcome to join us. Come along on the night or contact

vpmlucantoastmasters@gmail.com to register your interest.

Thursday 20th February 2025

7:45pm

Springfield Hotel, Leixlip, W23 W280

- Do you want to **finally** conquer your fear of public speaking?
- Do you have a speech or presentation coming up that you need help with?

- Do you want to make new friends?

If so, then Lucan Toastmasters is the place for you.



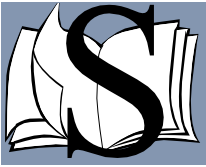
BEFORE



AFTER

We meet on the 1st and 3rd Thursday of each month in the Springfield Hotel, Leixlip at 7.45 p.m. Admission is free for new guests – don't worry, you won't be asked to speak! Come along on Thursday next, February 20th, where a warm welcome awaits you.

For further details, follow Lucan Toastmasters on [Facebook](#), [Instagram](#) or [LinkedIn](#) or contact vpmlucantoastmasters@gmail.com



SCHOOL NEWS



Lucan Community College

Junior Girls Basketball: Well done to the 2nd year girls basketball team who beat Old Bawn 23-7 on Friday. Sophia Brown scored 12 points and was the player of the match.



Senior Boys Soccer- Leinster Semi-Final: Last Wednesday the 5th of February, Lucan CC's Senior boys' soccer team faced Salesians College in the Leinster semi-final. The final score was 3-1 to Salesians College. The Senior boys team gave it their all and fought until the end but unfortunately it wasn't to be on the day. Well done to Sam Kennedy who scored the goal. The Senior boys have the league Dublin West final to prepare for next so onwards and upwards.



TY Student Volunteering with the Mellon Educate Charity in South Africa: One of our students Naomi Darcy has just returned from a wonderful volunteering opportunity in South Africa. Naomi travelled to SA with the Mellon Educate charity. Mellon Educate is an Irish based African development charity founded by developer & philanthropist Niall Mellon in 2002 and established as a charitable company in 2004. Thanks to the enormous collective

effort of volunteers, in conjunction with the South African government, the charity has built houses for 175,000 homeless people in South Africa's poorest townships.

Naomi got to see first-hand what it is like in South Africa's townships and how those living there manage their day-to-day lives. Naomi got to meet students from the schools around the townships, see where and how they live and helped out with painting and getting new classrooms ready. Naomi would strongly encourage anyone going into TY to apply for this opportunity. Well done Naomi for taking on this very rewarding challenge.



Red Hand Day: This week 'Red Hand Day' is being honoured around the world, this is a campaign to stop the use of child soldiers. People create a red handprint to highlight how children are still exploited around the world.

First years are currently reading Chalkline, a novel about child soldiers and this has given them an awareness about child soldiers and encouraged them to participate in red hand day.



St. Joseph's College

Parents Association Quiz Night: Quiz Night 28th February at 8pm in Kenny's pub, Lucan village. €10 per person with lots of great raffle prizes. Please come and support The Parents Association in their fundraiser for New Team Jerseys for all the school.



Senior Debating: A massive congratulations to our senior debating team who have progressed to the last 16 of the All Ireland competition. They progressed from the round of 32 against Friends College, Lurgan. The students were for the motion "We must only buy from brands that adapt fair trade practices". The very best of luck to the team in the last 16.



Minor camogie: Well done to our minor camogie team who beat Holy Family, Rathcoole in their first championship game. The girls played fantastic on the day. For many of the first years it was their first time representing the school in camogie and they all acquitted themselves brilliantly. Hopefully this is the start of a great six years for them wearing the green jersey of St. Josephs. The play their second group game this Thursday against Loreto, Balbriggan. Best of luck.

My Own Place: Fifth year LCVP students visited Lucan Village as part of their 'My Own Place' project which looks like local issues in the community and issues affecting and impacting the people of Lucan. As part of the project elected TD Paul Gogarty visited the students on Monday morning. Paul spoke about his role as an elected TD and opened the floor to students to ask questions. Several local issues were discussed such as traffic, construction and the possibility of a local swimming pool to name a few.

First and second year basketball: Our first and second year basketball teams have been performing excellently well as of late. In their first group games they played Kings Hospital. The first year team were narrowly beaten 16-12, however, The second year team won their match 37-23 with Rachel Doyle and Sophia Forster scoring 17 and 12 points respectively. On Monday, our first and second year basketball teams both played and beat Lucan CC in a local derby in the St. Joseph's hall. On Tuesday, the first and second year teams recorded another two victories in the last pool games against Old Bawn CS. This victory means that we will be moving onto the next stage of the competition. Well done to all involved.

School visits: Past pupil, Katrina Byrne visited the school with her colleagues from Trinity College. They spoke to our fifth year students about their careers in Intellectual Disability Nursing. They discussed with our students about the path they took to get into the profession, the main challenges and the rewards they get from their chosen careers. Vaishnaivi from Junior Achievement Ireland visited and spent the day with first years on Monday. In the workshop she was using board games as a fun tool for the students to learn about different careers.

Follow Us on Twitter: @StJosephsLucan

Instagram: @stjosephscollegelucan

Website: www.stjosephslucan.com



Older people need your support!

ALONE is recruiting volunteers to provide companionship and support through their Telephone Support & Befriending service for older people. ALONE asks that interested volunteers commit to one set shift of 2 hours per week for a minimum of 6 months. Visit alone.ie/volunteers for more information.

Coláiste Phádraig CBS

Awards: Well done to **6th yr Cillian Lawlor** who won the *Mark O' Neill Student of the Month* Award for January in recognition of his excellent manners, consistent application, engagement, attentiveness and exemplary behaviour in all of his classes.

Congratulations to **Simon Sunday** who won the *Sports Star of the Month Award* in recognition of his impressive performances for the school's 1st and 2nd yr basketball teams.

Comhghairdeas freisin le **Cian Mills** ón rang 1Rye a bhuaigh an gradam *Gaeilgeoir na Míosa* do mhí Eanáir mar gheall ar an sár-iarracht a dhéanann sé an Ghaeilge a labhairt agus an sár-obair atá déanta aige sa rang Gaeilge. The three winners each received a 20euro voucher as well as a framed certificate to recognise their achievements.

Well done also to the class tutor student of the month winners who each received a 5euro voucher for the school canteen.

Basketball: Our 1st and 2nd yr basketball teams completed the group stages of their East League A campaign with matches against Adamstown CS last Friday. Our 1st yrs produced their best display so far to claim a 40-19 victory. Lucan edged an exciting 1st 1-4 13-10 thanks to scores from Simon Sunday (9), Liam Whelan (2) and Donagh McDevitt (2). The 2nd 1-4 didn't produce any further scores but our 1st yrs increased their lead to 30-16 in the 3rd 1-4. Liam Whelan and Eoin Reilly both scored 2 points apiece, while Simon was at his irrepressible best as he scored a brilliant 13 points. In the final 1-4, Eoin added a further three points, with Simon scoring another 7, as Lucan eased to a comfortable 21-point victory in the end. The team finished 2nd in their group and will face a tough challenge against a group winner in the 1-4 finals.

Our 2nd yrs were next up and their game proved to be full of excitement, drama and nerve-shredding tension, culminating in a 1-point win for the team. Lucan opened up a 12-6 lead in the 1st 1-4 with Ben Kelly (2) Rian Daly (2) and Mamadou Bah (8) getting the scores. Adamstown narrowed the gap to just 2 points by half-time (15-13) with Simon Sunday scoring Lucan's three points in the 2nd 1-4. An even 3rd 1-4 saw the evenly matched teams share 12 points, with Simon getting a further 4 points and Arron Farrell getting a basket as Lucan stayed two points ahead entering the final 1-4 (21-19). A crucial three-pointer from Mamadou, plus three more points from Simon, were enough to complete a 27-26 victory for the team. They too finished 2nd in their group and will also face a group winner in the 1-4 finals.

Lions Club: The school received a lovely letter of thanks from Marion O' Shea, the secretary of the Lucan Lions Club, last week. In it, she extended her appreciation for all those who contributed to the collection of food items in December. She was keen to acknowledge the fantastic response to the appeal organised by Ms. Casey and wished to express her sincere gratitude to everyone who made a donation, big or small, to a worthwhile cause.

Marion also wanted to emphasise the enormous difference the food items made to so many in need in the community over the Christmas period. She also attached a certificate of appreciation for the students, as a small token of her appreciation for their generosity and kindness. Well done again to all, students, students, parents and staff, who were extremely supportive of this wonderful initiative in the school. Ms. Casey has been organising this collection for many years now, and she has no plans to put a stop to this annual tradition any time soon!



Soccer: Our u17 soccer team crashed out of the Dublin League last Friday after a disappointing 5-2 defeat to Coolmine CS in the Dublin West Regional semi-final. Ben Lawless and Sam Deegan scored 1st half goals as Lucan opened up a 2-0 lead by half-time, but the team lost their shape and defensive discipline somewhat in the 2nd half. Coolmine took advantage to score 5 unanswered goals to advance to the Final at Lucan's expense.

GAA: Our u16 football team advanced to the semi-finals of the Dublin League Junior Football last Thursday after a comfortable 6-09 to 0-5 victory over Coláiste Choilm, Swords. Conor McHugh (2-0), Sean O' Brien (1-0), Jack O' Dwyer (1-0), Jack McCarthy (0-2), Rory Clarke (0-1), Derry (0-2) and James (0-1) were among the scorers as Lucan proved to be far more clinical on the day.

They will now face St. Joseph's Secondary School, Rush in the semi-finals.

Lucan Library – February Events

KNIGHTS FOR HIRE PRESENTS, ‘THE HISTORY OF THE VIKINGS IN IRELAND.’ A SHOW FOR KIDS

DYLAN NOLAN FROM ‘KNIGHT’S FOR HIRE’ WILL REGAL THE AUDIENCE WITH THE FASCINATING AND BLOODTHIRSTY HISTORY OF THE VIKINGS IN IRELAND, DISPLAYING MUCH OF THE WEAPONRY AND CLOTHES WORN BY THE VIKINGS AT THIS TIME! ON WEDNESDAY 19TH FEBRUARY AT 11.30AM AT LUCAN LIBRARY. YOU CAN BOOK A PLACE THROUGH EVENTBRITE AT LUCANLIBRARYDUBLIN.EVENTBRITE.IE



Lucan Library Classic Film Club: Tuesday
25th February, 5.30pm.
Register at Library Desk.

Events for Younger Children:
Storytime - Tuesdays at 3pm. All welcome!

Lucan Library Creative Writers Group –
Thursday 27th February, 10am – 12noon.



Lucan Library

Irish Cancer Society
Relay for Life

Launch & Registration

Relay for Life is more than just an event; it's a movement that brings communities together to fight cancer and celebrate survivorship. Find out all about it and how you can take part in this unique event.

Saturday 15th February
11am - 1pm
All welcome



Lucan Library Knitters Club
Every Monday 10am - 12noon - new member's welcome

Ireland Reads - National Reading Day,
Saturday 22nd February 2025
2.30pm: The Secret Garden - a book celebration with Méabh for ages 8+. Booking essential from Saturday 15th February at
2.30pm: <https://www.eventbrite.ie/e/the-secret-garden-book-workshop-tickets-1222005404059>

Lucan Library Book Clubs:
Monday Lunchtime Book Club: Monday 24th February, 12noon. Wednesday Book Club: Wednesday 26th February, 7pm
Junior Book Club: Wednesday 26th February 3pm



Exhibitions: Travel the World Through Books



Lucan Local History presents
'Girl Power in the Viking Age'



Examples of powerful Viking women including Aud the Deep-Minded in Ireland from a social, political and legal perspective a talk by Patrick Herbage & Mark Louth of Dublinia

Thursday 20th February. 5.30pm
A talk for adults - all welcome





Cumann na Sáirséalaigh Leamhcáin



New Club Sponsor

It was with immense pride on Thursday 30th January, that we officially launched and proudly welcomed EdgeConneX to our Club not only as one of our Main Partners but also as Sponsor to our Senior Camogie and Intermediate Ladies Football Teams.



Their decision to support our club and sponsor our Flagship Ladies Teams is a testament to their commitment to community, sportsmanship, and the development of our players. EdgeConneX stepping forward marks a turning point for our Ladies' Teams. We are excited about the opportunities that lie ahead and the positive impact their sponsorship will have on our club.



“The alignment between the EdgeConneX WomenConneX employee resource group and the Lucan Sarsfields Ladies Teams made this partnership a natural fit. We are inspired by the dedication and talent of these athletes, and we are thrilled to support them as they aim for new heights in the coming seasons” - Angela Capon-VP of Marketing, EMEA, EdgeConneX

EdgeConneX®, is a pioneer in global Build-to-Suit and Build-to-Density data centre solutions. EdgeConneX owns and operates 80+ data centres built and in development globally across four continents and 20+ countries.

www.edgeconnex.com.

Membership Renewal

The 2025 membership renewal season is well underway here at Lucan Sarsfields GAA Club! Membership runs from January 1st to December 31st, so let's get everyone set up for another great year.

Important reminders:

- All managers, mentors, and committee members must be full members of Lucan Sarsfields GAA Club to participate.
- All players must have a current club membership, so they're covered by the injury fund to train and play.
- All players need to be registered on Foireann at least 3 days before a game to be eligible to play games.
- Log on to foireann.ie and make sure your profile is up to date.

Ready to renew? Just head over to Membership Signup and follow the steps. New members or transfers?

If you're joining us for the first time, switching from another club, or having any trouble renewing, we've got your back. Drop us an email at lucan.sarsfields.registrar@gmail.com, and we'll sort it out! Remember to log on to foireann.ie and add Lucan Sarsfields to your profile. Looking forward to seeing everyone back for an exciting year ahead!

GAA National Club Draw

It is the time of year again for the GAA National Club Draw. Tickets for the draw cost €15 per ticket. All proceeds from the draw are allocated to the club selling the tickets.

This year we are again incentivising the sale of tickets. The Adult and Juvenile teams who sell the most tickets will get allocated the monies they raise up to a max value of €1K. Teams can sell their tickets online through the QR code on our poster or the link below, just select your desired team in the drop-down menu;

<https://lucansarsfields.clubzap.com/products/24009/purchases/new>

The poster features the GAA logo and the Lucan Sarsfields GAA Club logo. It includes the text: "NATIONAL CLUB DRAW GAA", "WIN UP TO €1,000 FOR YOUR TEAM", "TICKETS €15", "Opportunity to raise up to €10,000 for your GAA Club. All money raised is retained by the club.", and a list of prizes: "1. €50,000 Cash Prize", "2. €20,000 Cash Prize", "3. €10,000 Cash Prize AND MORE". A QR code is provided with the instruction "Scan for tickets".

Lotto

We had a winner of last week's lotto jackpot of €1,000. Congratulations to John Condon. The Numbers were **2, 5, 10, 12**. Lucky dip's go to Shane Biggs, Eilish Mansfield, Theresa Torsney, Cormac Gordon, Con Charlie & Danny McCaffrey (SPOT PRIZE) This week's Lotto will be for a jackpot of €1,000. This draw is sponsored by Diamond & Gem Jewellers.



Thank You for supporting Lucan Sarsfields GAA Club.

St. James's Hospital Foundation Golf Classic 2025

Our annual St. James's Hospital Foundation Golf Classic will be taking place on Friday the 30th of May at the championship parkland golf course situated within the historic walled estate of Luttrellstown Castle Resort which boasts spectacular course features, links style bunkers, challenging greens, undulating fairways, and panoramic views over the Dublin Mountains.

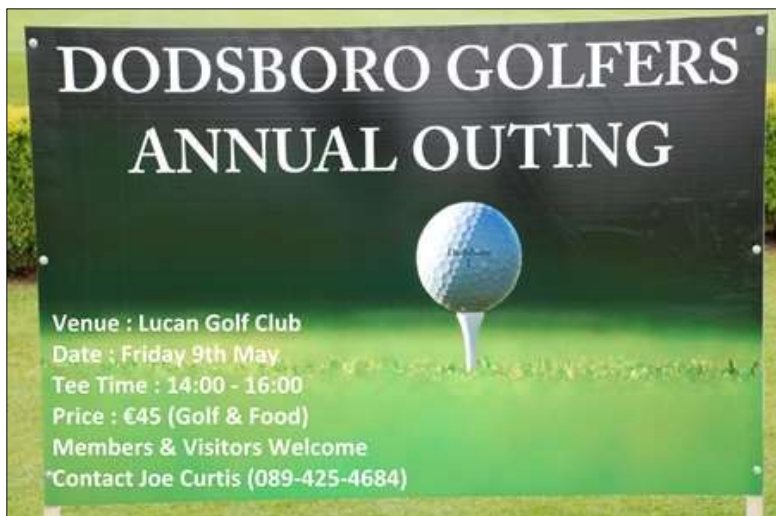


There will be a BBQ included for all participants on The Terrace which overlooks the stunning course at 6pm. The event promises a day of camaraderie, networking, and friendly competition amidst the picturesque background of Luttrellstown Castle. Not only will you have the opportunity to show us your golfing excellence, but you will also be supporting a great cause.

The day begins with a shotgun start at 1pm. To enter a team of 4 players the cost is €1,200. You can also become a tee box sponsor for an additional €300.

You can register for the event here:
<https://register.enthuse.com/ps/event/StJamesHospitalFoundationGolfClassic2025>

Alternatively, you can email events@supportstjames.ie to register your interest and one of our team will be in touch.



Contacts:
Community / Schools/ Local History
marylucannewsletter@gmail.com

Sport / Politics
roselucannewsletter@gmail.com

Parish Notes / Anniversaries
annalucannewsletter@gmail.com

Reports and Ads. etc may also be left at the usual addresses:
St. Mary's Parish Centre
Or 3 Hillcrest Walk, Lucan.

Remember 10pm, Wednesday night is the weekly deadline.



Smiling is Infectious

by Spike Milligan

Smiling is infectious,
you catch it like the flu,
When someone smiled at me today,
I started smiling too.
I passed around the corner
and someone saw my grin.
When he smiled I realized
I'd passed it on to him.
I thought about that smile,
then I realized its worth.

A single smile, just like mine
could travel round the earth.
So, if you feel a smile begin,
don't leave it undetected.
Let's start an epidemic
quick,
and get the world infected!



POLITICAL NOTES

Cllr. Liona O'Toole – Independent – P.C.

0872795274.

lotoole@cllrs.sdublincoco.ie www.lotoole.com

“Always working, always available”

School Bus Service for Lucan: My motion to examine a school bus service for Lucan has been discussed, and I have reviewed the Summary of the Review of the School Transport Scheme. There is still an opportunity for Lucan to secure a dedicated school bus service, which would ease traffic congestion and improve safety for students. I will continue working on this and pushing for engagement with the Department of Education and NTA to explore feasible solutions.

My Open Library/Lucan:

I raised this at a recent Committee Meeting, I'm delighted to update everyone on this great initiative. Since its launch on September 28th, My Open Library has had over 70+ registrations for inductions, including many families. Inductions will continue in the coming weeks, showcasing self-service options and safety measures. Membership is open to those aged over 16.

Derren Ó Brádaigh – Lucan Sinn Féin Area Rep

Mobile: 087-2136345

Email: do布拉daighsf@gmail.com

F/B: <https://m.facebook.com/DerrenOBradaighSF>

Twitter: @DerrenBrady1

Web: www.sinnfeindublinmidwest.com

Lucan House – Public Consultation:

The council have appointed a consultant to handle the public consultation that will help to inform the wider Masterplan with regards to developing Lucan House and grounds for use as a community amenity. Details on how to have your say will be circulated by a limited number of flyers to households, with information soon to be available at the library too and through the council's online portal.

Public Health Nurse – Lucan!

There remains an unacceptable absence of a public health nurse service to meet the growing needs of the community in Lucan. I have raised these concerns with the HSE, without any satisfactory response. Working with my colleague Eoin Ó Broin TD, our Lucan office has now submitted a parliamentary question on this issue. I will keep residents informed of any response received.

Minister Emer Higgins TD – Fine Gael

Office: 01 618 3013.

Insta: @emerhigginstd

Facebook: www.facebook.com/EmerHigginsTD

E Mail: emer.higgins@oireachtas.ie

Lucan Boardwalk Alterations:

South Dublin County Council are asking the public to consider alterations to the approved Lucan boardwalk design. The survey will be open until 6pm on 12th March. For further information and to provide your feedback please visit: <https://consult.sdublincoco.ie/en/content/lucan-road-boardwalk-alteration-survey>

New Road Speed Limits:

As part of the Government's Road Safety Strategy, the speed limit on many rural local roads has changed from 80km/h to 60km/h. This change is part of Government's Road Safety Strategy aimed at reducing the number of deaths and serious injuries on our roads by 50% by 2030.

Safe Use of E-Scooters:

SDCC along with An Garda Síochána are launching a high campaign aimed at educating the public on the 'Safe Use of E-Scooters'. The campaign focuses on highlighting the rules of the road in relation to e-scooter use, particularly their non-use on footpaths.

Cllr. Caroline Brady - Fine Gael – P.C.

085 2551602. CBrady@Cllrs.SDublinCoCo.ie

There are 2 Public Consultations open and summarised below, login

to consult.sdublincoco.ie to make your submission:

Lucan Demesne Park Entrance upgrade works at Lucan Demesne Park, including a new 105m timber boardwalk, removal of the existing path, and associated landscaping and ancillary works. **Deadline for submissions 28th Feb 5pm**
Lucan Road Boardwalk proposed to alter the Lucan Boardwalk to reduce environmental impact while maintaining safety for pedestrians and cyclists. The revised design shortens the boardwalk by 60%, reduces tree removal, minimizes traffic disruption, removes or relocates (Sarsfield Park) eight parking spaces, and lowers construction costs by 20-40%. **Deadline for submissions 12th Mar 6pm**

Street Cleaning:

I've had a few queries about street sweeping. The street sweeping service operates on a recurring schedule. The schedule is online at oxigen.ie/sdcc-route-list enter your estate name to view the schedule for your area.

Political Notes continued over.....

Paul Gogarty – TD - Independent

Working with Cllr Helen Farrell

“Not just at election time”

Dáil office: 01-6184078.

WhatsApp: 089-2364871 Website:

www.paulgogarty.com

Dáil Report:

It's been a busy week since the last Newsletter deadline. I got to speak on a number of motions and also highlight issues of concern to constituents. Some of the speeches now on my website include contributions on the proposed Occupied Territories Bill, the need for a register of offenders for abusive partners (aka Jennie's Law"), storm management measures and the need for future preparation, insufficient school places and our dysfunctional public transport system. I also made some constructive suggestions on housing and voted against the unnecessary increase in junior ministers, a "one for everyone in the audience" approach in what is admittedly an over-centralised system of Government.

Lucan House Public Consultation: This process commences shortly. Cllr Farrell and I will update as soon as we get information.

Cllr. Helen Farrell, Independent

Email: hfarrell@cllrs.sdublincoco.ie

Tel: 087-2794936

Facebook: <http://bit.ly/4jHwrjR>

Transport in Lucan: I am meeting with Transport Infrastructure Ireland (TII) next week, alongside Cllr. Liona O'Toole, to discuss residents' concerns on the N and M roads. Topics include: M50 toll, N4/M50 interchange, airport links, on/off ramps & more. We will push for solutions for residents and report back.

Heavy Goods Vehicle Restrictions: Thanks to everyone who shared feedback about roads needing vehicle weight restrictions - passed to SDCC, and if you missed the deadline, email me.

Uisce Éireann: Sign up for free water outage alerts here: <https://www.water.ie/water-service-updatesEireann>

Community Grants: Grants are now open for local clubs and active projects! Check out the details here:

- Sports Grants: <https://www.sdcc.ie/.../sports-development-grants/>

- Community Grants:

<https://www.sdcc.ie/.../community-grants/>

Follow me on Facebook for clinic details.

8 Reasons to Stop Waiting for Approval

1. *You only get one life to pursue the dreams that make you come alive. It is better to be failing (and learning) at doing something you love, rather than succeeding at doing something you hate.*
2. *Someone else's approval is just another opinion. Never let someone's opinion become your reality. Never sacrifice who you are, or who you aspire to be, because someone else has a problem with it.*
3. *Everyone's journey and perspective on life is totally different. Who you are is what makes you extraordinary. The only opinion of you that matters is your own.*
4. *In life, the thing that is really hard and really amazing is giving up the desire to be perfect in the eyes of others, and beginning the journey of becoming your true self. Some people will never give you their approval anyway. Do not let the negative opinions of others derail you on your own journey.*
5. *First-hand experience is often necessary for personal growth. Some life lessons can only be understood by going through them on your own.*
6. *Your intuition requires no approval. When it comes to exercising your inner genius, you must try what you want to try, go where you want to go, and trust your own intuition.*
7. *Life is too short to wait any longer. If you knew for certain you had a terminal illness – if you had limited time left to live – you wouldn't waste a minute. Well, wake up! You do have a terminal illness it's called 'life'.*
8. *Don't waste more time waiting for approval. You're an adult now – the only permission you need is your own!*



St. Mary's Camera Soirée

The topic for photographs for the month of February is "Spring Flowers" and Joe found Daffodils and Hellebore in bloom in Ballydowd, Brendan found Crocuses in bloom in St. Catherine's Park.



He also got some great photos of a Kingfisher

on the Dodder. I had always been led to believe that to photograph a Kingfisher is one of the most difficult tasks in photography. Yet Conor and Brendan seem to have no difficulties!



Brendan also was able to get up quite close to photograph our friend the Robin (Irish Spideog). He says that he got to within about 15 cm of the bird and that being able to get so close is a sign of how hungry they are at the moment. According to Birdwatch Ireland the bird is Ireland's most widespread garden bird and report that over two million pairs breed in the country!



Photos keep coming from Australia, this time from downtown Melbourne and the river Yarra which flows through the city into Hobson's Bay. The area of Melbourne has been home to Aboriginal Victorians for over 40,000 years and the river has been a major food source and meeting place for Indigenous Australians for



thousands of years. Like the west of Ireland Melbourne is said to have "four seasons in one day" due to its changeable weather. In the 2021 census 8.2% of respondents indicated that they were of Irish ancestry which put them fourth below those who claimed. English, Australian or Chinese ancestry.

Until next week stay safe!