

Established 1967

www.lucannewsletter.ie

Sub. €1

Sunday 2nd February 2025

Celebrating St Brigid, a Woman of Faith

We celebrate St Brigid's day on 1 February, with a holiday extension to continue it beyond the weekend. St Brigid was born in Faughart in Co Louth, a place which is small on the map as a village, except for association with our secondary patron saint. Saints are nominated before us as examples to follow and as exemplars of Christian living., as people who had a particular closeness to God.

St Brigid, St Patrick and all the saints and missionaries accepted the culture of Ireland of the time and offered a deeper meaning of purpose through Christian vision. They offered the Christian message to a pagan culture where the objects of God's creation were perceived as gods in themselves: the sun, the moon, the starts, the rock formations.... The people were introduced to the person of God, best revealed to us in the person of Jesus Christ, the one who made real the experience of God as love within, around and all encompassing. Some embraced the story and some walked away as according to their own belief.



It is regrettable that modern day celebrations of St Brigid's day go out of the way to paganise all that is Christian! The person of St Brigid is presented as one who can be anything we wish, rather than the person of deep faith and connection with God, representing those of the time who freely chose this path of faith. Nobody is anything we want, as we frequently hear that St Brigid is whatever we want her to be! Each person, in past or present, has their own integrity and belief and fundamental purpose in life. A disregard of this leaves us with a person who is a meaningless shell. For those who choose to follow pagan

traditions, are there not images and personages from that tradition who may be followed, which offers respect to those of faith and no faith?

For those who profess Christian faith: Let us take time to celebrate the Saint who was Brigid and to find ways of treasuring the faith that she professed. St Brigid was a Christian woman of her time. As a woman who lived in a privileged household was able to exert influence otherwise not possible. The building of churches (as places to gather and pray as a faith community) and the growth of monasticism for women are some of the initiatives attributed to St Brigid.

St Brigid offered hope to the dying chieftain through accounts of Jesus, prayer and the ultimate hope offered in the cross with the image provided in the St Brigid's Cross made of rushes. The rushes, as materials, are a sign of poverty and need as they only grow in the poorest of acidic soil. How can St Brigid inspire us in our needs today? What desire of your heart do you bring to the celebration of St Brigid this year?

Cathy Burke
Parish Catechist
Lucan Partnership of Parishes

Lucan Citizens Information Centre

Our telephone number is 0818 07 5090

www.citizensinformation.ie
Email – <u>lucan@citinfo.ie</u>
Our office is located in the
Ballyowen Castle Youth and
Community Centre, Ballyowen,
Lucan



Opening hours

Walk-ins to see an Information Officer

Tuesday: 10am – 12pm and 2pm to 4 pm

Wednesday: None

Thursday: 10am - 12pm and 2pm to 4pm

Reception open

Tuesday: 10am - 1pm and 2pm - 4pm Wednesday: 10am - 1pm and 2pm - 4pm Thursday: 10am - 1pm and 2pm - 4pm We are closed on Mondays and Fridays.

Citizens Information Phone Service (CIPS) is open Monday to Friday 9 am to 8pm on 0818 07 4000

MABS – the Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over 20 years. MABS phone service is open Monday to Friday 9 am to 8 pm on 0818 07 2000

Getting help and support after Storm Éowyn

The Humanitarian Assistance Scheme is an income-tested scheme that provides emergency financial assistance to households affected by a severe weather event such as flooding. The Humanitarian Assistance Scheme is an incometested scheme and is administered by the Community Welfare Service.

The Humanitarian Assistance Scheme provides emergency financial assistance to households.

The scheme covers:

Emergency income support payments such as food, clothing and personal items.

Damage to your home and essential contents, such as carpets, flooring, furniture, household appliances and bedding.

Structural damage

Find out more about the Humanitarian Assistance Scheme on our website.

Supports for people affected

In the worst affected areas, **Emergency Response Hubs** are being set up to help people with basic needs such as water, hot food, phone charging, broadband access, and shower facilities. Check your local authority website or find an Emergency Response Hub in your area.

Local Coordination Groups are being set up to coordinate available supports and assistance in 16 areas: Cavan, Cork County, Donegal, Galway County, Laois, Leitrim, Limerick City and County, Longford, Meath, Monaghan, Offaly, Roscommon, Sligo, Westmeath, Wexford and Wicklow.

Helplines are being made available to provide advice and direction to support. Find the helpline for your area or contact your local authority for more information.

Local authorities are working together to get help to people who need it, and the needs of the most vulnerable are being prioritised. For more information visit your local authority's website and gov.ie.

MABS - Money Advice & Budgeting Service

The Money Advice and Budgeting Service (MABS) provides a free and confidential service if you are having problems managing your money or problems with debt.

MABS money advisers can give advice and practical help to review your debts, deal with your creditors and work out solutions.

MABS has a dedicated service to help with mortgage arrears. MABS is also involved in the Abhaile scheme for people in serious mortgage arrears.

MABS provides money management education and produces a range of publications. It also has money tools you can use to help manage your money and tackle any debts.

MABS tools to help you with your money MABS provides Money Tools that can help you: Manage your money.

Find out if you are in difficulty and where to get help.

Make a plan to deal with debts.

You can use the My Budget tool to help you work out a budget plan. It shows how much money you have coming in and going out over a year, and how much is left over or by how much you are short. MABS has advice on managing your money to make it go further.

Use the MABS tool My Financial Healthcheck as a starting point for information, advice and support. Ring the MABS Helpline on 0818 07 2000 (9am–8pm, Monday–Friday) or email helpline@mabs.ie

You can also request a call back. Contact your local MABS office for an appointment to meet a money adviser.

Lucan Toastmasters

Lucan Toastmasters is a friendly, vibrant club which offers a safe environment to develop public speaking and communication skills.





Our next meeting is on Thursday 6th February at 7:45pm at the Springfield Hotel, Leixlip and guests are most welcome to join us. Come along on the night or contact

vpmlucantoastmasters@gmail.com to register your interest.

Thursday 6th February 2025, :45pm Springfield Hotel, Leixlip, W23 W280

- Do you want to **finally** conquer your fear of public speaking?
- Do you have a speech or presentation coming up that you need help with?
- Do you want to make new friends?

If so, then Lucan Toastmasters is the place for you.

We meet on the 1st and 3rd Thursday of each month in the Springfield Hotel, Leixlip at 7.45 p.m. Admission is free for new guests - don't worry, you won't be asked to speak! Come along on Thursday next, February 6th, where a warm welcome awaits you.

For further details, follow Lucan Toastmasters on Facebook, Instagram or LinkedIn or contact vpmlucantoastmasters@gmail.com

Lucan Active Retirement Association

LARA held its AGM on Thursday 23/1/2025. The members thanked the out-going committee, especially Rose Doyle for all their hard work. The new committee was then voted in.

We meet in St. Andrew's Parish Centre, Main Street, Lucan, on Thursdays at 11.30am.

New members always welcome, come and join us in a friendly atmosphere and meet new friends. There is a charge of €5 each week to cover costs, but there is no charge for your first meeting.

Lots of activities to enjoy. Bowls, scrabble, cards, drama and choir.

Coffee break at 1pm. Organised trips in Ireland and abroad.

Lucan ICA

Monday 3rd February

As this is a bank holiday, the feast of St Brigid, we will be closed.



Monday 10th February

We will be back, continuing working on various projects, knitting, sewing, embroidering and crocheting. Tea Hostesses are Marie T. and Sally. New members are welcome to join us, if interested, just drop into St Mary's Centre on any Monday morning between 10 and 12-30.



FOUND

Gold Coloured Watch found on Hillcrest Drive. Telephone 087 1331556

Lucan Senior Citizens

Wednesday 5th February - Social Morning in St. Mary's Parish Centre, 10.30 – 12.30. New members always welcome!



Parish Notes

St Mary's, Lucan

www.lucanparish.com

Sunday Mass Times: Vigil:

6.30pm

Sunday: 10.30am, 12 noon, 7pm

Weekday Masses: Monday to Saturday 10am

Masses live-streamed on www.lucanparish.com

Adoration of the Blessed Sacrament: On Saturdays from the conclusion of the 10am Mass

to 11.30am – funerals permitting.

Christian Meditation: We meet every Tuesday

night at 8pm in the Parish Bungalow.

All welcome. Sr Geraldine

Lectio Divina: Lectio Divina meet every Monday evening (except Bank Holidays) at 7.30pm in the Bungalow to reflect for an hour on the following Sunday's gospel. *All are welcome*.

Bethany Bereavement Support Group: We meet on the 2nd Monday (at 10.45am) and the 4th Thursday (at 8pm) each month, in the Parish Centre. We are available to listen or just be there for anyone who is feeling lonely or lost following the death of a loved one. If you would like to attend a meeting, please contact the Parish Office. (Phone 01 6217041)

Confessions – Nuns' Chapel: Saturday Evening 6.30pm Mass.

Legion of Mary: Meeting every Thursday 5.30pm in the **Parish Bungalow** for Rosary and Prayers. *All Welcome*.

Divine Mercy Devotion: Every Wednesday morning in St Mary's Parish Church after the 10am Mass until 11am (unless there is a funeral), the Divine Mercy Chaplet is prayed during exposition of the Blessed Sacrament. This devotion, revealed to St Faustina by Our Lord is a prayer of atonement for our own sins and the sins of the whole world. We pray especially for evil to be defeated and for peace in the world.

Baptisms: Procedure for baptisms in the parish. Parents who register their children for baptism are invited and must attend a preparatory meeting in the month before the ceremony. The ceremony of baptism will take place in two parts. The children will be welcomed at a short ceremony during 10.30am Mass, the Family Mass, on the Sunday prior to their actual baptism date.

Dates are bookable on line.

Email: secretary@lucanparish.com



Visits to the housebound: If you are housebound you can call Deirdre at the parish office (01 621 7041) we will be happy to call on a monthly basis.

Cuppa: Why not come into the Coffee Dock for a cuppa and a chat after the 10am Weekday Mass and on Sundays after the morning Masses.

Deepest Sympathy to the husband, family and friends of *Martha Heffernan*, Ardeevin. *May she rest in peace*.



Dear Fr. Philip and Parishioners in St. Mary's Parish,

Warm greetings and blessings to you all, from Ethiopia.

I would like to acknowledge that I have received the sum of €6,960 from the 'Giving Tree' Christmas Appeal in St. Mary's. I would like to express my heartfelt gratitude to your Parish for choosing my work in Tigray this year.

Your timely generous help is greatly appreciated and is already being put to good use. Due to your sacrifices, I felt so happy, it was as if a piece of stress was lifted off my shoulders and your financial assistance, really gave me hope at a time when I was beginning to feel that hope was gone due to this difficult time and dreadful war. It's awesome to see that, St' Mary's Parishioners and Ireland people still care about me and love me. That makes me feel that I am part of your Parish in Spirit.

Your Parish thoughtful Donations are significantly appreciated and I can't thank you all enough. I will continue to remember you all daily in my prayers and Holy Eucharist.

Once again, I just wanted to say

THANK YOU

in the biggest way. May God richly bless Fr. Philip and St. Mary's Parishioners. All this with my unforgettable beautiful memories of you, when I was in Ireland.

With deepest appreciation, and kind regards, *Sincerely*

Fr. Kidus Amanuel

Divine Mercy, Lucan South

www.lucansouthparish.net

Sunday Mass Times: Vigil: 6pm. Sunday Masses: 10.30am and 12 noon.

Weekday Masses: Mon.-Fri.9:15am.

Sat.10am

All Masses will be livestreamed on

www.lucansouthparish.net

Sacrament of Reconciliation: Confessions every Saturday 5.15pm and after the evening Mass.

Mass of Thanksgiving for the Fruits of Medjugorje:

Every Thursday.

7.00pm: Rosary and Confessions.

7.30pm: Holy Mass. After Mass: Adoration,

Divine Mercy Chaplet, Benediction.

8.15pm Adoration and Confessions - 8.50pm

Benediction. All welcome

Adoration and Holy Hour Exposition of the Blessed Sacrament:

Mon: 7.30pm: Divine Mercy Adoration.

Fri: 1.15pm: Adoration MMPH Cenacle.

Fri: 2-3pm: Divine Mercy Devotion/Adoration.

Prayers of the Church:

Mon. to Fri.: 8.40am.

The Church is open Monday to Friday from

10am to 1pm for private prayers.

Legion of Mary:

The Legion of Mary meets every Tuesday evening at 7.30pm in the Confessional Room in the church.

St Joseph's Young Priests Society:

St Joseph's Young Priests Society has been set up in Divine Mercy Church, Lucan **for all the Lucan parishes**. We meet up on the first Wednesday of each month for one hour at 10.40am.

Home Visits Holy Communion:

If anyone who cannot come to Mass would like to receive Holy Communion at home from Fr. Aidan or a Minister of Holy Communion, please contact the Parish Office 01-4572900.

Divine Mercy Food Bank:

Divine Mercy Food Bank has reopened. Donations of nonperishable food items can be left in the green containers inside the doors of the church.

Wednesday tea/coffee morning:

There is a cup of tea/coffee and a slice of cake after 9.15am Mass every Wednesday in the St. John Paul II Room.



Bingo:

Bingo takes place every Wednesday in the St. John Paul II Room. Doors open at 7.00 for 7.30pm. All welcome.

St. Patrick's Esker/ Dodsboro/Adamstown

www.stpatrickslucan.ie

Sunday Mass Times: 9am, 10.30am, 12 noon. **The 10.30am Family Mass** is aimed at younger parishioners and their families.

Weekday Masses: Monday to Saturday at 10am.

All Masses livestreamed at stpatrickslucan.ie

Adoration:

Adoration is held every Saturday morning after the 10am Mass from 10.30am to 11.30am. All are welcome.

Confessions:

Confessions after Saturday 10am Mass and after Thursday 10am Mass.

St Patrick's Prayer Meeting:

Every Monday night in the Pastoral Centre, (Side of St. Patrick's Church) from 7.00pm to 7.45pm.

Communion for the Homebound:

If any member of your family is sick and housebound, and would like to receive Holy Communion, do please let us know. You can ring the Parish Office on 01 628 1018 and leave your name and address, or email us at: secretary@stpatrickslucan.ie

Tea/Coffee: Every Wednesday 10:30am in the Parish Centre. *All are welcome*



Acknowledgements

Veron (Veronica) Dobbs

The Dobbs family thank our friends and neighbours for your support in our recent bereavement and for your lovely words and stories remembering Veron, this brought us solace during this difficult time. We thank Dr Hanlon and Dr Coakley, St. James Hospital who looked after Veron during her illness, and the staff of Rye Vale Nursing Home for their wonderful care in Veron's last days.

A Mass will be offered for your intentions. Veron's month's mind Mass will be offered at 12pm on Sunday 2nd February at St Patrick's Church, Esker, Lucan

Larry (Lul) Martin

Late of Arthur Griffith Park, Old Church, Clondalkin and Limerick whose First Anniversary is on the 29th of January.

Larry's daughters, his brothers and sister, his extended family would like to thank you all for your messages, prayers and for coming to Limerick for his funeral. He was so dearly loved and will never be forgotten. He is reunited with his beloved father, mother and his nephew Shane.

Will those of you who think of Lul today a little prayer to Jesus say.

Anniversaries

Eoin Collins

3rd Anniversary, 1st February

Late of Lucan Heights In loving memory of a dear son and brother. Forever in our thoughts

Mary Ann Marten 30th Anniversary, 31st January

Dodsboro
Will those who think of her today
A little prayer to Jesus say.
Always in our hearts,
Tony and Kathleen and family



2nd Anniversary, 31st January

In loving memory of a very special husband. I thought of you with love today
But that is nothing new
I thought about you yesterday
And days before that too,
I think of you in silence
I often speak your name
All I have are memories
And your picture in a frame
Your memory is my keepsake
With which I'll never part
God has you in his keeping
I have you in my heart.
Love you so much and will miss you forever,
Your wife Mary xxx

Anthony Carty 2nd Anniversary, 31st January

Dad

You were a dad so special And loved so very much, You brought such happiness To the many hearts you touched.

You were always kind and caring And so understanding too, If help was ever needed It so freely came from you.

You were a gift to all the world And brought joy to everyone, That's why life hasn't been the same These two years that you've been gone. Loved and missed so much from your loving children Sandra, Gavin, Lorraine and your grandchildren Lauren, Craig, Kellie, Hanna and Ronan xxx

Larry O'Toole 2nd Anniversary, 30th January

Ballyfermot and formerly Sarsfield Park.
In loving memory of a dear husband and father.
A golden heart stopped beating
Hard working hands at rest
It broke our hearts to see you go
God only takes the best.
Loved always and forever, your loving wife June, son Steven and daughters Lindsay and Danielle
xxxx



Anniversaries

Larry O'Toole 2nd Anniversary, 30th January

In loving memory of a dear son Those we love don't go away They walk beside us every day Unseen, unheard but always near Still loved, still missed, still very dear. Love your heartbroken Mam xx



Larry O'Toole 2nd Anniversary, 30th January

When nights are cold and stars are few I close my eyes and think of you A silent hope, a silent tear A silent wish that you were here. Sadly missed by his loving brothers and sisters xxx



Larry O'Toole 2nd Anniversary, 30th January

Although you are gone
We will always be together
Your spirit will live on
In each one of us forever.
Love always Madison, Jake, Georgia, Mason and
Stevie xxx





Some facts on Planning

A recent planning application to build 19 apartments at Hillhouse was granted permission by An Bord

Pleanála (ABP) and it is entitled to proceed forthwith. There is no legal or Planning route to stop this development. NIMBYism is alive and active and people may seek to stop progress for any or no reason but we should base our opinions on facts. A recent letter writer provided misleading information and comments and I seek to rebut some of those.

Quotes from the Planning Inspector's report were taken from a prior, earlier applications and gave a misleading impression that ABP was against this development. That is not so; ABP permitted the development in its current form.

A high number of objections does not indicate a high quality of objections; people may object for any reason or no reason at all. While NIMBYism is allowed it is planning policy that determines what development is/is not permitted so it can be taken that this development complies with all relevant Planning policies – despite loud and inaccurate claims to the contrary from people who seek to stifle any development close to their home.

The traffic situation has been competently dealt with and the 11 permitted parking spaces will result in minimal additional traffic at this 3-way junction.

Lucan Heights houses have overlooked 'the girls' (St Joseph's) without concern for >60 years, the new apartments will be much further away from the school and reference to 'dangerous implications' are an attempt to demonise people we don't know. The pupils in St Joseph's are in no danger from this development.

Prior to 1960 housing in old Lucan was largely bungalows; from 1960 to 1990 new housing was mainly 2-storey houses; from 1990 to 2020 many new units were 3-storey and in 2024 we got this 4-storey development. This is a normal progression and is not a threat or a hazard, we should adapt to it as we adapt to other changes.

Lastly, construction of these 19 apartments will result in 2 of them being used to house people who cannot afford their own home; that is a good thing and I support it.

Name and address with Editor.



Éowyn-Herminia! Two storms last weekend – we hardly noticed the second one, the first was so bad.

Our hearts go out to all those who have been without power and water this past week.

It's interesting to note that back in 1839, on the night of the Big Wind (January 6th), and indeed during other fearsome storms since, there were some things the people didn't have to contend with eg: electrification, telephones and internet......... all unheard of back then.

Makes you wonder how we're able for progress and modern technology – all man-made!



Apart from a few trees down here and there, Lucan didn't fare too bad – this very old tree became a cropper at the Old Spa steps.

Incidentally, these steps are closed off at the moment while work is being carried out on the new cycleway through Lucan. Is there no end to the wonderful works?

The Six Nations Rugby kicks off this weekend, we'll all be glued to the telly, that's those of us who are not fortunate enough to have tickets! Come on the Boys in Green!

Compensation! Came across these figures in the press recently, showing the amounts of compensation paid out by our local authorities over 2023/24.

SDCC settled 441 cases of slips/trips, paying out €5.5 million.

Fingal CC settled 175 cases of the same, paying out €1.59 million.

There are quite a few footpaths around Lucan in need of urgent work at the moment!!!



Anam Cara, the organisation that supports bereaved

parents, will hold its monthly Parent Support Evening on Monday 10th February at 7.30pm in the Maldron Hotel, Whitestown Way, Tallaght.

This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or how recent their death was. You do not need to register in advance.

We also offer an online support group meeting. To find out more call 01 4045378 or email info@anamcara.ie

Happy 14th Birthday

to our grandson **Sean**on February 4th.
Hope you have a fabulous day.
Love Nanny and Granddad Cummins.

Ballyowen Castle Community Centre

Email: <u>info@ballyowencommunitycentre.ie</u> Telephone: 01 253 6105 or 085 867 1245

Find us on Facebook and Instagram to see what's going on in the centre!

CENTRE WILL BE CLOSED MONDAY 3RD OF FEBRUARY DUE TO A BANK HOLIDAY

Baby & Toddler: Our Baby & Toddler Group will not run this week due to the Bank Holiday.

Active over 55's: Our Qigong class has proven to be very popular so we have extended this program to 8 weeks. Its on Thursday, workshop 1-2 then stay for tea and chats until 3. This is pay as you go $\[\in \]$ 5 per class.

New Year, New Term: There are lots of other classes to get involved in. Some of the classes are Yoga, Pilates, Irish Dancing and Art for both children and adults. If you are interested in any classes feel free to get in touch.

Room booking: Would you like to book a room in the centre for a meeting or a group activity? We have some availability and offer competitive rates. Email us to make a booking.



St. Joseph's College

Djouce mountain hike: Last Saturday morning, nineteen transition years and three teachers embarked on a hike of a very foggy Djouce mountain. Everyone enjoyed the morning in the outdoors despite the cold conditions, especially when they reached the mountain top. The transition years kept themselves well entertained throughout with singing songs from their recent musical along the route!

Religion outing: Last Thursday, fifth year students went on a religion retreat to Castletown in Co. Laois. The day was spent connecting with themselves and their peers.

Cross Country: Last Thursday we had a number of students competing in the West Leinster Athletics Championships in the Phoenix Park. We had an u14, u15, u17 and u19 team at the event. This was an amazing attendance considering the girls had the day off due to a teacher training day. In 1st year we had Lucy O'Malley who came 7th in the minor (u14) event (1500m). This means she qualifies for the Leinster finals on February 12th. Our Inter girls won the team event (2000m) with a brilliant team performance. The team includes Ana Jones (who won bronze) Poppy Lyons Kennedy, Ellen Kenny, Maia Hannon, Izzy Lyons Kennedy, Siofra Gough and Ruby Bell Curran. This means they go to the Leinster finals also as champions. Eilis Tomney also qualified for the U19 Leinster finals finishing 13th.



Concern Debating: Congratulations to our Senior debaters who have reached the last 32 of this year's Concern Debating Competition. Our debaters and researchers have worked incredibly hard and their dedication and commitment to debating has paid off. We have the Round of 32 coming up next Tuesday 4th February.



Public Access to Law: On Tuesday, Judge Michael Peart came into the school and gave a talk to our Public Access to Law students about life as a judge and advice on mock trial. PAL is a transition year module that strives to make the workings of the legal system more accessible to the public and to students. Since 1997 PAL's large panel of practising barristers have presented the PAL visiting law module to transition year classes throughout the length and breath of Ireland. This module also prepares teams interested in partaking in the PAL annual mock trials competition.

St Brigid's Day: The making of Saint Bridget's crosses is a custom in Ireland. The crosses are traditionally made from rushes and are hung above doorways to ward off harm or disease. Students spent some time learning this traditional craft in religion class this week. Thank you Niamh O Donoghue, Ròise Tavey and Megan Ward in Transition year who created such a beautiful visual of St Brigids cloak for our religion noticeboard.

Parents Association Quiz Night

Quiz Night 28th February at 8pm in Kenny's Pub, Lucan Village. €10 per person with lots of great raffle prizes. Please come and support The Parents Association in their fundraiser for New Team Jerseys for all the school.

Follow Us on Twitter: @StJosephsLucan Instagram: @stjosephscollegelucan Website: www.stjosephslucan.com

Lucan Community College



Soccer: Leinster Senior Cup Q-Final St Mary's CBS Enniscorthy 1-2 Lucan CC Two goals from brilliant set piece deliveries were enough to put Lucan through to the semi -final of the Leinster Senior Cup. Dylan Healy scored the first goal a brilliant far post volley, Enniscorthy equalised with 15 minutes remaining but Adam

Harrington's fantastic header won the game for Lucan with 10 minutes left. Well done to all the lads and their coach Mr O'Callaghan.

Ultimate Frisbee: A huge well done to all the senior ultimate Frisbee teams who represented Lucan CC at the national indoor arena on Thursday, 23rd January. This time we were able to bring 3 teams of 10, both boys and girls from TY, 5th and 6th year. It was so great to see so many of our students involved.

Lucan Y came in 1st place for the spirit of the day award and Lucan X and Z came in close 2nd and 4th place out of 18 teams. This was an absolute credit to the students showing a great sense of teamwork, respect and cooperation throughout. It was such a fun and memorable day, we look forward to more competitions ahead. Well done to all involved.

Cross-Country Championships: A huge well done to all of our students who competed in the

West Leinsters in the Phoenix Park last
Thursday. It was great to have so many students represent our school in such a positive way. A particular well done to our Senior Ladies team who came 1st in the team category, with Saoirse Fitzgerald in 1st place, Isabel Cuffe in 3rd & Maggie Jez in 4th. Our Junior

Boys & Inter Girls came 2nd - a fantastic result, with Conal Fitzgerald bringing silver back to LCC. We are so proud of our students and their achievements. The athletics season is well and truly underway!







Minder & Toddler Group

Thursdays, in St. Mary's Parish Centre, from 9.30 to 11.30am. All Welcome!

Coláiste Phádraig CBS

Basketball: Our 1st and 2nd yr basketball teams began their Eastern League "A" campaigns last Wednesday with the 1st of their respective group stage matches against Coláiste Éanna, arguably the strongest school in the country in school's basketball.

In the 1st yr game, Liam Whelan scored the team's opening basket with a beautifully paced effort from close to the basket. Simon Sunday (4), Aodh McGonigle (2) and Elliot Reilly (2) added further baskets before Liam got his 2nd basket just before the end of the 1-4, with Coláiste Éanna leading 14-12. Lucan's opponents were superb in the 2nd 1-4, as they opened up a commanding 36-12 lead by half-time. The final score was 59-25, which was harsh on Lucan, but they can be proud of their efforts against the potential All-Ireland winners of this competition.

Our 2nd yrs performed very well, but a poor 2nd 1-4 cost them any chance of victory as they were defeated 39-17 in a fiercely contested match. Simon Sunday scored the team's opening two baskets as Lucan briefly led 4-2 before a stunning three-pointer towards the end of the 1-4 edged Éanna in front, a lead which they were not to relinquish for the remainder of the game. Lucan's opponents completely dominated the 2nd 1-4 as they opened up a 25-4 lead with twenty unanswered points. Lucan responded well in the 3rd 1-4, which they won by 9 points, to reduce the deficit to 12 points (15-27). Simon (5), Mamadu Bah (2), Rian Daly (2) and Kevin Kwidzinski (2) got the team's scores. Coláiste Éanna pulled away again in the final 1-4, which they won 12-2, with Rian getting Lucan's final basket.

Cross-Country: Our cross-country athletes competed in the West Leinster Championships last week, held in the Phoenix Park. The inclement weather meant that conditions underfoot were pretty heavy, so every competitor certainly felt it in their legs.



In the 1.4km Minor race, 1st yr Daniel Abbott performed extremely well to finish in 6rd place (out of 159 competitors!) in a fast time of 5 minutes 43 secs. Daniel kept pace with the frontrunners throughout, before using his pace and renowned stamina to finish strongly and claim a richly deserved medal. Max Henley Willis, also a 1st yr, ran a fine race to finish in 14th place with a time of 6mins 2 secs. which was enough to qualify for the Leinster Finals (the top 15 places all qualify). Well done to the other 10 1st yrs that completed the course also. In the tough 3km Intermediate race, 3rd yr Conor Abbott, an experienced cross-country runner, qualified for the Leinster Finals (again!) after an impressive 7th place finish in a time of 11:05. Senan Curley finished strongly to finish in 24th place (out of 98 runners) in a time of 11:58. Our Intermediate team came in 3rd place overall, which was enough for them to qualify for the Leinster Finals in the team category. Well done to every athlete who gave their all and

Religion: Last week, Coláiste Phádraig joined in the national celebration of Catholic Schools Week, embracing this year's theme of faith, community, and inclusivity. Each day, Religion classes explored a unique theme that deepened our understanding of Catholic values while encouraging discussions about how our school continues to be a place that welcomes all. To begin each day, students from different year groups led the school community in prayer over the intercom, setting a reflective and uplifting tone. Well done to the students who read the prayers and reflections. They all read beautifully and their words really set the tone perfectly for each day.

finished the courses in very respectable times.

The Oratory became a central space throughout the week, as classes gathered to celebrate the distinct identity of our school as a Catholic institution that forms part of the Schools of Sanctuary network. This reinforced our commitment to inclusivity and hospitality, welcoming people of all religions and backgrounds into our community. Catholic School Week was a meaningful opportunity to reflect on the values that unite us and to celebrate the diversity that enriches our school. We are proud to uphold these values and continue fostering a spirit of compassion, learning, and belonging for everyone at Coláiste Phádraig.

Exam News: Our 6th yr art students sat their mock practical on Tuesday, and it was a real test of endurance that lasted a full five hours!

Lucan Library – February Events

St Brigid's Day Bank Holiday: Lucan Library will close on Friday 31st January at 4.30pm and reopen on Tuesday 4th February at 9.45am. The Library will be accessible to those members who have signed up for My Open Library. Please ask at desk about joining My Open Library.

Please Note:

- 1. All events and activities are free of charge.
- 2. All events are subject to change, but we will endeavour to keep any changes to the absolute minimum. 3. To register for events via Eventbrite, a valid email address is required.

My Open Library - self-service, unstaffed extended hours for Lucan Library

Lucan Library has introduced extended opening hours. With the My Open Library system, the library will be open from 8am to 10pm, 365 day a year, with some hours unstaffed and self-service. If you would like to be able to use the library during unstaffed hours, you will need to attend a mandatory induction session at the library and have access added to your library card. Please ask at desk for details.



Table Ouiz for Adults

Thursday 6th February, 2pm. Register at the library desk for this fun afternoon testing general knowledge!

Poet's Perch – Monthly Poetry Circle for Adults Tuesday 4th February, 6.30pm. All levels welcome.

Lucan Library Book Clubs:

Monday Lunchtime Book Club: Monday 24th February, 12noon. Wednesday Book Club: Wednesday 26th February, 7pm. Junior Book Club: Wednesday 26th February 3pm

Lucan Lifestyle for Older People, delivered by

Lucan Community Healthcare Network
Tuesdays 4th, 11th, 18th and 25th March, 12noon
- 1.30pm. A 4-week group for Older People. The
sessions will focus on The individual – keeping
well physically, maintaining cognitive resilience;
The home – safety at home, grants system,
preventing falls at home; The activities you do –
volunteering, exercise, leisure groups in the area.
Speakers include Consultant Neurologist,
Occupational Therapy, Physiotherapy, Social
Work, Community Gardaí, Dietician, & Nursing.
Free of charge but booking essential. To book a
space, phone the Lucan Community Healthcare
Network on 01 7955236 or

Mid-Term Activities:

email: Lucan.chn@hse.ie

Wednesday 19th February, 11.30am: Viking Show with Knights for Hire. Interactive History Workshop with artefacts from the Viking age. Booking Essential:

https://www.eventbrite.ie/e/knights-for-hire-presents-the-history-of-the-vikings-in-ireland-tickets-1222115774179

Thursday 20th February, 1pm: Active Lego

(families with children aged 5-9 years). Join us for a Lego Session with a twist! Sometimes children feel unsure or unable to attend Lego Sessions as they find focusing or staying seated the entire session too difficult. In this session there are floor stations with STEM sets to play with, and gross motor skill obstacle courses available whilst our Lego session takes place

too! This session is fun for all of the family, so parents/guardians and children should attend together. Booking essential-one ticket per child (includes parent/guardian).

https://www.eventbrite.ie/e/active-lego-for-5-9-year-olds-with-rebecca-mcdermott-tickets-1223578077969

Friday 21st February:10am - 12noon: Drop-in Board Games including Chess.

1pm - 3pm: **Card Swop** - bring along your collectible cards and exchange for new ones!





Lucan Library - Cont'd.



Sensory Play Session for Pre-School Children

with Rebecca McDermott, founder of This is Me

and qualified Play Practitioner. Wednesday 5th February, 10am Play session for pre-school children led by Rebecca. Please book a ticket for each pre-school child attending. Children must be accompanied by parent/guardian. Booking essential from Wednesday 29th January at 10am:

https://www.eventbrite.ie/e/sensory-play-sessions-for-pre-school-childrentickets-1221991763259

LED Card Kit for Valentine's Day

Create your own light-up Valentine's Day Card. Register for a kit via Eventbrite from Tuesday 4th February, 10am:



https://www.eventbrite.ie/e/valentines-day-card-kits-for-children-tickets-1223371921349. Kits can be collected from Thursday 6th February during library opening hours.

Cuidiu Breastfeeding Support Group returns for monthly meetings. Friday 14th February at 10am. All welcome.

History Talk for Adults:

Thursday 20th February, 5.30pm
Girl Power in the Viking Age: Examples of powerful Viking women in Ireland from a social, political and legal perspective, by Dublinia staff Patrick Herbage & Mark Louth. Explore the lives of powerful Viking women, including Aud the Deep-Minded, through social, political, and legal lenses. An eye-opening look at gender dynamics in Viking Ireland. Book via Eventbrite: https://www.eventbrite.ie/e/girl-power-in-the-viking-age-a-talk-by-dublinia-tickets-

Ireland Reads - National Reading Day.

Saturday 22nd February 2025

1222124410009

2.30pm: The Secret Garden - a book celebration with Méabh for ages 8+.

Booking essential from Saturday 15th February at 2.30pm: https://www.eventbrite.ie/e/the-secret-garden-book-workshop-tickets-1222005404059

Staff Recommends - check out our display of recommended reading from the library staff

Bookmark Design for Children - collect a bookmark template from the library desk.

Lucan Library Classic Film Club: Tuesday 25th February, 5.30pm. Register at Library Desk.



Art & Creativity with Elena Buttner

For 6-8 years: Thursday 13th February, 3.30pm. Valentine's themed workshop. Booking essential from Thursday 6th February at 3.30pm: https://www.eventbrite.ie/e/art-and-creativity-with-elena-at-lucan-library-for-6-8-years-tickets-1221996798319

For 9-12 years: Thursday 20th
February, 3.30pm. Booking
essential via Lucan Library Eventbrite from
Thursday 13th February at
3.30pm: https://www.eventbrite.ie/e/midterm-art-and-creativity-with-elena-at-lucan-library-for-9-12-years-tickets-1221997410149

STEAM Saturday with Helen Saturday 15th February, 2pm. For ages 9+. Booking essential from Saturday 8th February: https://www.eventbrite.ie/e/steam-saturday-with-helen-tickets-1222148171079

Events for Younger Children: Storytime - Tuesdays at 3pm. All welcome!

Arts and Crafts for 3-5 years with Méabh:

Tuesday 11th February, 3.30pm. Booking Essential from 4th February at 3.30pm: https://www.eventbrite.ie/e/library-crafts-tickets-1221980750319

Parent and Baby Reflexology with Anne O'Connor: Tuesday 11th February at 10am. Booking essential from Tuesday 4th February at 10am: https://www.eventbrite.ie/e/parent-and-baby-reflexology-tickets-1221985243759

Musical Tots: Saturday 8th February, 10.30am. Booking essential from Saturday 1st February at 10.30am: https://www.eventbrite.ie/e/musical-tots-with-karen-at-lucan-library-tickets-1221995775259

Lucan Library Creative Writers Group - Thursdays 13th and 27th
February, 10am – 12noon.





Membership Renewal

We're kicking off the 2025 membership renewal season here at Lucan Sarsfields GAA Club! Membership runs from January 1st to December 31st, so let's get everyone set up for another great year.

Important reminders:

- All adult players, managers, mentors, and committee members need to be full members to stay registered with the GAA, Camogie Association, or LGFA.
- Youth players must have a current membership too, so they're covered by the injury fund to train and play.
- All players need to be registered on Foireann by March 31st to stay eligible!

For families with both male and female players, you might notice a slight delay in the Foireann confirmation email—don't worry, that's normal!

Ready to renew? Just head over to <u>Membership</u> <u>Signup</u> and follow the steps.

New members or transfers?

If you're joining us for the first time, switching from another club, or having any trouble renewing, we've got your back. Drop us an email at lucan.sarsfields.registrar@gmail.com, and we'll sort it out!

Looking forward to seeing everyone back for an exciting year ahead!

Awards Night

We had a very successful adult awards night last weekend. A huge congratulations to Noel Buggie who joins our hall of fame, Christy Boylan who was awarded Club Person of the Year and the Junior C Camogie team who won Adult Management of the year.

Congratulations to all our players on winning their awards.

Well done to Ellen Dunphy (Senior Camogie), Ben Coffey (Senior Hurling), Alan Murphy (Senior Football) and Emma McGivney (Inter Ladies Football) who picked up the silverware for our first four teams. Check out Clubzap or the club website for the full list of winners!



Donate a Dress

Our Donate a Dress Fundraiser will be hosted this

Friday 31st of January in the club at 8pm. Thank you to everyone who has kindly donated so many beautiful things.

Tickets are still on sale for the event and are €5 including the glass of bubbly! They can be purchased on Monday, Tuesday, Wednesday at the club cafe or from Tracey 087-9735665.

There will be a pop-up shop on Saturday in the changing rooms from 10am-1pm.

Lotto

We had no winner of last week's lotto jackpot of €1,000. The Numbers were 2, 17, 21, 23. Lucky dip's go to Dara Keher, Aimee Clyne, Mary Reynolds, O'Lanagain Family, Stephen Garrbutt.

This week's Lotto will be for a jackpot of €1,400. This draw is sponsored by O'Grady's Hearing Care Services.

Thank You for supporting Lucan Sarsfields GAA Club.



POLITICAL NOTES

Minister Emer Higgins TD - Fine Gael

Office: 01 618 3013. Insta: @emerhigginstd

Facebook: <u>www.facebook.com/EmerHigginsTD</u>

E Mail: emer.higgins@oireachtas.ie

I am honoured to have been appointed as the Minister of State at the Department of Public Expenditure and Reform. I will have special responsibility for Public Procurement,

Digitalisation and eGovernment.

I remain fully committed to delivering for my constituents in Lucan and across Dublin Mid-West, both locally and nationally.

My focus in Government will be on ensuring better value for taxpayers' money, increasing transparency in public procurement and driving digital innovation to make government services more efficient and accessible.

A sincere thank you to everyone who voted for me in the recent General Election. Without your support, I would not be a voice in Government for our area.

As always, if you have any issues you would like to raise, please don't hesitate to reach out to me at emer.higgins@oireachtas.ie or 01 618 3013

Paul Gogarty – TD - Independent

"Not just at election time" Tel: 087-2752489

Email: info@paulgogarty.com

Government unable to give timescale on free HRT products:

Initial responses to parliamentary questions have tried to drag out the process with an "as soon as possible" response. Still no definitive timescale on the practical implementation of the Health Insurance (Amendment) and Health (Provision of Menopause Products) Act 2024, which was announced with much aplomb before the last election. Search 'HRT' on my website.

Lucan East relocation:

The Government also gave no credible response on why Lucan East ETNS needs to be relocated this year, let alone inconvenience teachers, parents and children over Easter. This will need follow up and any pressure from parents is welcome. Search 'Lucan East'.

Buses, trains and lanes:

Am again chasing up capacity issues with the NTA and through Dáil procedures. Also querying bus lane car-pooling options (thanks Sarah for suggestion).

Cllr. Joanna Tuffy, Labour Party Representative

Phone 087 392 0931 Email <u>jtuffy@cllrs.sdublincoco.ie</u> All social media links at <u>linktr.ee/joannatuffy</u>

Upcoming Chess Sessions for beginners:

If you missed opportunities to take up chess as an older person before now, or you want to improve rusty chess skills, now is your chance. The Council library service agreed to my motion to hold chess sessions for beginners in its libraries in Lucan and North Clondalkin as part of the Council's Bealtaine Programme for 2025. The Bealtaine Programme takes place in May. Will provide further updates - in meantime next adult chess group in Lucan Library takes place on Wednesday 5th February 2025 from 3.30pm to 5.30pm in Lucan Library.

Cllr. Caroline Brady - Fine Gael - P.C.

085 2551602. CBrady@Cllrs.SDublinCoCo.ie

Storm Éowyn Update:

The council mobilised the Severe Weather Assessment Team (SWAT) and the Crisis Management Team (CMT) in advance of the storm. The response was well-coordinated and effective despite the challenges posed by the storm damage across the county. SDCC received 145 reports of damage between Thu 23 and Mon 27 Jan and road maintenance responded to 27 incidents on the roads. I reported trees down and roads blocked around Lucan. All should be dealt with by now. However, if you notice any fallen trees not attended to at this stage then please report them for action.

Esker Park:

Residents contacted me regarding concerns about tree pruning in the park. The council confirmed that the trees concerned are listed for maintenance as part of the current Tree Maintenance Programme.

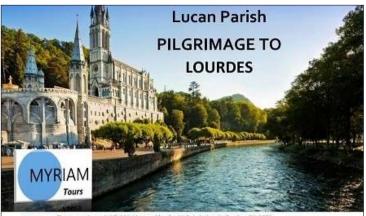
Please contact me if I may be of assistance to you or your family.



Hearing is one of the body's five senses, but listening is an art.

Life does not have to be perfect to be beautiful.

Look after your teeth, your smile depends on them.



Tour organizers: MYRIAM, Licensed by the Irish Aviation Authority. TA 0776

MAY 11 -15, 2025

Led by Fr Philip Curran

€795 per person sharing in double/twin room. Full board in 4-star hotel in Lourdes

TO BOOK: Please call us on 057 9355050 and we can take your booking and payment (debit card only) over the phone. Or email us on: info@myriam.le for a payment link or more information.

- Aer Lingus flights Dublin to Toulouse
- · 10kg checked-in luggage plus small bag
- · 4 nights in a 4-star hotel in Lourdes
- Breakfast, lunch and dinner each day
- · Full time accompaniment
- · Coach transfers in Lourdes to/from airport
- Trip to Bartres
- Organisation of a full religious programme

Call us on 057 93 55050 or email us at infor@myriam.ie

Adult Education Service

The Adult Education Service in Lucan Education Centre, on Esker Hill are currently enrolling for free and flexible part-time courses commencing in January 2025. These Back to Education Initiative (BTEI) courses are at times to allow you to choose between one and four different subjects to fit around your busy life. Each subject is 4 hours, 1 morning per week. This can lead to QQI qualification.

The following subjects are available this term:

Spanish for Beginners, Introduction to Computers Internet and Email, Introduction to Office Skills, Personal Effectiveness, IT Skills, Work Experience, Customer Service, Medical Terminology for Medical Secretary,

Introduction to Psychology, Bookkeeping Using Sage Software. For more details, call (01) 6283557.

Email: lorraiekavanagh@ddletbaes.ie

Shane Moynihan TD (Fianna Fáil - Dublin Mid-West)

Email: shane@shanemoynihan.ie
Web: www.shanemoynihan.ie
Facebook: shanemoynihan.td
Instagram: shanemoynihan.td

Twitter: @shanemoynihan Phone: 087-7840898

Co-option:

Congratulations to my Fianna Fáil colleague Cllr Jacqueline Sheehy who has been co-opted to South Dublin County Council in my place. I look forward to working closely with her. Her email address is jsheehy@cllrs.sdublincoco.ie

Ballvowen Square:

One of the items I was working on as a councillor was the taking in charge of Ballyowen Square. I am pleased that this has progressed significantly this week, and it will be before the full Council for approval in early February. Thanks to the residents who have worked with me on this matter.

Safe routes to school:

I welcome the announcement of the inclusion of St Thomas' JNS and Scoil Áine Naofa in the Safe Routes to School scheme, though further action is needed on enforcement of the HGV ban on the Newcastle Road. I will continue to pursue.



Getting Started Digital Skills (*One to One*) Classes for older people. Support using your phone, laptop, tablet.

Every Tuesday 10:30am – 12:30pm, Leixlip Library.

To sign up for the free classes please call T:01 4756989 or email: gettingstarted@ageaction.ie



Older people need your support!

ALONE is recruiting volunteers to provide

companionship and support through their Telephone Support & Befriending service for older people.

ALONE asks that interested volunteers commit to one set shift of 2 hours per week for a minimum of 6 months.

Visit alone, ie/volunteers for more information.

St. Mary's Camera Soirée

Last week's piece was written before the storm hit us. So, for the record, for everybody's safety we did not meet last Friday in the Parish Centre. The selection of photos from the Soiree's exhibition on display in Lucan Library is being taken down this weekend.





This week we have some more photographs from Australia, specifically from Phillip Island which is about 125km south east of Melbourne. The photographs are of wooden houses which undoubtedly would have been blown away in last

week's storm here. The nightly Penguin Parade at Phillips Island Nature Park, in which little penguins come ashore in groups, attracts visitors from all over the world. The island is home to approximately 40,000 penguins.

Much closer to home Paddy sent in some photos of the 12th Lock on the Grand Canal which connects the Grand Canal Basin in Dublin with the River Shannon at Ballinasloe. The canal is 131 km long, has 43 locks and 32 bridges! Construction began in 1756 and was completed in 1804.

Conor sent us a photo of canoeists heading towards "The Muglins", rocks to the east of Dalkey Island. He named this "*The calm before the storm*" as it was taken on Wednesday last.





He also sent us a beautiful photo of a Green Finch, in Irish Glasán Darach. According to the Birdwatch Ireland website the bird is an Irish resident and is one of the top twenty of Ireland's garden birds.



Until next week stay safe!