



LUCAN

NEWSLETTER

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Sunday 27th February 2022

Worrying and Dangerous Times

Blessed are the peacemakers: for they shall be called the children of God.

Matthew 5:9

The unfolding events in Eastern Europe fill us all with a sense of foreboding. The actions of Russia towards neighbouring Ukraine have too many resonances with the events that preceded World War II. Hitler's annexation of the Sudetenland marked the beginning of a series of events that led to a widespread and violent conflict that was to cost millions of lives.

Hitler used the same guise of 'concern' for the German population of the Sudetenland with his cry for their self-determination providing a smokescreen for the tanks rolling in. The German speaking population welcomed the Nazis by waving the Swastika flag in greeting. In his actions Hitler violated the sovereign territory of both Czechoslovakia and Austria. The famous Munich Conference of 1938 saw worried European leaders

agreeing to his annexation in return for what Hitler had convinced them would be 'peace in our time.' (Neville Chamberlin's famous statement on his return from Munich)

Putin's claim to have despatched peacekeeping forces to the disputed territories attempts to legitimise what is in fact the beginning of an invasion. Any opposition to these 'peacekeeping' forces will provide the desired pretext for a full-scale invasion of a country which he has already stated has no right to exist.

The echoes of Hitler have not been lost on the Ukrainian people and many banners and posters have appeared in the town and cities making the comparison. The people of the Baltic States must be watching events unfold with more than a little trepidation.

Modern weaponry has a capacity for destruction like never before. Putin is boasting loudly of how well equipped his troops are, with a sinister mention of hypersonic missiles which experts say are potentially unstoppable; the capacity for widespread loss of life and devastation is all too real.

The situation will call for the wisdom of Solomon if an all-out conflict is to be avoided. We can only pray that those controlling the levers of power in the world will respond in a way that doesn't inflame the situation. Perhaps it's no more than sabre rattling on Putin's part but I doubt that anybody has the desire to put his resolve to the test.

A prayer for Peace

Father in heaven, we turn to you in these tense and difficult times when the peace of Europe hangs in the balance. We ask you to turn the hearts of all involved to ways of reconciliation.

We pray especially for the people of Ukraine, protect them from danger Lord, and give wisdom to world leaders to find a way forward that will avoid any loss of life. We ask this in the name of Jesus the Lord.

Philip Curran
St. Mary's Lucan

Sadly, since this piece was written on Wednesday night, events have overtaken the situation.

Lucan Citizens Information Centre

**From 1 January 2022, our telephone number is
0818 07 5090. www.citizensinformation.ie**

COVID-19 has changed the service we offer to the public. Our drop-in service is not currently available, but we are taking phone calls, answering emails, and providing a call back service.



Call us on 0818 07 5090, leave a message with your name and number and an Information Officer will return your call within 2 working days, or you can email your query to us at lucan@citinfo.ie and someone will reply.

Citizens Information Phone Service (CIPS)

0818 07 4000 operates on Monday to Friday 9 am to 8 pm.

MABS – the Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over 20 years.
MABS Clondalkin phone 0818 07 2270

FACE COVERINGS - The rules on wearing of face coverings will change on Monday 28/2/22. The legal requirement to wear a face covering will no longer apply. You will no longer have to wear a face covering on public transport, in taxis, shops, schools and all other indoor public areas. Staff in hospitality settings will no longer need to wear a face covering.

It is recommended to continue to use a face covering on public transport and in healthcare settings.

If you have COVID-19 you have to isolate for 7 days and wear a face mask. If you are 13 years and older you should wear a Medical grade or FFP2 for 10 days. If you are under 12 years you should wear a well-fitted mask for 10 days.

Morea information on Face coverings during COVID-19 (citizensinformation.ie)

Renewing your Driving Licence

NB - Increase to 75 years of age for the mandatory provision of a medical report when applying for or renewing a learner permit or driving licence. From Monday 21 February, 2022, the age at which an applicant for a driving licence must supply a medical report has increased from 70 to 75.

Drivers under 75 will no longer have to supply a medical report confirming their fitness to drive, unless they have an identified or specific illness

or are required to do so by law. More information is available on the following link

https://www.citizensinformation.ie/en/travel_and_recreation/motoring_1/driver_licensing/renewing_a_full_driving_licence.html

You must bring the following documentation with you when renewing your driving licence:

Your current or most recent driving licence

Proof of your PPS number

The appropriate fee - see 'Rates' above

Documentation to prove your identity

Proof of address

A Driving Licence

Medical Report Form, if required (see link below)

A Driving Licence

Eyesight Report Form, if required (see link below)

Further information is available on the following link: How to renew your driving licence (citizensinformation.ie)



Where to apply

You can apply to renew your driving licence online if you have a Public Services Card (PSC) and a MyGovID verified account, see 'Online applications' at the link above. Alternatively you can apply in person to one of the National Driver Licence Service (NDLS) centres- see 'Applying in person' above. You must book an appointment online or on the phone number below*. There is no walk-in-service.

The National Driver Licence Service provides information on renewing a driving licence on its website.

National Driver Licence Service

Road Safety Authority

Po Box 858

Southside Delivery Office

Cork, Ireland

Tel: 0818 700 800

Homepage: <https://www.ndls.ie/>

Email: info@ndls.ie

Telephone number for booking an appointment is 0818 919 090

Road Safety Authority (RSA)

Moy Business Park

Primrose Hill

Ballina, Co Mayo, Ireland

Opening Hours: - Lines open Monday - Friday

8.30am - 5pm

Tel: 096 25000

Fax: 096 25252

Homepage: <http://www.rsa.ie>

Email: info@rsa.ie

Lucan Drama

Lucan Drama are excited to be getting back to what we enjoy, performing plays.



At present we are auditioning/reading for the 'Playboy of the Western World' by J.M. Synge.

We had our first readings last week, and we will be holding further readings on **Monday 28th Feb. in the Spa Hotel at 8pm.**

Lots of parts to be filled and help is also needed back stage and front of house. New members, present members and lapsed members are all very welcome.

Dates for this production are the third week in May, and yet to be finalised. Donal Downers is our director.

Thanks to the Spa Hotel for welcoming us and allowing us to use their facilities for rehearsals and meetings.

For further information, contact:

Bernie 0864015794; Donal 0879658838;
Jack 0860666626.

LARA –

Lucan Active Retirement Association



We meet from 11.30 am to 2.30 pm on Thursdays at St Andrew's Church Hall in Main St., Lucan. Free parking is available.

LARA meetings start with some exercises and then we play bowls, Scrabble and cards and light refreshments are served at 1.15 pm approx.

We send our best wishes to our members and look forward to seeing them soon and we welcome new members.

While the wearing of face coverings will no longer be mandatory from Monday 28th Feb. 2022 please wear one if you feel safer doing so. Hand sanitising will still be required.

A group of our members are going on a short break to the Ballymascanlon House Hotel in Dundalk on 7th March next.

Dates for your diary – we will not have our usual meeting on Thursday 17th March as it will be the St Patrick's Day bank holiday.

On Thursday 24th March we will have a party to celebrate our 17th birthday.

Lucan Planning Council

SDCC plans for Lucan Village:

This week LPC met Council officials to discuss plans to reduce parking spaces in the village, as well as major changes to Lucan Village as we know it. We had a constructive meeting at which LPC outlined our opposition to Council proposals and the damage it would cause to essential services and loss of jobs in the village. We indicated that Lucan needs more parking space not fewer as planned.

We took the opportunity to outline LPC plan for a two-way traffic system between the Methodist church and the village green which would greatly improve travel flow through the village. SDCC officials agreed LPC plan is workable and would be considered if SDCC proposals were rejected by the elected councillors who will have the final say on the SDCC proposals

LPC strongly suggests that no final Councillors' vote should take place until a comprehensive public discussion on what is best for Lucan takes place including the whole of the Main St.

And LPC strongly holds the view that no trial one-way system should go ahead in the Main St.

LPC supports cycleways and offers an alternative route to the river, and suggests the further development of the Weir to include a walkway under the bridge and cycleway access. There is considerable support for this which could be enjoyed by all.

LPC wishes to thank all those who have engaged with us on the doorstep as we outlined practical options. Many have requested more car parking spaces in the village, not fewer.

The closing date for submissions on part 8 proposals is Thursday, 3rd March 2022. LPC urge all concerned residents to make a submission on this vital issue.

Caitriona McClean, Secretary Lucan Planning Council. 086 3898327

Lucan ICA

Tuesday 1st March: Craft Group meet as usual in the Coffee Dock, St. Mary's Parish Centre, 10am to 12.30pm.



All sorts of projects on the go with the ladies – canvas work, knitting, crochet, embroidery and patchwork, lovely work and plenty of chat too.

Happy Pancake Day!

Parish Notes

St Mary's, Lucan

www.lucanparish.com



Sunday Mass Times: Saturday Vigil: 6.30pm
Sunday: 9am, 10.30am, 12 noon and 7pm.

Weekday Masses: Monday to Saturday 10am

Wednesday 2nd March is Ash Wednesday:
Mass with distribution of Ashes 10am and
7.30pm.

Weekday Mass during Lent is 10am only.
No Evening Mass.

Although the Government's recommendation is that masks are no longer mandatory, we would recommend the continued use of same.

Masses will continue to be live-streamed on www.lucanparish.com

Holy Hour: There will be a Holy Hour every Sunday from **4pm to 5pm** to pray for the success of the Synod in Rome in 2023.

Christian Meditation: Mediation every Tuesday at **7.30pm** in the Bungalow. *All welcome, Sr Geraldine.*

Bethany Bereavement Support Group:
Mondays at 10.45am and Thursdays at 8pm in the Bungalow. We are available to listen to or just be there for anyone who is feeling lonely or lost following the death of a loved one. *Sr Geraldine.*

Confessions – Nuns' Chapel: After Saturday Morning 10am Mass and Saturday Evening 6.30pm Mass.

Parish Office Closed: The office will be **closed on Wednesday 2nd March** for training.

Praying with Scripture: Praying with scripture via zoom. If interested please contact Cheryl Murphy at 086 8343754 to register.



Pray The Novena of Grace
with us in St. Mary's Lucan
March 4th to 12th

Join us for the Daily Novena Mass

Weekdays
10.00am



Sunday
12 noon

Preacher: Fr. John Walsh O.P.

St. Saviours Dominic Street.

St. Mary's Readers' Roster

March: The roster for readers at the Saturday vigil and Sunday masses for the month of March 2022 has been sent to all readers by email. If any reader has not received it a copy is available for inspection in the sacristy.



Deepest Sympathy to the husband, family and friends of **Dolores Colgan**, Castleknock and formerly Lucan, to the family and friends of **Ursula Foody**, Weston Crescent and to the husband, family and friends of **Kay Kiernan**, Lucan Heights.
May they rest in peace.

St Vincent De Paul - St Mary's Conference

After two years of restrictions, SVP monthly church collections have been given the green light to resume. Thanks to all of you who have faithfully contributed by other means during those two years.

The March collection will take place at all Masses **NEXT**
Saturday/ Sunday 5th / 6th March.

Many thanks for your generosity.

St. Andrew's Church of Ireland

St Andrew's, Lucan:
Sunday 10am. Wednesday:10am

St Mary's, Leixlip:
Sunday:11.30am. Tuesday: 10am Services are available on our parish Facebook pages:

[St. Andrew's Church, Lucan](#) or [St Mary's Church, Leixlip](#)

Lucan Presbyterian Church

Sunday Morning Worship: 11am.

You will need a face covering (unless exempt) and your own Bible.
Services will be streamed online and available on Youtube

Divine Mercy, Lucan

South

www.lucansouthparish.net



Sunday Mass Times:

Saturday Vigil 6:30pm,
Sunday 10:15am and 12:15pm

Weekday Masses: Mon.-Fri. 9:15am. Sat. 10am

Although the Government's recommendation is that masks are no longer mandatory, we would recommend the continued use of same.

All Masses will be livestreamed on

www.lucansouthparish.net

Adoration and Holy Hour:

Monday: 7.30pm

Thursday: 7pm

Friday: 2-3pm

Visitation team for Holy Communion:

Pastoral care of the Sick is provided for all who suffer in any way in our communities. When a person becomes ill, receives a serious diagnosis or because of frailty is no longer able to attend Mass, our Ministers facilitate visitation of the sick at home or in a care setting when this is requested by families and permitted by public health authorities. Please contact the Parish Office to arrange a visit.



Join Divine Bloom on Saturday after the 10am Mass.

Memorial Plaques:

Our dearly departed loved ones are never far from our thoughts and prayers. Lucan South Parish offers the facility to the Parishioners to get brass memorial plates added to the Seats in memory of deceased loved ones. A Brass Memorial plate is a very tangible and beautiful method of honouring the memory of our loved ones. The plates are made from the highest quality brass. The cost per dedicated plate is €250. This includes the cost of the plaque and a donation for the upkeep of the church.



Mother and Toddler Group

Starting back in St Mary's Parish Centre

Next Thursday 3rd March

From 10.30am to 12 noon. **All welcome**

St. Patrick's Esker/ Dodsboro/Adamstown

www.stpatrickslucan.ie

Sunday Masses:

Vigil Saturday 7pm,
Sunday: 9am, 10.30am and 12 noon.

The 10.30am Family Mass is aimed at younger parishioners and their families; it is an accessible liturgy for children and enables them to participate more fully in the Sunday Mass.

Weekday Masses:

Monday to Friday at 10am.

All Masses continue to be livestreamed at stpatrickslucan.ie

Although the Government's recommendation is that masks are no longer mandatory, we would recommend the continued use of same.

View the following on www.stpatrickslucan.ie

Mass Readings for the week

Morning Prayer – Lauds

Evening Prayer – Vespers

Take five at 10 - Reflections–Weekdays: 10am

Taizé – Watch and Pray



YOU'RE NOT ALONE

ALONE is looking for volunteers to make support calls to older people.

“ALONE supports older people to age at home, combatting loneliness and isolation. Would you like to volunteer from the comfort of your own home? We are seeking volunteers to make Support & Befriending calls to older people.

Please visit our website at www.alone.ie or call our National Support and Referral line on 0818 222 024 to find out more about volunteering with ALONE.”



Anniversaries

BEHAN (BRIDGET - CISS)

10th Anniversary – 1st March

Late of Dodsboro Cottages.

Missing you so much Mam

And love you always.

Sadly missed by Ann and Mary and all your family xxxx

BRADY (VIOLET)

11th Anniversary – 22nd February

Your memory is our keepsake

With which we'll never part

God has you in his keeping

We have you in our hearts.

Thinking of you always.

Your loving daughter Hillary and Andrew xxx



GILBERT (ÉAMON)

1st Anniversary – 25th February

Remembering our Da (Éamon).

Late of Arthur Griffith Park.

Missed by his sons and daughters, Éamon, Michael, Linda, Bernadette and Darren, his grandchildren and great-granddaughter, family and friends

Also remembering our lovely Ma (**Imelda**) who passed away three years ago on 4th February.
Always in our hearts.

MULDOWNEY (NEIL)

6th Anniversary – 26th February

Time slips by and life goes on

But from our hearts you're never gone

We think about you always

We talk about you too

We have so many memories

But we wish we still had you.

Love always, Mam, Dad, Paula, Nicola, Liam and families xx



PLEASE NOTE:

Leave your ads, queries or notices in the **letter box at St. Mary's Parish Centre, before 10pm on Wednesday night**, and we'll collect and look after them.

Alternately email notices/reports to any of the following:

Community / Schools/ Local History
marylucannewsletter@gmail.com

Sport / Politics
roselucannewsletter@gmail.com

Parish Notes / Fund Raising
annalucannewsletter@gmail.com

Anniversaries etc. / Advertising Queries
catherinelucannewsletter@gmail.com



Koins for Kids

Just a note to say thanks so much to the people of Lucan for a massive donation of over 50kgs of foreign and old coin and notes to Koins for Kids. There was also over €300 donated.

This came from many kind donors from all over Lucan. Many thanks to Deirdre in the Parish Centre and Mary in the Sacristy for facilitating so much of this collection.

Total collected so far by Koins for Kids is €265,000!!!

Our target is €1,000,000 for equipment in the New Children's Hospital!

*Many thanks,
Damien Douglas. 0879519222.*

Accord Marriage Care

Relationship and Marriage Counselling

"If you can't talk to one another talk to us"

**Accord Marriage Care, Lucan,
Phone 6010844**



Brown Glasses Lost – Around Lucan

Shopping Centre, Esker Drive,

Cannonbrook, St. Finian's Area.

Phone: 087-9178695.





Lucan Newsletter reaches its 55th Birthday this Sunday!

Still the longest running weekly newsletter in Ireland, thanks to our contributors and readers.

From humble beginnings back in February 1967, on taking charge of the former Nuacht na Sarséalaigh, we have moved on from basic typewriters and stencil printing to the great technology of these days.

There was a time when every report came to us in longhand, and had to be typed up from scratch – mind you, it often took time getting used to a new P.R.O.s handwriting! These days, most articles are emailed to us, but sadly, we don't get to meet the people behind them in most cases. That's one drawback of modern technology.

There are fewer people involved in the weekly production too – time was when as well as typists, we had several printers, and even children involved each week, when the girls from Sr. Oliver's 4th Class came to school on Saturday mornings to put the pages together. They were happy enough to get a few sweets, and an annual summer outing.



This photo was taken in Glendalough in 1975 – the late Brenda Whelan, one of our typists, at the back of the group, was a helper on the day. Wonder where they all are now!



We hoped against hope that Russia would not invade Ukraine. Our thoughts and prayers are with all those people for whom the outlook is not good at the moment.

Stormy days.....

Three storms within a week, and possible more not too far off! Gladys might be just down the road. Thankfully, there was no major damage around Lucan. Indeed we got off very lightly compared to much of the country. Little bit of snow as we went to press.....

No Tower Blocks in Lucan! No doubt all locals are delighted to hear that planning permission has been refused for the tower block apartments development beside the old Foxhunter.

Still on Planning! How can so many houses and apartments be built in the Dodsboro / Finnstown area with no sign of schools – as far as we can see? Where will these future Lucan children receive their education?

Pancakes and Lent next week!

Can you believe its that time of year already! It's amazing to see the look on kids faces these days, when it is explained to them what Lent was like back in the day.....

Stamp prices increase again on 1st March!

Who remembers paying 2d for a stamp for an open envelope, and 3d for a sealed envelope? Wonder what the logic was in that. What difference did it make whether the envelope was sealed or not – strange times back then.....



Very strange how people didn't question such things long ago!

Does "online" work for you?

From speaking to some of our readers, we know that many are not too savvy when it comes to filling out forms and applying for things eg driving licence etc

online. Our local representatives and those in authority would do well to remember this, and make it easier for such people to access what they need.

Palmerstown Camera Club

Palmerstown Camera Club hold a weekly meeting online at present, every Wed from 8 pm to 10 pm. People interested in joining the club or even attending one or two meetings FREE of charge to see how their photography could benefit from being a member can do so by contacting secpcc@mail.com



Last week we had our judging night for our monthly competition and this month's theme was Architecture. There was a fascinating and wide range of images on show for that evening. We run a monthly club competition with a theme for each month to help focus and stretch the photographers within the club.

Some weeks ago we had our monthly competition themed "Inanimate objects" below we have one of the winning images from that competition. This image is titled "What's left of it" and it is by Bibiana Savin and she won colour intermediate for this fabulous image.

Mary Mangru won in the intermediate mono category for our weather competition the previous month. Her image was titled "Snowy Day". Congratulations to both and thanks for sharing these great images.



This is a short notice to remind members of Lucan Men's Shed that our AGM will take place on Monday next, 28.02.2022, at 1900 (7.00 pm.) in St. Mary's Parish Centre.

This meeting will be open only to Shed members.
Formal notices containing the Agenda have issued to members already.

You are invited to take part in the occasion, to an update on happenings during the past year and to elect a committee to carry on the work of the Shed in the coming year. *See you there*



CHOOL NEWS



St. Joseph's College

Transition Year: Well done to all of the students who completed their two-week block of work experience and a huge Thanks again to all of the businesses and organisations for allowing the students to gain this invaluable experience.

Mock Exams: Well done to all the students from 6th and 3rd year who have completed their Mock Exams over the last two weeks.

Well Walk: Just under a week now until our Well Walk will take place on the 3rd of March the students are very excited and each year group has been assigned a theme for the walk which is to dress up in clothes from a particular decade, so keep an eye out for the double denim, big hair and flares on Thursday the 3rd of March. It was great to see the work has started on Rosie's Garden and the outdoor Classroom last week. We are looking forward to spending more time in the outdoors and appreciating the space and opportunities to learn in the fresh air. If you would like to donate to this cause please visit our Go Fund Me page gofund.me/10b5a747 or by visiting our website.

CPR Demo: On Wednesday and Thursday last Ms. Bermingham who is a trained First Aid instructor gave students and staff a CPR demo, this is an excellent skill to have and a huge number of students of all ages showed an interest in the demonstration. They also had an opportunity to work on the dummies themselves. Well done to Ms. Bermingham for organising this event and well done to the students and staff who took part. We don't know when these skills will be needed in our lifetime.



School Website: <https://stjosephslucan.com>

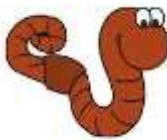
Follow us on Twitter: @STJosephs3



A weed is a plant that has mastered every survival skill except for learning how to grow in rows.

- Doug Larson

Imagine seeing a worm?



Did you know my nephew Ryan saw a worm on his way to school last week?

This was a special day for Ryan because not only did he have news to share with his Teacher and classmates but it was a real discovery. Ryan likes discoveries.

Ryan not only looks down but up and all around. Young as he may be he delights in finding out about the planets and space and the stars and the sky. Ryan doesn't sniff and say rubbish when I ask a question, he'll discuss it with me and we'll try to understand what's happening or we might agree that we need to spend more time investigating the matter.

Spring is a great time for discoveries. Spring comes with a promise of new shoots pushing and peeping through the hard sodden soil recovering from winter frosts.

The squirrel and hedgehog emerge from their hibernation



rubbing the sleep from their eyes and thinking of where they might forage for their first meal.



The relief of emerging as a society from lockdown cannot be overstated. It has left behind a trail of destruction. Fears and worries about keeping safe, not putting yourself in danger, skirting around neighbours, always mindful it's important to keep a distance. I suspect it's like emerging from your shell, taking tentative steps, blinking at the light, shivering as the breeze rustles your

feathers. Being brave, as you enter a new world. Our world has been catapulted into a new awakening. Did we live a life of misspent youth, not listening to the sights and sounds of nature? While Mother Earth's voice cried in the wilderness as we frolicked around without regard for our duty and care to protect her. There's no denying that we love the world around us, our families and our heritage.



I love seeing the first snowdrops, the daffodils dancing in the breeze, the sheep roaming the hills and looking forward to the arrival of their lambs in spring. The stretch in the evenings, looking as the Moon



brightens the sky and wondering about moon craters and whether there's life on



Mars. Exploring the world around us can help us cope with the reality of life. We should not buy into the day to day negativity whose mantra seems to be that *nothing is ever enough*. Yes we should demand a better life, yes we have a right to a better life but rights and responsibilities go hand in hand.



We too must play our part in ensuring we reduce our carbon footprint so that Ryan and his classmates can continue to look with wonder and delight at the world around them.

We should ask ourselves the question ***am I being a good ancestor?***

Mgm.



Lucan's St. Patrick's Day Parade 2022 Entry Form



This year's theme is 'Celebrate Your Anniversary With Us'

Name of Group:

Address:

.....

Tel Number:

Email:

.....

Float:

Walkers:

How old is your organisation?

Contact Name:

Tel Number:

Supervising Leader 1:

Tel Number:

Supervising Leader 2:

Tel Number:

**If you require music to played at the viewing stand, a CD must be supplied by Friday 4th March to the address below.
No CD's etc will be accepted on the day.**

PLEASE RETURN COMPLETED FORMS TO:

lucanparade@gmail.com

or Mary Meehan 174 Arthur Griffith Park, Lucan. Mobile: 085 7374645.

Closing date: 28th February 2022

No entry will be accepted after this date

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Facebook**



Lucan Library

South Dublin Libraries in connection with Work Matters at your Library presents; ‘How to succeed at Online Interviews with Ruth Larkin’

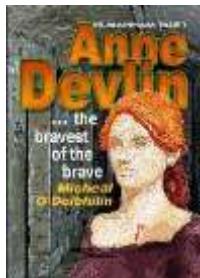
This online Zoom talk is especially designed to get an edge in Online Interviews.

This is a one hour talk with a Q&A session after. On Thursday 3rd March at 3pm. Book through Eventbrite at lucanlibrarydublin.eventbrite.ie

Ann Devlin, Irish Republican As part of our International Woman’s Day Festivities, Lucan Local

History are delighted to present, ‘Ann Devlin, Irish Republican, an online Zoom talk by Micheál Ó Doibhilín, (publisher of Kilmainham Tales). This talk will be on Ann Devlin, her dedication the Republican Cause, her subsequent arrest, torture and release. Micheál will discuss her Lucan connections, as she came to the Spa Hotel in Lucan when imprisoned to take the waters for her health. Don’t miss this fascinating talk will be on **Thursday 10th March** at 7pm via Eventbrite at lucanlibrarydublin.eventbrite.ie

<https://www.eventbrite.ie/e/ann-devlin-irish-republican-tickets-264163057817>



Coping Strategies for Children with Anxiety

Monday 14th March at 7pm

With Fiona Forman, M.Sc. Applied Positive Psychology.

Book via lucanlibrarydublin.eventbrite.ie

Understanding causes of and learning to support children with anxiety.

Online talk for parents by Fiona Forman, M.Sc. Applied Positive Psychology, former teacher, and author of Well-being programmes for primary and secondary schools.

(<https://fionaformanwellbeing.com>)

Parents who attend will

1. Understand the symptoms and causes of anxiety in children
2. Learn how to support children with anxiety
3. Develop a range of evidence-based coping strategies to help children to manage anxiety.

The number of children with anxiety has risen over the last number of years, for many complex

reasons. Anxiety can have different symptoms, and usually causes distress to children and also limits their experiences. It's helpful to know that there are many things we can do to support an anxious child, including striking a balance between supporting them whilst also empowering them to deal with their anxious thoughts and feelings. This webinar will outline the protective factors in supporting children, as well as offering a number of evidence-based coping strategies that children can use to help them to feel safe, strong and confident.

Autism 101

Presented by Lisa Domican, CEO & Founder of GraceApp.

Tuesday 29th March at 11.00 am.

Booking via lucanlibrarydublin.eventbrite.ie Q&A Workshop to help you get to grips with supporting someone with Autism.

About this event:

Autism 101 is a short, to the point, online video course to quickly help you to get to grips with supporting someone with Autism. It will be available to you for free to view in your own time from 22nd March once you sign up for this workshop.

At the 29th March Q&A workshop Lisa will host a live zoom workshop to answer your questions, and help you tailor some strategies to your own circumstances.

Lisa is a co-creator of Grace App and mother of Liam and Gracie Domican who both have autism. As a parent, Lisa has had 25 years' experience of raising her children with autism and has been attending courses and studying evidence based interventions for the last 20 years. Recently, Lisa has been active in helping Wicklow Library Services create Social stories for all their branches, to make these vital public services more accessible for people with different abilities. Your email address will be sent to the workshop giver for emailing the video link and the online workshop link to you.

May you always have the walls for the winds,

***A roof for the rain, tea beside the fire,
Laughter to cheer you, those you love
near you,***

And all that your heart might desire.



Esker Active Retirement Association

Hi everyone,

Great buzz at our club today; we had forty-four members all playing bowls, cards, scrabble and having the craic. Everyone seemed to be on top form and it made for a lovely warm, relaxed atmosphere where we all just enjoyed each other's company. The car park was quite full again; think we need a few parking lessons guys!!! We haven't got our usual chaerobics next Wednesday; that is postponed till the following week, Wednesday 9th March.

Another ten members paid their yearly subscriptions so that's eighty-three fully paid up members to date but there's always room for more. So, don't sit at home alone, not knowing what to do with yourself in your retirement, come and join us, we're a very friendly bunch of people. Our yearly subscription is €25 for each member and €3 weekly fee to cover rent and refreshments.

We are in St Andrew's Church Hall just down from Stagg Cycles which is a blue & yellow building. There's parking in the grounds of the Church and also a bus stop outside the Church gates.

*Till next time,
Marian Egan (Club Secretary) 086 1269 043*

The Tourists are back!



Medjugorje guides, Ozana, Danijella and Mojca attended a spiritual conference in Wespert recently, and with the help of Lucan's Pat Colgan, they took in some very special sites including Knock and Crough Patrick.

Sarsfield Park & District

Resident Association

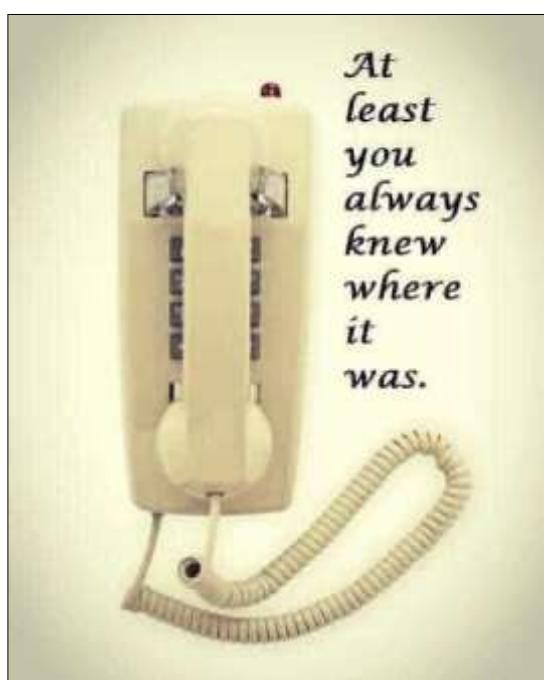
On February 7th the residents association held their AGM and three new officers were elected Tom McMorrow Chairperson, Teresa Ellis Treasurer and Dave Marten Secretary. Thanks to all who came along.

We hope to have a meeting in Kenny's back lounge Mon 7th March at 8pm all are welcome. Reminders will be posted here in newsletter, social media and letterboxes.

Annual subs are now due and we'll be collecting these on the night for 2022 as well as calling door to door.

A massive thank you to our outgoing officers for their trojan work for the past few years Caroline, Helen and Naomi.

If you would like to help contribute to the Residents Association please contact us or pop down to the meeting.



On old age

When you ask me what I am doing today, and I say "Nothing", it does not mean I am free. It means I am doing nothing!

When someone asks what I did over the weekend, I squint and ask "Why, what did you hear?"

Political Notes

Cllr. Derren Ó Brádaigh – Sinn Féin

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Adamstown Link Rd – Bus Corridor: For over 10 years the 2km dedicated bus corridor along the Adamstown Link Rd has remained without any service. I have written to the NTA directly and I had a motion passed this week at Area Committee calling on the Council to do the same. It seems to me that an opportunity to introduce a new route incorporating this stretch was missed during the recent BusConnects rollout. Ever increasing development and population expansion demands that we utilise this new bus lane link, whilst providing clarity to local residents and visitors regarding the parking situation.

Lucan Festive Lights – Further Update: I was happy to raise this on behalf of the festival committee – the request to introduce and locate new festive lighting along main street is a reasonable one for consideration, given the welcome success of the existing lighting at village green originally provided for under the ‘€300k Have Your Say’ for Lucan in 2017.

Gino Kenny TD- People Before Profit

Phone: 085-7211574. Email: ginokenny@oir.ie

Lack of ASD Secondary Places:

Recently I have been contacted by a number of parents concerned about the lack of secondary places for their children with autism in the Dublin Mid-West constituency. If you are encountering this situation or effected in anyway please contact me.

Emer Higgins - TD

78 The Orchard, Lucan. 01 401 3416.

Emer.higgins@oireachtas.ie

Lucan Village Submission: This week I went down to Lucan library to view the council’s plan for Lucan Village. Don’t forget to have your say and make a submission on the council’s website or by post to Senior Engineer, Roads Construction & Design, LUPT, South Dublin County Council, County Hall, Tallaght, Dublin 24 YNN5. Closing date March 3rd

International Women’s Day: I will be hosting a free online event to Mark International Women’s Day on Tuesday 8th March 2022, at 11am. This 30-minute event will focus on navigating life after

lockdown, professional development and confidence building. My guests will include; Dr. Colman Noctor –Psychoanalytical Psychotherapist, Catherine Moonan - Pitch Coach on the Irish 'Dragons' Den and Julie Galbraith - employment law expert. You can register for this event at Eventbrite or send me an email.

Liona O'Toole – Independent

087-2795274. lotoole@clrs.sdublinco.ie

www.lotoole.com

Public streetlights improvement: My motion was passed at this week’s area committee meeting requesting the council management to examine the streetlights in the Finnstown estates and to agree a plan to improve the lighting in the area.

Foxhunter development: Great news received this week! An Bord Pleanála’s decision to refuse an appeal made by Fox Connect Limited, seeking to build up to 20 storey’s on the old Foxhunter site, was very welcomed by all, especially for the residents that would have been most affected by such a development, the wider Lucan area and everyone else that played their role in ensuring that the voices of the Lucan people was heard, all worked tirelessly on the submissions. I worked with other local councillors in making a joint submission, however it’s vital that we retain the correct zoning for these lands in our County Development Plan.

Cllr Paul Gogarty

Tel: 087-2752489.

E-mail: info@paulgogarty.com

Lucan Village proposals: Thursday 3rd of March 5pm is the deadline to make submissions on 1) Lucan Village Green works/Adjacent Main Street Reconfiguration Proposals and 2) Weir improvement/ Lucan Demesne works. All viewable at: <https://consult.sdublinco.ie/> MAKE SUBMISSIONS VIA THE LINK or POST TO SDCC: Senior Engineer, Roads Construction & Design, LUPT, South Dublin County Council, County Hall, Tallaght, Dublin 24.

At this stage there are a lot of pre-written petitions already sent in, so it’s better if people give their own view in their own words. If you disagree with a proposal, now is a good time to make alternative suggestions as to how these parts of the village could be improved further. NB - Anything not mentioned in these schemes is purely speculation as nothing else has yet been proposed or decided.

Foxhunter high-rise apartments: Delighted this oversized application was turned down.

Cllr Shane Moynihan - Fianna Fáil

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Foxhunter planning: I welcome the long overdue decision by An Bord Pleanála to uphold the decision to refuse planning for the proposed development, including a twenty-storey tower, at the old Foxhunter site. The comprehensive set of reasons for refusal by the Board illustrates why this was such a flawed proposal as highlighted by my many public meetings on it. Well done to all who came together to make observations on this to the Board. I am pleased that my proposal to maintain current zoning on this site was supported unanimously by all councillors and the council planners.

Ballyowen Park: I have requested that drainage in Ballyowen Park be reviewed, given the flooding that has occurred in parts of the park, rendering footpaths impassable.

Email newsletter: If you would like to receive the most recent version of my email newsletter, please get in touch.

Just a Wonder

A row of bottles on my shelf
Caused me to analyse myself.

One yellow pill I have to pop
Goes to my heart so it won't stop.

A little white one that I take
Goes to my hands so they won't shake.

The blue ones that I use a lot
Tell me I'm happy when I'm not.

The purple pill goes to my brain
And tells me that I have no pain.

The capsules tell me not to wheeze
Or cough or choke or even sneeze.

The red ones, smallest of them all
Go to my blood so I won't fall.

The orange ones, very big and bright
Prevent my leg cramps in the night.

Such an array of brilliant pills
Helping to cure all kinds of ills.

But what I'd really like to know . . .
Is what tells each one where to go!



Blast from the past! We came across this 1972 photo of Langan's Pub in Ballydowd.

Later known as The Foxhunter, the surrounding site is in the news these days regarding refusal of planning permission for high-rise development.

St. Mary's Camera Soirée

Last Friday there was another good attendance of the members of the Camera Soiree for the second session in the Coffee Dock on Portrait Photography. This week in the Newsletter we publish some more of the results of their efforts.



Irene, Anna and Michael were the guinea pig models this week. Last week I remarked that impressive results had been achieved when members put their camera to the portrait setting instead of wrestling with manual settings. This week it hurts me to say that you would be hard set to pick out the photograph taken at our session with a mobile phone. Clearly the ability to make telephone calls on our mobiles is really becoming an incidental feature! What you do learn when you concentrate on Portrait Photography is that photography is in large measure about playing with and controlling the recording of light on the subject. Once again Donal provided all the gear for which the members are very grateful.

One of our members has gone abroad for two weeks so we are looking forward to seeing our first foreign photos for some time.



Apart from portrait photographs members also submitted photographs this week of storm damage to Josie's lovely Willow tree, spring daffodils and an Amaryllis.

Until next week stay safe!

