

## Eaten Bread is Soon Forgotten!

Challenges are part of normal human life and normal group belonging. If there are no challenges currently, there is one waiting around the next corner! Challenges are part or the structure of momentum that keeps us in motion towards whatever future is destined for us. Chucking every unlabelled or unattractively decorated parcel out of the wagon is going to leave us without the prospect of unwrapping both welcome and unwelcome surprises. One of our current challenges is the situation of receiving refugees and asylum seekers.

As I waited at the traffic lights in Palmerstown last week, a dog fell out of a car which was going the opposite direction. ALL traffic stopped! Numerous car doors opened to run to pick up the poor frightened mite. The owners came running back from a parked car to lift up and carry the dog back to safety and comfort. This happened while I listened to a discussion on the radio about the prospect of refugees and asylum seekers being housed in various towns around the country. Has it reached a stage where we treat animals with more respect than people from situations about which we have no concrete knowledge and yet make judgment on a mass scale? That dog would have had a choice of beautiful homes if he were being abandoned!

In the past, the people of Ballaghaderreen and Ballyhaunis welcomed refugees from Syria and Libya when the prospect received a creative response from the resident communities. Both town communities work hard at integration and the celebration of multiculturalism so that harmony and healthy shared living is possible. New skills and new ideas are the consequence and add to the fabric of the communities.

Yes, we have a situation where the inclusion of a large number of people might be more than the resources can deal with so that the answer might need to be 'no' in the short term. If communities were to consider how it can be done rather than that it can't be done the demonstration of basic human respect would be shown to all regardless of country of origin, gender, colour of skin or religion. We cannot count on our elected leaders to do it all. It really is nothing less than shameful to hear the assumed description of male asylum seekers justifying the fact that they must sleep on the streets in sub-zero temperatures with no protection or basic subsistence.

All my siblings left Ireland in the 80s as economic emigrants and were received in various countries, with varied levels of welcome, where they have set up homes. The Irish left in their millions over the last two centuries out of necessity, some experiencing the most horrendous challenges. Among those millions are people from every single Irish family. Eaten bread is soon forgotten! We need the diversity which is brought by those arriving on our shores now and some among them will be the leaders of the future who will bring us towards a new way of being that we cannot imagine.

## Lucan Citizens Information Centre

Our telephone number is 0818075090
www.citizensinformation.ie
Email - lucan@citinfo.ie
Our office is located in the Ballyowen Castle Youth and Community Centre, Ballyowen, Lucan

## Opening hours

Walk-ins to see an Information Officer
Tuesday: $\quad 10 \mathrm{am}-12 \mathrm{pm}$ and 2 pm to 4 pm
Wednesday: None
Thursday: $\quad 10 \mathrm{am}-12 \mathrm{pm}$ and 2 pm to 4 pm

## Reception open

Tuesday: $\quad 10 \mathrm{am}-1 \mathrm{pm}$ and $2 \mathrm{pm}-4 \mathrm{pm}$
Wednesday: $\quad 10 \mathrm{am}-1 \mathrm{pm}$ and $2 \mathrm{pm}-4 \mathrm{pm}$
Thursday: $\quad 10 \mathrm{am}-1 \mathrm{pm}$ and $2 \mathrm{pm}-4 \mathrm{pm}$
We are closed on Mondays and Fridays.
Citizens Information Phone Service (CIPS) is open Monday to Friday 9 am to 8 pm on 081807 4000

MABS - the Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over 20 years. MABS phone service is open Monday to Friday 9 am to 8 pm on 0818072000

## Registering to Vote

If you want to vote in an election or referendum in Ireland you must be:
Eligible to vote and
Registered to vote
Full information is available on Registering to vote (citizensinformation.ie)

The Irish Hospice Foundation is organising Grief Awareness Week
Be Grief Aware. Show You Care.
22-28 January 2024
\#BeGriefAware \#NGAW \#NGAW2024
Death is such a difficult thing for any of us to face. Despite it being widespread, grief is often misunderstood. Grief is a natural response to the death of someone close. It does not follow a definite pattern and can be different for everyone. The bereaved can be left feeling isolated, lonely and confused. Family and friends may be unsure how best support them. Learning more about grief can help someone before and during the grieving process and can also help the people supporting them.

What Is National Grief Awareness Week? This is the fourth year Irish Hospice Foundation is running a national grief awareness campaign. Originally hosted in November to coincide with the Good Grief Trust (UK) national campaign,
this campaign will now take place in January - a time which can be difficult for many people, including those who are grieving.

Through National Grief Awareness Week, we hope to encourage people to be more grief aware and encourage conversations about this typically uncomfortable subject.

When Is National Grief Awareness Week?
National Grief Awareness Week is $22-28$
January 2024. During this period, we'll be hosting online events and running a social media campaign to raise awareness of grief and its impact on individuals.
Bereavement Support Helpline 1800807077
More information is available on https://hospicefoundation.ie/our-supports-services/bereavement-loss-hub/national-grief-aareness-week/

## Budget 2024

Statutory sick leave pay
On 1 January 2024, the entitlement to paid sick leave increased from 3 days to 5 days.

Changes to State Pension (Contributory)
Since 1 January 2024, you can:
Start claiming your State Pension (Contributory) at any age between 66 and 70 .
Get Long-Term Carers Contributions to fill gaps in your contribution record for the State Pension (Contributory)

Changes to Pay-Related Social Insurance (PRSI)
From 1 January 2024, the upper age limit for
PRSI exemption changed from 66 to age 70 . This applies to the employee, the employer and people who are self-employed.
This does not apply to:
People who are already getting State Pension (Contributory).
People who are 66 years by 1 January 2024 (born before 1 January 1958)

Microgeneration scheme
From 1 January 2024 until 31 December 2025 if you sell your excess renewable energy back to the national grid, you are eligible for a tax exemption of up to $€ 400$ per year on the income generated from selling your excess electricity.

Student maintenance grants
From January 2024, there will be an increase in the 2023/2024 SUSI maintenance grant rate.
From January 2024, postgraduate students who meet the income thresholds can apply to SUSI for a maintenance grant. It will be paid from January to May for this academic year.

## Lucan Active Retirement

## Association

We meet in St Andrew's Parish Centre, Main Street, Lucan, on Thursdays at 11.30am. New members always welcome, come and join us in a friendly atmosphere and meet new friends. No charge for your first meeting.

Lots of activities to enjoy. Bowls, scrabble, cards, drama and choir. Coffee break at 1 pm . Organised trips in Ireland and abroad.
We held our AGM last Thursday and the new committee are looking forward to a busy new year.


## Lucan Toastmasters

Lucan Toastmasters is a
friendly, vibrant club which offers a safe environment to

develop public speaking and communication skills. Our next meeting is on Thursday 1st February at 7:45pm at the Springfield Hotel, Leixlip, W23 W280, and guests are most welcome to join us.
Come along on the night or contact vpmlucantoastmasters@gmail.com to register your interest.

Do you want to finally conquer your fear of public speaking?
Do you have a speech or presentation coming up that you need help with?
Do you want to make new friends?
If so, then Lucan Toastmasters is the place for you.

We meet on the 1st and 3rd Thursday of each month in the Springfield Hotel, Leixlip at 7.45 p.m. Admission is free for new guests - don't worry, you won't be asked to speak! Come along on Thursday next, February 1st, where a warm welcome awaits you.

For further details, check out Lucan Toastmasters on Facebook, Instagram or LinkedIn or contact vpmlucantoastmasters@gmail.com
www.lucantoastoastmasters.com

Date for your diary $\qquad$

## Table Quiz

 in aid of
## Nagarhope

## at Lucan Sarsfields Clubhouse Friday 8th March

## February Exhibitions at Lucan Library! Bewleys from 1840 <br> on display from 28th January to 28th February (Library Landing)

Photographic Exhibition by St Mary's Camera Soiree on display from 1st February to 29th February (Library Back Wall)

## Thank You

Thank you for all the generous donations of wool in the parish centre recently for The Heart to Hand Charity.


St Mary's, Lucan
www.lucanparish.com


Sunday Mass Times: Vigil: 6.30pm
Sunday: 10.30am, 12 noon and 7 pm .
Weekday Masses: Monday to Saturday 10am.
Masses live-streamed on www.lucanparish.com

## St. Mary's <br> Christmas Giving Tree 2023

This year donations were in support of the St. Francis Hospice, Blanchardstown. The total amount donated was $€ 1,730$. This amount has been forwarded to the Hospice. Many thanks to those who contributed.


St. Mary's Readers' Roster February 2024
The roster for readers at the Saturday vigil, 12 noon and 7 pm Masses on Sundays in St. Mary's for the month of February 2024 has been sent to all readers by email. If any reader has not received it a copy is available for inspection in the sacristy.

## Adoration of the Blessed Sacrament:

Adoration of the Blessed Sacrament will be held on Saturdays. (funerals permitting)
from 10.30 am to 11.30 am . All welcome.

## Christian Meditation:

We meet every Tuesday night at 8 pm in the Parish Bungalow.
All welcome, Sr Geraldine.

## Baptisms:

Dates are bookable on line. If you need to cancel email: secretary@lucanparish.com

## Confessions - Nuns' Chapel:

After Saturday 10am Mass and Saturday Evening 6.30 pm Mass.


Deepest Sympathy to the family and friends of Patricia Browne, formerly Lucan Village, and St. Finian's, Lucan. May she rest in peace.

Legion of Mary:
Meeting every Thursday 5.30pm in the Parish Bungalow for Rosary and Prayers.
All Welcome.

## Divine Mercy Devotion:

Every Wednesday morning in St. Mary's Parish Church after the 10am Mass until 11am (unless there is a funeral), the Divine Mercy Chaplet is prayed during exposition of the Blessed Sacrament. This devotion, revealed to St Faustina by Our Lord, is necessary to defeat evil, for peace in the world and for our journey to eternal life.

Bethany Bereavement Support Group: We meet every $2^{\text {nd }}$ Monday at 10.45am and $4^{\text {th }}$ Thursday at 8pm of the month in the Parish Centre. We are available to listen to or just be there for anyone who is feeling lonely or lost following the death of a loved one. Sr. Geraldine.

## Scriptural Reading (Lectio Divina):

Meetings are held in the Bungalow, every
Monday night between 7.30 and 8.30 pm when we reflect on the following Sunday's Gospel.
All are welcome. John McCrory

## Visits to the housebound:

If you are housebound you can call Deirdre at the parish office (01 6217041 ) we will be happy to call on a monthly basis.

## Coffee Dock Open:

Every Sunday Morning and weekdays
10am to 12 noon. All Welcome.


## Society of St. Vincent de Paul <br> St Mary's Conference, Lucan

For assistance, phone: 018550022
or email: info@svp.ie

## St Joseph's Young Priests Society

St Joseph's Young Priests Society has been set up in Divine Mercy Church, Lucan for all the Lucan parishes.
We meet up on the first Wednesday of each month for one hour at 10.40 am .
Our next meeting is on the $7^{\text {th }}$ February. We would like to invite new members to join our special group praying for vocations and for our priests.
We have tea and cake provided before the meeting.

Divine Mercy, Lucan South
www.lucansouthparish.net
Sunday Mass Times:
Saturday Vigil: 6pm.
Sunday Masses:10.30am and 12.00 noon.
Weekday Masses: Mon.-Fri.9:15am. Sat.10am

## All Masses will be livestreamed on www.lucansouthparish.net

Mass of Thanksgiving for the Fruits of Medjugorje: Every Thursday, in the Church of Divine Mercy, Lucan South.
7.00pm: Rosary and Confessions
7.30pm: Holy Mass

After Mass: Adoration, Divine Mercy Chaplet, Benediction. All welcome

## Adoration and Holy Hour Exposition of the Blessed Sacrament:

Mon: 7.30pm: Divine Mercy Adoration
Fri: 1.15 pm : Adoration MMPH Cenacle
Fri: 2-3pm: Divine Mercy Devotion/Adoration.
Prayers of the Church:
Mon. to Fri.: 8.40am.
The Church is open Monday to Friday
from 10am to $\mathbf{1 p m}$ for private prayers.

## Sacrament of Reconciliation:

Confessions every Saturday 5.15pm and after the evening Mass.

## Legion of Mary:

The Legion of Mary meets every Tuesday evening at 7.30 pm in the Confessional Room in the church. Their works include home visitation and outreach to the poor. All are welcome.

## Faith formation Classes:

Catholic Faith Formation classes for children aged 6-17, every Saturday from 4:45-5:45 pm in Divine Mercy Parish. Classes will be held in age-appropriate groups. No cost involved. Children from neighbouring parishes are welcome to attend. Registration on arrival.
For more info, email:
catechismlucansouth@gmail.com

## Home Visits Holy Communion:

If anyone who cannot come to Mass would like to receive Holy Communion at home from Fr. Aidan or a Minister of Holy Communion, please contact the Parish Office 01-4572900.

Bingo:
Bingo takes place every Wednesday in the St. John Paul II Room. Doors open at 7.00 for 7.30 pm . All welcome to play for big prizes.

Wednesday tea/coffee morning:
There is a cup of tea/coffee and a slice of cake after 9.15 am Mass every Wednesday in the St. John Paul II Room (room with tables and chairs to the right of the porch at the main Church entrance). All are most welcome.

## St. Patrick's Esker/ <br> Dodsboro/Adamstown <br> www.stpatrickslucan.ie

Sunday Mass Times: 9am, 10.30am, 12 noon.
The 10.30am Family Mass is aimed at younger parishioners and their families.

Weekday Masses: Monday to Saturday at 10am.
All Masses livestreamed at stpatrickslucan.ie

## Adoration:

Adoration is held every Saturday morning after the 10 am Mass from 10.30am to 11.30 am . All are welcome.

## St Patrick's Prayer Meeting:

Meeting every Monday night in the Pastoral Centre, (Side of St Patrick's Church) from 7.30 pm to 8.15 pm .

## Confessions:

Confessions after Saturday 10am Mass and after Thursday 10am Mass.

## Communion for the Homebound:

If any member of your family is sick and housebound, and would like to receive Holy Communion, do please let us know. You can ring the Parish Office on 016281018 and leave you name and address, or email us at:
secretary@stpatrickslucan.ie
Tea/Coffee:
Every Wednesday Morning 10.30am in the Parish Centre. All are welcome.


## R.I.P.

## SR. MARY McDERMOTT

Formerly Presentation Sisters, Lucan
Sr. Mary, Tuam and formerly of Ballyroe, Williamstown, Co. Galway. (Peacefully) in the loving care of Yvonne and the staff of St. Mary's Nursing Home, Shantalla. Pre-deceased by her parents Teresa and John, her brothers Martin (infant) and Paddy and her niece Lucy. Deeply regretted by her brother Bosco, sister-in-law Anne, nephews Bosco Junior, Máirtín and Paul, nieces Mary, Alice, Úna and Suzanne, her Presentation Sisters, extended family and friends.
"Ar dheis Dé to raibh a h-anan dílís".

## Acknowledgement

CHRISTOPHER (CHRISTY) DIGNAM
The wife and family of the late Christy Dignam, Airlie Heights, Lucan, would like to thank all those who offered condolences and kindness when Christy passed away.

Special thanks to Fr. Philip Curran,
Fr. Parkie Mooney and Mary Barr for all their support at the time. Also to Cunningham's Undertakers for their professionalism and help.

The kind words spoken to us were very much appreciated by us all. Again thank you all.
Nuala Dignam and family

## Anniversaries

## PADDY MONAGHAN

$1^{\text {st }}$ Anniversary $-25^{\text {th }}$ January
Although you sleep in Heaven now
You are not that far away
Our hearts are full of memories
You are with us every day.
Greatly missed by Kathleen, David, Alan,
Patricia and Philip, daughters-in-law, all of the grandchildren and extended family
Anniversary Mass at 6.30pm in
St. Mary's on Saturday $27^{\text {th }}$ January.

## MARIE COWLEY

## $3^{\text {rd }}$ Anniversary

Those we love don't go away
They walk beside us every day
Unseen, unheard but always near
Still loved, still missed and very dear
Till we meet again, rest in peace.
In loving memory from her husband and all the members of the family

## ANTHONY CARTY

$1^{\text {st }}$ Anniversary - $31^{\text {st }}$ January
In loving memory of a very special Husband.
When God was making husbands
As far as I can see
He made a special soulmate, especially for me
He made a perfect gentleman
Compassionate and kind
With more love and affection
Than you could ever wish to find
He gave my darling husband Anthony
A heart of solid gold
Only my heart can hold
He was someone I could talk to
That no one can replace
He was someone I could laugh with
Till tears ran down my face
Next time we meet will be at Heaven's door,
When I see you standing there
I won't cry anymore
I will put my arms around you
And kiss your smiling face
Then the pieces of my broken heart
Will fall back into place.
Love you so much and will miss you forever, your wife Mary xxx

Dad - Missing you on your First Anniversary.
A Dad's love is special
A gift beyond compare
You only know the meaning
When he is no longer there.
A special time, a special face
A special Dad we can't replace
With an aching heart we whisper low
We miss you Dad and love you so.
Loved and missed so much from your loving
children Sandra, Gavin and Lorraine xxx
Grandad - A golden heart stopped beating
Hard working hands at rest
It broke our hearts to see you go
God only takes the best.
Loved and missed so much from your
grandchildren Lauren, Craig, Kellie, Hanna and
Ronan xxx

## Lucan Senior Citizens

We were shocked and saddened to hear of the passing of our friend Mary Clinton RIP.

Mary's family told us how much she looked forward to Wednesdays. She loved her time in the club chatting to her friends and taking part in the activities. Mary
 was a stylish lady with a great collection of hats. Her family were her pride and joy.

Sincere sympathy to Deirdre, Colm, Orla, Ronan, Damien, Adele, Una and all the family.

Wednesday $31^{\text {st }}$ January: Social Morning in St. Mary's Parish Centre 10.30 to12.30.

## Lucan ICA

Monday 29 ${ }^{\text {th }}$ January: Craft Group meet as usual from 10am to 12.30 pm . Fiona's Jewellery Class is a great success; the ladies are creating lovely bracelets.
Tea Hostesses: Mary Skelly and Nuala Corbett.
We will not be open for crafts on Monday $5^{\text {th }}$
February as it is a Bank Holiday (St. Brigid).



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## Women Collective Ireland - Lucan

have some amazing classes and workshops happening in Lucan this spring. Get in touch for more information!
WhatsApp/Call/Text: 0896112018 / 083
8607947 Email: lucan@womenscollective.ie
This MONDAY 29 ${ }^{\text {th }}$ January 2024 St Brigid's Day Fun Workshop in Adamstown Community Centre. Join us to honour Saint Brigid, a beacon of spring, healing, and poetry. Discover the legend of Saint Brigid's cloak - a tale of faith, miracles, and a visionary dream. Embrace the symbolism of Brigid's Cross - a powerful ancient charm turned into a stunning Irish decoration. We will make our very own crosses to bring home!

## Get in touch for more information!

WhatsApp/Call/Text: 0896112018 / 083
8607947
Email: lucan@womenscollective.ie
SheSpeaks: vocal mastery journey for women!
Tuesday $30^{\text {th }}$ January @ 10.00am - 1.00pm (6 weeks)

Radiant Soul 6 week self-discovery \& wellbeing course Adamstown Youth \& Community centre Thursday Mornings

Intermediary Restorative Yoga Wednesday $24^{\text {th }}$ January @ 10.30am - 11.30am (7 weeks) Only 2 SPOTS LEFT $€ 30.00$ for 7 weeks

International Women's Day annual event Thurs $7^{\text {th }}$ March @ $7 \mathrm{pm}-9 \mathrm{pm}$

## Series of Information Workshops

Women's Place in the Home referendum Thurs 22nd February @ 7pm-9pm
"Lucan Sister Readers" Monthly Feminist Book Club
Women's Multicultural Breakfast
https://www.facebook.com/womenscollectiveirela ndlucan/
https://www.instagram.com/wci lucan/
https://twitter.com/wci lucan



Between Isha and Jocelyn, we've had our fill of storms in the past few days -10 storms already this season! Thankfully, there was not great damage done in our neck of the woods, though sadly, one of the old headstones in the church back carpark fell victim to a gust!

The headstone of Capt. Robert Colthurst who along with his brother, Col. David Colthurst, was responsible for building the Presentation Convent in Lucan back in 1867, was laid low by Jocelyn!



Birdie spotted a sign for Christmas Trees still for sale in Lucan - time now that the retailer removed such a sign from the roadside in Finnstown.

St. Brigid's Feast Day coming up on Thursday next, $1^{\text {st }}$ February - This year, 2024 marks the $1500^{\text {th }}$ anniversary of the death of St. Brigid, one of our patron saints.

Last March, some of our team visited St. Bride's Church in Fleet Street, London - a church dedicated to St. Brigid of Kildare, and we learned that a link had been established between St. Bride's and St. Brigid's in Kildare. On Thursday next, an ecumenical service will be held in St Brigid's Cathedral, Kildare on the Feast Day of St Brigid, and St. Bride's Rector, Canon Alison Joyce, has been invited to preach at the event. Some nice ties being established there......

The statue of St. Brigid in St. Bride's Church, Fleet Street, London.


The Street Sweeper! The description of this job has certainly changed in recent times. Many will remember Har Farrell with his horse Blossom, keeping Lucan clean many moons ago.


Then we had a couple of men pushing hand carts and sweeping up along the way. The late Noel Dignam, above, was pictured on Main Street in 1991.


Now we have a little motorized gizmo that drives along the footpaths, sucking up anything in its way........

That's progress for you!

## Minder \&

 Toddler GroupThursdays
 in St. Mary's Parish Centre, from 9.30am to 11.30am.

All Welcome!


## CHOOL NEWS ItMit

 Bake Sale: On Wednesday, $24^{\text {th }}$ January, the student council are organising a bake sale in the school hall to raise money and awareness for Ruhama as part of Human Trafficking Awareness month. This is a very worthy cause and a lot of planning and preparation has gone into organising the day by the whole council and their teacher Ms. Banks.LCVP tour of Lucan: LCVP students took a tour of Lucan village for one of their portfolio projects entitled "My Own Place". This project requires students to work in groups to investigate their locality in relation to transport, enterprise, tourism, educational institutions and recreation. They will now use this information, along with information from two local councillors Vicki Casserly and Joanna Tuffy, who will visit the school on Wednesday 24th January, to complete their projects.
Parent Teacher Meeting: The second year parent teacher meeting will take place in the school on Thursday, $25^{\text {th }}$ January from 16:15 18:45. As a result, classes will finish at 15:30 for all students. We are looking forward to welcoming all parents and guardians of second years into the school on Thursday.
Follow Us on Twitter: @StJosephsLucan Follow Us on
Instagram: @stjosephscollegelucan Find us on our
Website: www.stjosephslucan.com

## Adult Education Service

The Adult Education Service in Lucan Education Centre, on Esker Hill are currently enrolling for free and flexible part-time courses
 commencing in January / February 2024. These Back to Education Initiative (BTEI) courses are at times to allow you to choose between one and four different subjects to fit around your busy life. Each subject is 4 hours, 1 morning per week. This can lead to QQI qualification.
The following subjects are available this term: Spanish for Beginners; Office Procedures; Wellbeing and the Internet; Data Entry; Developing your Business English Language Skills; Working with Microsoft Excel; Working with Microsoft Word; Work Experience; Medical Terminology; Bookkeeping: Manual \& Computerised.
For more details, contact
lorrainekavanagh@ddletbaes.ie
or call (01) 6283557.

## Coláiste Phádraig CBS

Awards: Well done to Niall Ryan Doyle who won the Mark O' Neill Student of the Month Award for December in recognition of his excellent contribution to Transition Year as well as his cheerful, positive demeanour in class and around the school.


Congratulations to $1^{\text {st }} \mathrm{yr}$ Finn Garner who won the Sports Star of the Month Award in recognition of his brilliant displays for the school's $1^{\text {st }}$ yr soccer team. Finn plays in central midfield for the team and he has greatly impressed his coaches with his tenacity, work-ethic and game intelligence.
Comhghairdeas freisin le Rohan Malik ón gcéad bhliain a bhuaigh an gradam Gaeilgeoir na Míosa do mhí na Nollag mar gheall ar an sár-iarracht a dhéanann sé an Ghaeilge a labhairt agus an sár-obair atá déanta aige sa rang Gaeilge.
The three winners each received a 20euro voucher as well as a framed certificate to recognise their achievements. Well done also to the class tutor student of the month winners who each received a 5euro voucher for the school canteen.

Football: Our u16 football team played their final group game of their League campaign on Tuesday as they took on St. Paul's Raheny. Lucan knew that they had effectively secured qualification to the 1-4 final after winning their opening two matches but they were determined to win the group to secure a home game in the knockout stages and potentially a more favourable draw. St. Paul's took full advantage of a very strong breeze to open up a commanding 107 to 0-2 lead by half time.
Lucan got back to within a point in the $2^{\text {nd }}$ half with Dara Garrigan scoring a fine goal but Raheny scored a breakaway $2^{\text {nd }}$ goal to go 4 clear. A successfully converted penalty from Michael O' Brien brought Lucan back to within a point but the team couldn't quite find an equaliser despite a lot of late pressure and Raheny broke away right at the end to knock over the final point of the game to secure a narrow 2-10 to 2-08 victory.
Lucan will now be away to the winner of another group in the 1-4 finals.

DCG: Our Design and Communication Graphics $6^{\text {th }} \mathrm{yr}$ students were busy last week putting the finishing touches to their Leaving Cert project which was due in last Friday $19^{\text {th }}$ January. $40 \%$ of the total marks in DCG are allocated to the
 production of the student assignment which involved graphical communication, creative problem-solving, spatial visualisation, computer graphics and Computer Aided Design (CAD) modelling skills. The students focused this year on modelling desk lamps and Mr. Mylod was very impressed with the high standard of finished
projects! The students will sit the final drawing exam in June, which accounts for the remaining $60 \%$ of the overall marks.

Soccer: Out u17 team advanced to the $2^{\text {nd }}$ round of the Leinster Junior Shield after defeating Colaiste Chiaráin 3-1 last Friday. Seán McGillicuddy, Kai Keogh and Ben Lawless scored the goals while William Smith won the player-of-the-match award for his superb display of passing, tackling and linkup play.
Our senior team were defeated 5-3 aet by Adamstown CS on Tuesday in the Dublin West League 1-4 final. The match was played in gale force conditions which didn't help either side. Tyler Doherty continued his excellent goal-scoring run this season with another two goals, bringing his tally up to 12 goals in just 6 games so far. Troy O' Dowd scored the team's other goal but some defensive frailties cost the team on the day as they exited the competition in a disappointing manner against their local rivals.

Green Schools: Four members of our Green Schools committee, David Farrelly, Freddie Molly, Aidan Hamill and Killian Grant, accompanied by Mr. Keane, attended a water workshop in Pearse Street last Wednesday as part of their endeavour to attain the next green flag for the school (which is on the theme of water). The committee currently has 20 members, all from TY and $5^{\text {th }} \mathrm{yr}$, and they have this year, and part of the next school yr, to work on getting the flag. The committee will be putting in their application in September 2024 and hope to have all of the necessary work done by March 2025 when decisions are made to award green flags to schools if their applications are successful. The students found the workshop to be very practical and informative and they reported back to the committee this week.

Enrolment assessments: The incoming First Years Entrance Assessment will take place on Saturday
27th January 2024. On the day, students will sit a computerised CAT4 test which assesses how well a student can think about tasks and solve problems using a range of different questions. The advantage of this form of assessment is that it produces an individual report for Parents/Guardians, giving a summary of their son's strengths and weaknesses and how he learns best. This is very useful information for Parents/Guardians as the $6^{\text {th }}$ class students transition from primary to post-primary school. We look forward to meeting our future students on the day.

Exam News: Our $3^{\text {rd }}$ and $6^{\text {th }}$ yr students began their mock exams next week and which will go on until Friday $9^{\text {th }}$ Feb, at which time they will have a well-earned mid-term break to recover from their exertions!


## Political $\mathcal{N}$ otes

## Clir Derren Ó Brádaigh - Sinn Féin

Mobile: 087-2136345.
Email: dobradaigh @cllrs.sdublincoco.ie
CCTV \& Illegal Dumping - Lucan: I continue to seek updates as to the 'Code of Practice' often cited, when I bring illegal dumping black spot concerns and the need for installation of CCTV. The Data Protection Officer has reviewed and proposed an updated Surveillance Device Policy. This proposed policy includes Data Protection Commission recommendations and has been submitted to management for review in offering guidelines on CCTV installation.
Train Services - Lucan: At this week's local Area Committee Meeting, a motion I tabled was agreed, whereby a letter is being issued to Iarnrod Éireann requesting detail of additional train capacity that they have provided since 2021 in meeting and servicing population and commuter growth through our constituency.
Furthermore, I have sought confirmation with timeline of future plans to service Adamstown, Kishogue and Fonthill.

## Cllr. Paul Gogarty P.C.

"Not just at election time" Tel: 087-2752489
Web: www.paulgogarty.com
Swimming Pool site visit: At time of Newsletter going to print we were due to finally visit the Lucan Swimming Pool and Leisure Centre site. Assuming this visit took place as planned, you can get a detailed update on my website by searching "pool site visit".
Bus User Survey: Survey continues. We need as many people as possible to do it
at www.bit.ly/BusCorrect. Young Adult Leap Card users (18-23) especially welcome, so if you know a friend or family member, please pass the link on.
Cars Parking on path from Esker Lane to Ballydowd Grove: SDCC are to put yellow lines here and wardens will also patrol to discourage vehicles from blocking buggies and wheelchair users. More on my website shortly.
Peace Commissioner: If you need a document signed feel free to get in touch.

## Cllr. Shane Moynihan - Fianna Fáil

Email: smoynihan@cllrs.sdublincoco.ie
Web: www.shanemoynihan.ie
Facebook: cllrshanemoynihan
Instagram: cllrshanemoynihan
Twitter: @ shanemoynihan Phone: 087-7840898. Public Realm Improvement: I welcomed the many projects on the 2024 programme, many of
which I campaigned for, including seating to be installed in Ballyowen Park and upgrades to the paths and entrances in Hermitage Park.
Roads, Footpath and Cycle Track repairs:
I welcome the announcement of significant investment this week, including road resurfacing in Foxborough, on Castle Road, in Ardeevin, Arthur Griffith Park and St Finian's, footpath repair in Hermitage Road, Earlsfort, Ardeevin, Esker Park and Lane and an upgrade of the Griffeen Road cycle track. Full details available on my social media pages.
Ballyowen Community Centre: I was honoured to be re-elected as Chair of the Board of Management of Ballyowen Community Centre and am extremely proud of how far the centre has come over the past two years. Thanks to members of the community for their support.

## CIIr. Vicki Casserly PC - Fine Gael <br> Peace Commissioner. Tel: 0858317982. vcasserly@cllrs.sdublincoco.ie

Footpath Repairs: At this month's area committee meeting, we were presented with the draft footpath repair works for 2024. Included in this was: Adamstown Estate, Westbrook Park, Greenpark, Hermitage Road, Esker Park/Esker Lane, Ardeevin, Castlegate.
Separate to this, we were assured there is a direct labour programme for any serious problematic areas that may arise throughout the year. Tree Pruning is also scheduled for the following areas between January and June 2024, Ashpark Brookvale, Fforster Estate Griffeen Road, Avenue and Way, Adamstown Road and Avenue.

## Emer Higgins TD - Fine Gael

01401 3416. Emer.higgins@oireachtas.ie
Rent-a-Room Relief: The $€ 14,000$ a year that can be earned from renting a room can now be disregarded in the means test for a medical card under proposed legislation approved by the Government. Medical card assessments will not be impacted by Rent-a-Room scheme participants who can earn up to $€ 14,000$ by privately renting out a room in their home. Previously this income was a contributing factor, along with other income and expenses, as to whether a person qualified for a medical card. This was a particular concern to pensioners who would benefit in many ways from the scheme. Now they and others can be assured that the Rent-a-Room scheme is a viable option.
Newsletter: Lucan residents should have received my latest Newsletter this week. If you haven't got one, and would like a copy, please contact my office.

CIIr. Liona O'Toole - Independent
0872795274. lotoole@cllrs.sdublincoco.ie www.lotoole.com
Arthur Griffith Park Road Markings
Proposals: I am pleased to announce that the council has initiated plans for road markings in Arthur Griffith Park. For those interested, I can provide copies of the plans and facilitate connections with residents and council engineers. Simultaneously, the Traffic Section has drafted proposals for parking designs, uploading them for several locations. Given the numerous squares in the estates, we anticipate robust discussions. Meetings with residents will be scheduled soon to reach a consensus efficiently. Broad support for proposals will lead to implementation, while any dissent will be respected, ensuring a collaborative process.
Sister Shed Launch in Lucan: Delighted to share details for the Sister Shed in Lucan after the success of my recent motion. Join us on Friday, 23rd February 10am-12pm, at Adamstown Youth and Community Centre. Thanks for all the expressed interest. See you there!

## Caroline Brady - Fine Gael - P.C.

- 0852551602 info@CarolineBrady.com

Esker Lane: There is a build-up of water on both sides of Esker Lane close to junction with Lucan Road. This issue was brought to the attention of SDCC requesting that the surface water drain be inspected and cleared to address recent issues of ponding.
Lucan Demesne: The barriers securing the damaged wall on Leixlip Road opposite the Maxol are tilting into the Demesne following the storm. This issue was brought to the attention of SDCC requesting that the barriers are inspected and made safe were necessary.

## Barry Andrews MEP - Fianna Fáil

Email: barry.andrews@europarl.europa.eu Contact no: +3222845618
I have called upon the Irish Government to take decisive action by aligning with recent decisions by other EU Member States to amend existing legislation and restrict access to nitrous oxide, commonly known as laughing gas.
The gas is typically used as an anaesthetic to relax patients without putting them to sleep, and is used in the catering industry to make whipped cream. In recent years, people have started inhaling it to get high. Dispensing it into a balloon and inhaling is the most common method of consumption. Disposed nitrous oxide canisters are widely visible on our nation's streets. It remains
accessible online and in small retail outlets due to its commercial uses.
Increasingly popular with our youths due to its ease of access and often costing as little as $€ 2$, I believe it is this century's 'gateway drug'. I am concerned that Ireland is falling behind other EU nations that have already restricted access to the gas.

## Gino Kenny TD - People Before Profit

Phone: O85 7211574. Email: gino.kenny@oir.ie Cannabis Regulation Bill: Next week People Before Profit will be using its private member's time on a bill to amend the misuse of drugs act to decriminalise those in possession of cannabis for personal use. The Citizens Assembly on Drug Use recently recommended that the government change policy on drug use for personal use.

## Solas Bhríde- Brigid 1500



January 31, 7:15 pm - 8:30
pm.
Pilgrimage on St. Brigid Eve - Japanese Garden's Carpark Japanese Gardens, Kildare.

Join us for a candlelight pilgrimage at the dawn of springtime and the eve of St. Brigid's Day.

February 1, 10:00 am - 11:30 am
Lá Fhéile Bhríde
Solas Bhride Centre Solas Bhride Centre \& Hermitages, Tully Road,, Kildare Town. Cross Weaving Workshops

February 1, 12:00 pm - 12:01 pm GMT
Pause for Peace
Join us in a global Pause for Peace.
February 1, 8:00 pm
Altan in Concert with RTE Concert Orchestra.
St. Brigid's Cathedral The Square, Kildare.
Join us for an electrifying St. Brigid's Day celebration as Altan perform with the RTE Concert Orchestra

February 4, 10:30 am - 12:00 pm GMT
Mass at St. Brigid's Well
St. Brigid's Well Brallistown Little, Kildare
Town, Co. Kildare, Ireland
Parking available at Solas Bhride
February 8, 7:30 pm - 8:30 pm
Annual Celtic Lecture: The Secrets of St.
Brigid Kildare Education Support Centre Friary
Road, Kildare Town.
The Secrets of St. Brigid FREE


## NOTICE

Lucan Sarsfields has recently moved from ClubForce to ClubZap. Going forward it can be used for club communications, to pay and renew membership and to play the lotto. It will also provide our members with both match fixtures and results. We encourage all our members to download ClubZap.

## Football

Lucan Sarsfields is delighted to announce the appointment of new senior football management. The team will be led by Conor Bresnan as manager. Conor has been as coach with many teams in the club since retiring from a long career as a senior player. He will be joined by Tom Byrne as lead coach and Damien O'Brien as selector. Daragh Molloy has also joined as S\&C support. The club acknowledge the valued and continued contribution of Ed O'Brien, Joe Lavin, Neville Murphy, Greg O'Neill, Alan McCarthy, John Condon and Niall O'Keeffe who continue in the various support roles with the team. They are now joined by Sam Keogh. We wish the new management team all the best for a successful year.

As we start the new adult football season, we still have some vacancies in the management teams for next year's adult and minor teams. We will field five adult teams and three minor teams in the coming season. Anyone interested in being involved in any capacity in any team please contact Gerry McAndrew (085 1744627) or David Herlihy ( 0873416702 ) in the coming days. This could be a very rewarding experience and great craic.

We are also implementing a change to the structure of the adult Director of Football role within the club. This change recognises that the role requires more than a single person to adequately address all football issues within the club. The new structure sees a small group led by Gerry McAndrew take responsibility for football Dave Herlihy, who held the role for the last 2 years, will remain as a vital member of this group, which has also been joined by Stephen Shaughnessy. Other members will be co-opted as required. Anyone interested in getting involved should contact Gerry McAndrew (085 1744627) or David Herlihy (087 3416702).


## Ladies Football

We hosted Wanderers Australia AFL teams in Abbotstown for a series of games. An U15/16 and U16/18 selection of Lucan girls took part in these friendlies. The players then returned to the clubhouse and the players of the matches were presented jerseys of the other team by our AllIreland Winner Abby Shiels. This was a great experience for all of the players and thank you to everyone involved in the organisation of the event.


Social
The Cúpla Focal Club started on Monday the 15th of January from $8-9 \mathrm{pm}$ and will continue every Monday. This is a great opportunity to learn Irish. All welcome.

## Healthy Club

We are taking part in the Irish Life 'Every Step Counts' Challenge again this year. We encourage all our members to signup via the Irish life app. This is a great opportunity to exercise and with the change of winning some money for the club.

From Wednesday the 17th of January at 7:30pm we will be doing 'Ireland Lights up' for 6 weeks. This is an initiative with Operation Transformation to get groups of people to walk and talk in a safe environment during the dark winter evenings. We hope to see you all there.

## Lotto

No Winner of last week's lotto jackpot of $€ 3,000$. The Numbers were 9, 14, 15, 22.
The lucky dip prizes go to JJ Hegarty, Sean McGann, Sharon Byrne, Claire Levingston and Caitriona Montgomery

This week's Lotto will be for a jackpot of $€ 3,400$. The draw is sponsored Clandillon Motors and will be led by Josephine Donohue.

Thank You for supporting Lucan Sarsfields GAA Club.

## ESPORTS

## LUCAN HARRIERS A.C.

National Masters Championships
A group of Lucan Harriers travelled to Indoor Arena in Athlone to compete in the National Masters Championships on 13th January. PBs and medals galore!!
In the field events we had Katriona Power in Weight for Distance threw 6.76 m to win the gold and bronze in the shot putt with a 9.02 throw. Laura McAteer had some great jumps in the long jump and claimed the silver medal. On the track we had 8 participants, we started off with the 1500 m Breda Smyth getting the bronze, Breda went on to compete in the 800 m and was 5 th, Eileen O'Brien also competed in the 800 m where she got the gold medal. John Healy was the last of our 800 m runners and he stormed home in 5th place, with an indoor pb of 2.27 . We had 4 athletes compete in the 400 m John Flanagan, he had a tough race with heats, he ran it in 68.4, Sorcha Dineen ran a pb of more than 2 seconds to get silver, Leanne Wellings was 4th in her 400m race and finally Carol Kearney won gold in 400 m . Lucan had 5 race the 200 m , John Flanagan ran a strong race, he finished 5th, Sorcha Dineen raced another pb in the 200 m and got the bronze, Leanne and Laura raced in a tough 200 m with Leanne finishing 4th and Laura 6th, Carol Kearney ran the 200 m with a photo finish and a silver medal.


The day finished off with the Lucan Ladies Carol, Leanne, Dervila, Sorchca and Laura making up the relay team, it was a great end to the day with Lucan getting Silver in a very tough relay race.

## Celtic Cross Country in Scotland

Jacob Ciomek and Aoife Coffey represented Ireland at the Celtic Cross Country in Scotland on January 13th, Aoife finished 3rd in the U23 race with the Irish team winning gold and Jacob finished 8th in the U17 race and was part of the team who finished 2nd.

## Ladies 'Meet and Train' January $14^{\text {th }}$

On January 14th, the second race of the 'Meet and Train' league took place at Irishtown. Having successfully hosted this race previously, Crusaders set a personal best in being 'hostess of the mostess'. It is evident that Women's and Masters running are experiencing a surge and many who ran at the Dublin Masters XC in Raheny last week were also present. It was Donore to the fore -Caroline McCarthy was first over the line, followed closely by first timer Deirdre Lyons of Dublin Front runners and Lisa Gaughan of DSD. Raheny Shamrocks, fresh from their gold medal winning exploits of last week sent a good contingent. The field included nonother than the World 3000 m Indoors Masters champion, Ann Woodlock of Donore Harriers. The course was varied in terrain, a mix of tarmac, muck and grit. It took in a loop covering 3.5 k and did not fail to disappoint. This was coupled with amazing views of the bay, a treat after the steep uphill climb. Poolbeg Parkrun covers a similar route. Representing Lucan were - Fiona Allen, Sile McIntyre and Eimear Cooper. Fiona, never one to turn down a challenge, was first finisher, this time without a kayak or another obstacle Sile, on only her third outing of 2024 was next!! having set a pb at 5 k recently, as well as running at Dublin Masters XC last weekend. Eimear Cooper, in her second run of the league, showing no signs of fatigue and clearly enjoying XC, finished strongly.For those who haven't ventured out yet this year or indeed tried XC before, there is ample time and opportunity to take part: The league continues and race 3 is in Tymon Park on Sunday $18^{\text {th }}$ February. The final race of the series will be at Abbotstown on Sunday 3rd March.

National U20-U23 Indoor Championships in Athlone 3 National Indoor titles for Lucan Harriers at the National U20-U23 Indoor Championships in Athlone on January $20^{\text {th }}$. Saoirse Fitzgerald retained her U20 National Indoor title in the 800 m with a really composed run. In the U23s we had Kate O'Connell winning the 400 m breaking the field with a lightning fast first 200 m and Dara Donoghue the taking the title in the 800 m with a blistering last 100 m to go from 4 th to 1 st. Well done to all who competed from Lucan Harriers.


## Na Gaeil Óga CLG

Fáilte chuig Nuachtlitir Na Gaeil Óga, áit a bhfaighidh tú an t-eolas is déanaí faoi gach rud atá ag tarlú inár bpobal bríomhar.


Acadamh na Gaeil Óga: Briathar Na Gaeil Óga á scaipeadh i Leamhcán. Tá an tAcadamh, seisiún spraoi do na Gaeil is óige ar fad ar siúl gach maidin Sathairn i nGaelscoil Naomh Pádraig. Páistí 2018 ag 10am agus 2017 ag 11am. Fáilte ar leith roimh theaghlaigh Ghaelacha as gach cearn den chontae agus as Gaelscoileanna.


Clár forbartha Faoi 14 Chamógaíocht BÁC:
Comhghaird eachas libh a chailíní. Éabha de Búrca, Leah Nic Giolla Phádraig, agus Anna Nesbitt a
 ainmníodh chun ionadaíocht a dhéanamh ar son Na Gaeil Óga ar chlár forbartha Faoi 14 Chamógaíocht BÁC.

## LUCAN PITCH \& PUTT CLUB

Winter League: Week two of the Winter League was played in very wet and windy conditions but nevertheless we had some very closely contested matches. Group A had a free week. Group B saw the Knee Knockers drawing 6 all with McCann Cans. While Flynn's Flyers beat the Poppys 8 points to four. Group C saw Keeghams sharing the points with the Rhinos and the Dream Team beat Rooney's Rogues 8 points to four. Group D saw the Tractormen beating Price's Penguins 11 points to 1 and the Barbarians beat Paddy's Pirates 8 points to 4 . The ladies secured three scalps this week with Catherine Leonard beating Pete Anderson, Philo Condron beating Liam Price and Barbara Furlong beating Patsy Blake. We wonder if Patsy if going for three in a row next week!! Thank you to Halpenny Golf for continuing their sponsoring of this competition.
Membership Fees: Membership Fees can be paid on a Sunday morning at the club house to any committee member or you can pay online ensuring you quote your name and registration number.

New Members Welcome - Adults \& Juveniles: Our Club is now open for membership. If you would like to join our Club please download an application form from the website and fill in the relevant details and return same - or email the secretary at info@lucanpitchandputt.com. Indeed, you are more than welcome to call into the Club House and ask for any committee member who will be only too willing to discuss your enquiry - best time to call is on a Sunday from 10am
Get Well Wishes: We send our sincere best wishes to Michael Morris and Jimmy Thompson for a speedy recovery and looking forward to seeing them back in action very soon. To our President Michael Purcell we wish him every success in his upcoming surgery and hope that recovery time will be kind to him.
The club acknowledge with great sincerity the move brought forward by Lisa McCormack, the daughter of our member Michael Monaghan (Get Mick Moving - new double amputee in Lucan) and we as a club will not be found wanting in supporting Lisa's appeal.
Full Zip Tops / Jackets / T-Shirts: Members please note that Dora Keane is the contact for the stock of our club zip tops / jackets and t-shirts.
Function Room for Hire: Please note that we have a function room for hire in the evenings from circa 5 pm . Contact the secretary or email info@lucanpitchandputt.com - T\&C apply.

## St. Mary's Camera Soirée

The members of Soiree spent Friday morning mounting their exhibition in the Lucan Library which will run there for the month of February. If you are in the Library do take time to have a look.

This week Conor submitted a photograph of the first Snowdrops of 2024. It surprised me to learn that most species of Snowdrop flower in winter, before the vernal equinox and that many snowdrop gardens are open from the beginning of February.


Michael G was in Dun Laoghaire and came across the monument erected in honour of the visit of King George IV to what was then known as Dunleary in 1821. The king's visit led to the name of the town being changed to Kingstown. The town was given its present


Members submitted more beautiful photographs taken during the recent cold snap, including Conor's photograph taken in the recently opened Airlie Park in Adamstown. Wisely none of our photographers appear to have ventured out during Isha and Jocelyn.
 name in 1920. Near the George IV monument is a memorial to the sinking of the RMS Leinster. It comprises the anchor of the ship which was recovered by divers in 1991.
RMS Leinster served as the Kingstown-Holyhead mailboat until torpedoed and sunk by a German submarine on 10 October 1918, while bound for Holyhead. Researchers from the National Maritime Museum in Dun Laoghaire believe that at least 564 passengers, postal workers and crew lost their lives making it the largest single loss of life in the Irish Sea. The war ended one month later when Germany signed the Armistice at 11am on 11th November 1918.

