

Established 1967

www.lucannewsletter.ie Sunday 13th July 2025

Sub. €1

A Blind Eye to Different Needs!

It is shocking, although not surprising, to read of the incredibly long waiting list for psychological and psychiatric services for children in our country. We all know that prevention is better, cheaper and more effective for everyone than is cure! Lack of funding and embargoes along with the fact that every region has responsibility for itself provides the excuses for non-provision of services.

It is a well-documented fact that those with psychological and psychiatric needs find it most difficult to participate effectively in education and work as the supports necessary are not available in most countries of the world, not just in Ireland. Those with psychological needs are relegated to the lowest position in society, in turn then creating a 'burden' on consequent services later in life. The individual is then blamed for particular behaviours, homelessness and poor participation in employment! For those of us for whom education, employment, satisfaction in many realms, etc. are a matter of daily encounter, we need to spare a thought for those for whom the meaning derived from such satisfaction is not available.

In previous employment, I have sat with parents who were crying, tired, frustrated and screaming silently for some sign of hope as they join queue after queue from birth into the child's adult life seeking the most fundamental of services or even initial conversation, frequently sent back to the end of the queue if they had missed any part of the process. My moments of greatest satisfaction presented when it was possible to make any part of the process more accessible for parents. However, once any provision became available, they needed warning that whatever it was would need to be re-sought time and time again after this. There is no respite for those who care for those with needs as it is an uphill battle all the way.

On a seasonal level, the summer period can be very challenging for those with different needs, as some services close. This falls back to parents or carers who find this time of year exhausting and long for September at which time they arrive exhausted as the cycle of the year begins again. The least we can do is to be aware of people's possible frustrations, if we are not among the carers, and to have patience with those who might be agitated in the queue in the shop or are standing with a child whose sensory needs cause them to act in a frustrated manner. Most different behaviours have a cause that we cannot see. In the moment, let's give the benefit of doubt and a smile when a small part of our comfort is disturbed. In the larger frame, our society is only as good as its' care for the most vulnerable – let us open our eyes and ears and take the time to stand up for those for whom sourcing basic services is so difficult.

Cathy Burke, Catechist in the Lucan Partnership of Parishes

Lucan Citizens Information Centre

Our telephone number is **0818 07 5090** www.citizensinformation.ie

Email – <u>lucan@citinfo.ie</u> Our office is located in the Ballyowen Castle Youth and Community Centre, Ballyowen, Lucan



Opening hours Walk-ins to see an Information Officer

Tuesday:10am – 12pm and 2pm to 4 pmWednesday:NoneThursday:10am – 12pm and 2pm to 4 pm

Reception open

Tuesday:10am - 1pm and 2pm - 4pmWednesday:10am - 1pm and 2pm - 4pmThursday:10am - 1pm and 2pm - 4pmWe are closed on Mondays and Fridays.

Citizens Information Phone Service (CIPS) is open Monday to Friday 9 am to 8pm on 0818 07 4000

MABS – the Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over 20 years. MABS phone service is open Monday to Friday 9 am to 8 pm on 0818 07 2000

Rights of Young Workers

I just turned 15 and have finished school for the summer, can I get a summer job?

You can get a summer job if you are 15. If you are a young worker and in education, you are protected by extra employment laws.

If you are aged between 14 and 18 and work for an employer, you are a young worker. The law sets out different rules for young workers depending on your age:

Workers aged 14 and 15 are classed as 'children' Workers aged 16 and 17 are classed as 'young persons'

What do I need to give to the employer so I can work?

You must show the employer a copy of your birth certificate or provide other proof of your age. If you are under 16, you must also get written permission from a parent or guardian.

What kind of work can I do?

If you are 14 or 15, you can't work a regular fulltime job. But you can:

Do light work during the school holidays (with at least 21 days off during this time)

Take part in an approved work experience or educational programme (once it isn't harmful to your health, safety or development). Work in film, cultural, advertising or sport (under certain licences).

How many hours can I work?

If you are 14 or 15, you can work a maximum of 35 hours a week outside of school term time (or up to 40 hours if you are on an approved work experience).

If you are 14, you are not allowed to work during school term time. If you are 15, you can do 8 hours of light work a week during school term time.

What breaks am I entitled to?

Because you are under 16, you are entitled to 30 minutes rest break after every 4 hours of work, and 14 consecutive hours off between shifts. You must have 2 days off a week.

Read more about working hours for young people on <u>https://bit.ly/YoungWorkersRights</u>, or call Lucan CIC or CIPS on 0818 07 4000

Increase to income limit for Carer's Allowance and Carer's Benefit

Do you care for someone full-time?

Since 3 July 2025, the Carer's Allowance income disregard has increased.

The following income is not taken into account in the means test for Carer's Allowance:

If you are single, $\notin 625$ (up from $\notin 450$) of your total weekly income is not taken into account.

If you are a couple (married, in a civil partnership, or cohabiting), the first $\notin 1,250$ (up from $\notin 900$) of your combined total weekly income is not taken into account.

From July 2025, the Carer's Benefit income limit has also increased. The maximum you can earn is ϵ 625 a week (up from ϵ 450).

You may qualify for the Carer's Allowance if your income is below a certain amount. The Carers Benefit is based on your social insurance contributions.

Find out more about the Carer's Allowance and the Carer's Benefit on our website.



Lucan Active Retirement Assoc.

Spinning was demonstrated to the group

Below: Group had a stop for Ice Creams in Lisburn





Our Day Trip to Co. Down on 3rd July was a great success, including a visit to the Linen Museum, where the history of the changing of the Flax to Linen was explained in great detail and how it impacted the economy and the history of the North.

We also visited Newcastle, had dinner in the Carrickdale Hotel, and concluded with a sing song in the bus in the way home.

On 8th July we will visit Aras an Uachtarain. After that we will take our Summer break, and meet up again in September.

Why not come and join us. We meet in St. Andrew's Parish Centre, Main Street, Lucan, on Thursdays at 11.30am.

Lots of activities to enjoy. Bowls, Scrabble, Cards, Choir, and the chat. Coffee break at 1pm.

New members always welcome, come and join us in a friendly atmosphere and meet new friends.

FOUND

Keys found in Esker Cemetery on Wednesday. Handed into Lucan Garda Station.

Wonderful Article!

My husband picked up the Newsletter at a recent funeral in St. Mary's which had a lovely tribute to Fr. Philip. I don't think I have read such an excellent piece for a long time. It gives a real insight into the impact Fr. Philip's ministry had among the people of Lucan.

I see it is written by John Gormley and note from the website that he is soon to be ordained and so send him my prayerful best wishes.

I am a Church of Ireland minister in the west of Ireland and I am very impressed with the Newsletter in general and also the poem Capitulum Novum.

With very best wishes, *Andrea Wills*





On behalf of the Children's Charity LauraLynn, we thank the people of Lucan and beyond for your wonderful support for our

GARDEN OPEN DAY on Sat 14th June last. Though it rained much of Saturday, many called and dropped in donations over the weekend. All in all, the Open Day was a great success. *Thank you for your marvellous generosity. Joe & Áine Clayton*

Parish Notes



St Mary's, Lucan www.lucanparish.com



Sunday Mass Times: Vigil: 6.30pm Sunday: 10.30am, 12 noon. The 10.30am Family Mass is aimed at younger parishioners and their families.

Weekday Masses: Monday, Wednesday and Friday 10am.

Masses live-streamed on www.lucanparish.com

Summer Mass Schedule

The Summer Mass schedule has come into effect:

The only change to Sunday Masses is that there is **NO** 7pm Mass.

Weekday Masses: 10am on Monday, Wednesday and Friday.

Christian Meditation: We meet every Tuesday night at 8pm in the Parish Bungalow. *All welcome, Sr Geraldine*

Legion of Mary: Meeting every Thursday 5.30pm in the **Parish Bungalow** for Rosary and Prayers. *All Welcome*. Confessions: Saturday Evening 6.30pm Mass. **Divine Mercy Devotion:** Every Wednesday, in after the 10am Mass until 11am (unless there is a funeral), during exposition of the Blessed Sacrament, the Chaplet to the Divine Mercy is prayed in atonement for our sins and the sins of the whole world, asking God to defeat evil and bring peace to the world in these troubled times.

Bethany Bereavement Support Group: We meet on the 2nd Monday (at 10.45am) and the 4th Thursday (at 8pm) each month, in the Parish Centre. We are available to listen or just be there for anyone who is feeling lonely or lost following the death of a loved one. If you would like to attend a meeting, please contact the Parish Office. (Phone 01 6217041)

Visits to the housebound: If you are housebound you can call Deirdre at the parish office (01 621 7041) we will be happy to call on a monthly basis.

Lectio Divina: Lectio Divina meet every Monday evening (except Bank Holidays) at 7.30pm in the Bungalow to reflect for an hour on the following Sunday's gospel. *All are welcome*.

Baptisms in St Mary's: Procedure for baptisms in the parish. Parents who register their children for baptism are invited and must attend a preparatory meeting in the month before the ceremony. The ceremony of baptism will take place in two parts. The children will be welcomed at a short ceremony during 10.30am Mass, the Family Mass, on the Sunday prior to their actual baptism date. Dates bookable on line.

Cuppa: Why not come into the Coffee Dock for a cuppa and a chat after the10am Weekday Mass and on Sundays after the morning Masses.

St. Vincent de Paul

Church collection at all Masses **NEXT Saturday/ Sunday 19th / 20th July.** *Many thanks for your generosity.*



St Mary's Church, Lucan

Monday 14th July

Mass at 6.15pm. (Rosary, Confessions and Prayers 5.45pm)

St. Patrick's Esker/ Dodsboro/Adamstown www.stpatrickslucan.ie



Sunday Mass Times: 9am, 10.30am,

12 noon. Weekday Masses:

Tuesday, Thursday and **Saturday** at 10am.

Masses livestreamed at <u>www.stpatrickslucan.ie</u>

Summer Mass Schedule

The Summer Mass schedule has come into effect: Weekday Masses: 10am on Tuesday, Thursday and Saturday.

Baptisms in St Patrick's:

Procedure for baptisms in the parish. Parents who register their children for baptism are invited and must attend a preparatory meeting in the month before the ceremony. The ceremony of baptism will take place in two parts. The children will be welcomed at a short ceremony during 10.30am Mass, the Family Mass, on the Sunday prior to their actual baptism date. Dates bookable on line.

St Vincent De Paul -St Patrick's Conference

Church Gate collection before and after all Masses **NEXT Sunday 20th July**

Thank you for your generosity.

Adoration:

Adoration is held every Saturday morning after the 10am Mass from 10.30am to 11.30am. All are welcome.

Communion for the Homebound:

If any member of your family is sick and housebound, and would like to receive Holy Communion, do please let us know. You can ring the Parish Office on 01 628 1018 and leave your name and address, or email us at: secretary@stpatrickslucan.ie

St Patrick's Prayer Meeting:

There will be **NO** Prayer Meeting until September.

Confessions:

Confessions after Saturday 10am Mass and after Thursday 10am Mass.

Tea/Coffee:

Our Coffee Morning will be held after 10 am Mass on **Tuesdays** for **July** and **August**. Do drop in. *All are welcome*

Divine Mercy, Lucan South

www.lucansouthparish.net

Sunday Mass Times: Vigil: 6pm. Sunday Masses: 10.30am and 12 noon.

Weekday Masses: Mon.-Fri.9:15am. Sat.10am

Masses livestreamed <u>www.lucansouthparish.net</u>

Sacrament of Reconciliation:

Confessions every Saturday 5.15pm and after the evening Mass.

Prayers of the Church:

Mon. to Fri.: 8.40am. The Church is open Monday to Friday from 10am to 1pm for private prayers.

Adoration and Holy Hour Exposition of the Blessed Sacrament:

Mon: 7.30pm: Divine Mercy Adoration.Fri: 1.15pm: Adoration MMPH Cenacle.Fri: 2-3pm: Divine Mercy Devotion/Adoration.

Legion of Mary:

The Legion of Mary meets every Tuesday evening at 7.30pm in the Confessional Room in the church.

Mass of Thanksgiving for the Fruits of

Medjugorje: Every Thursday.
7.00pm: Rosary and Confessions.
7.30pm: Holy Mass. After Mass: Adoration, Divine Mercy Chaplet, Benediction. 8.15pm Adoration and Confessions 8.50m Benediction. *All welcome*

Home Visits Holy Communion:

If anyone who cannot come to Mass would like to receive Holy Communion at home from Fr. Aidan or a Minister of Holy Communion, please contact the Parish Office 01-4572900.

Wednesday tea/coffee morning:

There is a cup of tea/coffee and a slice of cake after 9.15am Mass in the St. John Paul II Room.

Registration for Religious Education Classes for Children who are attending non-Catholic schools

Children from first – sixth class must register for classes in advance of September. All details accessible via QR code.



Birthday Remembrance



Mary O'Brien 14th July

Late of Arthur Griffith Park Birthday remembrance of my late wife *Mary*. A robin came flying by I thought I knew its face It landed just in front of me And spread its wings of lace I looked and saw it smiling As it winked and flew away I'm sure I heard it whisper I'm with you every day *Happy Birthday Mary*, *Miss you, Martin xxxxx*



Mary O'Brien

We may not be able to see you But we know you are with us every day *Happy Birthday Mam*, *All our love, Roy, Elaine, Sam, Mya, Layla, Noah, and Isaac.*

Mary O'Brien

Memories of a lifetime All wrapped in our hearts Many things of long ago We treasure with all our hearts Although we sadly miss you We know we are not alone For you are watching over us From a place you now call home So always stay beside us Mam *From Mark, Regina, Tracey and Ian xxxxx*

Mary O'Brien

To nanny and great nanny O'Brien Your special day we cannot share Our gift to you must be a prayer So with broken hearts we whisper low *Happy Birthday Nanny O'Brien From grandchildren and great grandchildren*

Mary O'Brien

We all love you and miss you so so much We know that you are looking down on us And keeping us safe *Happy Birthday to the best nanny ever. Lots of love, Sam, Mya, Layla, Noah and Isaac.*

Mary O'Brien

Happy Heavenly Birthday Mary, Love and miss you so much Sleep tight kiddo. Phyllis xxx



Anniversaries

Eithne McGarrell 6th Anniversary, 13th July

Grief is the price we gladly pay, For a love that never fades away. We miss you, Mam—your warmth, your grace, The light you brought to every place.

Your voice, your touch, still lingers near, In every laugh, in every tear. But love like yours can't fade or end, You're still our Mam, our guide, our friend.

And though our hearts still ache today, We know we'll meet again someday— In that bright world where sorrows cease, Together once more, in Heaven's peace.

Forever loved and deeply missed by Eugene, Karen, Gerard, Sandra, Marie and all her grandchildren- each of whom she would have cherished dearly.

John (Johnny) Nolan 50th Anniversary, 13th July

He walks with us down quiet lanes, And speaks in wind and rain For the holy power of our memories Gives him back to us again. Loved and remembered by Mary, Martin, Anna and family.

Esker Cemetery Lucan

Annual Mass for the Deceased

will be celebrated on

Sunday 31st August 2025 At 3pm (weather permitting)



Cemetery Collection in aid of St Francis Hospice, Blanchardstown

Quote:

On my bad days, I seek you, On my good days, I thank you. On my great days, I praise you. But every day, I need you. Thank You, God, For always being here for me. *From the Divine Word Missionaries Calendar*.



Lucan Youth Fun

The 2025 Lucan Youth Fun summer camp is underway and hopefully being thoroughly enjoyed by all the participating children and teenagers. The successful operation of the camp relies not only on the time and effort of parents & volunteers but also on grants and

donations received towards the operation of the camp. If you would like to contribute to this long-standing Lucan camp tradition, we have a QR code by which you can donate €5. All



contributions are greatly appreciated and will go directly towards the camp.

Many thanks LYF committee

Kildare Animal Foundation OPEN DAY SUN 13th July at 1pm At Kildare Animal Foundation Kildare Town R51 YE00

Plants, crafts, bottle stall, cake stall, teas, antiques, face painting, pet gifts, kids games, BBQ and much much more.



FREE ADMISSION Plenty of parking and seating. Please join us for a fun filled family day out. No visiting dogs please as we have plenty to be petted on site.



Ballyowen Castle Community Centre

Email: info@ballyowencommunitycentre.ie

Telephone: 01 253 6105 or 085 867 1245 Find us on Facebook and Instagram to see what's going on

in the centre! Family Fun Day: We will have



our annual family fun day on Sunday 20th July from 1-4pm in Cluain Ni Ri Park Ballyowen Lane. It will be a fun filled day with Live Entertainment, Food stalls, Craft vendors, Yoga in the park, Teddy bears picnic, Fun family games and much more. It promises to be a great day.

Summer Project: We are delighted to announce the centre we be holding our first ever Mini Summer Project for ages 5–10-year-olds. It will run 14th - 17th July, cost is €25 per child and activities include Art, Crafts, Dance and Football.

Volunteer's: As the centre is growing, we are looking for the help of locals. If you have some spare time and would like to volunteer at some of our events please get in touch.



Here comes the Sun!

At long last we have a taste of a hot summer – we remind everybody to stay safe, during these days....

The Pipes of Lucan



Birdie has had a thought on the Village Green saga! What if the pipes in the photo above were some part of a 'musical contraption' that would play sweet tunes to us as we take our leisure on the new seating!!!!!!!

The newly built wall is certainly looking well....

Harmonies and High Notes: A Summer School to Remember

Last Wednesday July 2nd, the senior girls of St. Mary's Youth Choir in Lucan swapped their usual rehearsal space for the historic halls of St Patrick's College Maynooth, where they attended the second day of a three day event which makes up the Irish Church Music Association Summer School. It was a joyful, music-filled adventure that deepened not only their understanding of sacred music but also their sense of community. The day was packed with enriching workshops, led by gifted liturgists and musicians who brought new insights into the role of music in worship. From morning prayer through to evening prayer, the girls sang, studied, and shared in the beauty of liturgy and of course, had plenty of laughter along the way.



This year's Summer School guest speaker was Fr. Ricky Manalo, CSP, a Paulist priest known for his leadership in Catholic liturgy, music, and theology. Internationally recognized, he has influenced Asian American Catholicism and advanced the Church's engagement with topics like political polarization and artificial intelligence. His music formed the basis for many of the prayers and liturgy throughout the three days and we were ably guided through the music rehearsals by the brilliant Dominic Finn who is currently Director of Music at St. Colman's Cathedral in Cobh, Cork. The girls took part in the breakout choral workshop, led by Orla Barry, former director of the renowned Palestrina Choir. Despite the fact that all the other participants had already worked on the repertoire the previous day, the girls rose to the challenge and impressed Orla with their musicianship and enthusiasm. At the close of the session, she singled them out for special praise, noting how admirably they had grasped new and demanding material in such a short space of time.



The setting of Maynooth's campus added to the sense of occasion. Between rehearsals, there were chats over lunch, a walk to the village for an ice cream and even a little impromptu harmony while visiting the music department! I got to show the girls around where I had studied for my music degree and more recently where I had completed a wonderful two years studying for my Liturgical Music Diploma.

After lunch, we had another choral workshop with distinguished composer and chair of the ICMA Ian Callanan. We were made work very hard in this one – not only were we singing but we were dancing too as Ian had decided to add actions to all of his songs!! I think this was definitely a highlight of the day for the girls! The day ended with Evening Prayer, where all participants lifted their voices in one breathtaking sound—an unforgettable reminder of why we sing. Mary, our prayer guide for the evening, gave us each a stone with a bible reference for hope and over dinner, the girls were busily checking google to learn more about the meaning. A beautiful end to the day

Above all, the experience was a celebration of friendship, faith, and the power of music to bring people together. The girls returned home uplifted, inspired, and armed with lots of new hymns for the year ahead! A huge thank you to Fr. Philip for making it possible for the girls to attend. We are so grateful, and we will be keeping you posted with all the progress!

Aideen Cooney - Director of St. Mary's Youth Choir

Citizens Information

"Ours is a Story Still in the Making": 50 Years Of Citizens Information

The service began in the 1970s when the National Social Service Council in conjunction with local community groups throughout Ireland, identified the need for generalist information services to help "bridge the information gap between State services and the public." That need still remains with many people struggling to know what their rights and entitlements are and the advent of digitalisation of many services proving difficult for some groups in society.

In February 1974, a conference in Dun Laoghaire called the Right to Know identified the need for such a service and the then Minister Frank Cluskey committed to fund a nationwide network. On July 8th 1975, the first 25 centres were officially registered, this grew to 33 by the end of 1975 and 83 by 1979.

Today the network is made up of 8 Individual Citizens Information Service companies and the Citizens Information Phone Service, supported and funded by the Citizen Information Board (CIB).

Each Citizens Information Service covers a geographical area within its region as follows: North Dublin, Dublin South, North Connacht & Ulster, North Leinster, North Munster, South Connacht, South Leinster and South Munster. The Citizens Information Phone Service, CIPS, based in Cork provides a Nationwide service Over 90 offices around the country provide a face to face service to clients across a wide range of topics.

In 2024, the Citizens Information Nationally dealt with 767,168 queries. Dublin South CIS alone dealt with 58,504 queries and the demand for this service continues to grow. Dublin South CIS has citizens information centres located in Clondalkin, Ballyfermot and Lucan, as well as Tallaght, Crumlin, Liberties Usher St, Dun Laoghaire and Dundrum. We look forward to the future where we can continue to assist members of the public and ensure a free, impartial Information, Advice & Advocacy Service remains available.

45% of the queries related to social welfare with employment, housing, education, health, migration etc making up the rest of the queries. 1975 was an important chapter in the History of Citizens Information and on the anniversary of the registration of the first 25 centres, we celebrate the people who built these services and look forward to the next chapters in our story.

Visit <u>www.citizensinformation.ie</u>, drop into your local Citizens Information Service or telephone the Citizens Information Phone Service at 0818 07 4000.

Examples of services provided includes: Information on rights, entitlements and responsibilities

Help with understanding requirements for certain payments

Assistance with completing application forms for social welfare payments, medical cards, work place relations commission complaints, residential tenancy board complaints etc

Housing issues, information re private rented accommodation, social housing, Housing assistance payments etc

Representation for clients to Social Welfare Appeals office, RTB, WRC etc

Lucan Citizens Information Centre

Originally known as the Community Information Centre, this group was established in 1981 under the auspices of the National Social Services Board.



Lucan's early volunteers Back L-R: Jim Carroll Pat Mooney, Caroline Daly B.L., Carmel Carey, Geraldine Harrington, Rosaleen Murphy (who to this day sends in the weekly C.I.C. notes to Lucan Newsletter), Noreen Keegan.

Front L-R: Clare Brady, John Long, NSSB, Mona Sherry, Sheila Coll and Tara Greene.

Originally based in the Muintir na Tire Hall, and now at Ballyowen Community Centre, they offer information on social welfare entitlements, health, housing, consumer matters, and also provides legal advice and financial information.

SOCIETY FOR OLD LUCAN (SOL)

SOL is the **local history group** for Lucan; open to everyone. Free to join email OldLucan@gmail.com



to be added to our members' mailing list where full details of projects are shared. Facebook group; "Society for Old Lucan (SOL)" & Twitter: @Soc4OldLucan. Website: https://soc4oldlucan.wordpress.com/

Lucan Demesne Historical Walking Tour

Our walking tours of Lucan Demesne have resumed – the July event is fully booked, so join our mailing list to be advised of future dates.

Lucan Youth Fun at Lucan Demesne

Well done to Audi Murray (guide) and Mary and Harishi (assistant guides) who took the children of **Lucan Youth Fun** on a Lucan Demesne walking tour.



The children had a great time and were fascinated by the graves, the medieval tower, and the medieval "acoustic jars" in the church - Ireland's only in-situ medieval acoustic jars. You can view more about acoustic jars generally and why they were used in medieval times here: https://news.cnrs.fr/videos/the-enigma-ofmedieval-acoustic-jars

Our Graveyard Gardening Group

We meet in the village graveyard, for some light tidy up for 1 hour. The main aim of this work is to ensure the historical graves are kept free of invasive weeds, whilst respecting the rich biodiversity of the graveyard. Our work is in line with the Heritage Council's guidance for graveyard conservation. All tools and protective gear provided. Let us know if you would like to assist in this group on occasion.

ACRE A COMMUNITY RETHINKING

Maynooth Road, Celbridge. (next to Salesians College)

ACRE Summer Workshops: Plant a Wildflower Meadow with Ben Hickey



Join us for a Free Wildflower Meadow Masterclass! Date: **Wednesday, 23rd July** Time: 7:30pm-8:30pm Location: ACRE Project, next to Salesians College, Celbridge Discover everything you need to know about creating a beautiful Native Wildflower Meadow in this short but insightful Masterclass with Gardening Expert Ben Hickey. To book your FREE place, contact Frances at: Frances@acreproject.com Spaces are limited, don't miss out!

Art Therapy: Discovery Studio Creative Wellness Workshop

Your soulful summer reset starts **Saturday July 26th and August 9th** at Acre Project, from 2.30pm – 4.30pm. Creative Wellness Workshops and this isn't your typical wellness circle. Think: Guided art & journaling Nature-infused mindfulness Soul talks & expression challenges Space to reconnect to YOU Challenge your creativity. Recharge your spirit. Reclaim your joy. Spots are limited - To book, please email <u>DiscoverystudioIreland@gmail.com</u>

Lucan Library – July Events



Summer Activities for Younger Children Storytime - Tuesdays at 3pm. All welcome

Library Crafts for Under 6's with Méabh Tuesday 15th July at 3.30pm





Musical Tots with Karen Donnellan Saturday 19th July at 10.30 am

Booking essential for all events via Eventbrite

For Older Children

July at 12noon

Bee Habitat Workshop Friday 18th July at 11am - For children aged 8+ years Booking essential from Friday 11th at 11am

Bee Lip Balm Workshop 18th

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For children 10+ Booking essential from Friday 11th at 12 noon Anyone 4 Science Workshop

Board Games with Staff

Wednesday 23^{rd} July at 4.00 - 5.30



For ages 8-12. We will have a number of options including Cluedo, Catan and other classics.

Pottery Workshop 17th July at

3.30 pm. For children aged 9+ years





Explore Music – Mobile Music School Friday 25th July at 11 am For ages 6-10

Booking essential for all events via Eventbrite

My Little Library Bag

A free library bag with books and info for children starting school in September. Ask at desk for details.



Lucan Library Creative Writers Group –

Thursday 24th July, 10am – 12noon.



Lucan Library Classic Film Club:

Tuesday 22nd July, 5.30pm. Register at Library Desk.

Lucan Library Book Clubs:

Monday Lunchtime Book Club: Monday 28th July, 12noon Wednesday Book Club: Wednesday 30th July, 7pm



Lucan Library Knitters Club –



Every Monday 10am -12noon - new members welcome

Exhibition: The Choctaw Nation and the Irish: 180 years of Friendship

Esker Active Retirement Association

Well, our club may be officially on a summer break, but our social events go on. On Wednesday Helen organised a coach to take us out to an afternoon tea dance in The Royal Marine Hotel in Sutton.

This is our third year attending this event, and we all had a great time dancing along to all the old favourites.

Over the next two months we have further outings planned, Alpaca farm in Wicklow, followed by Mt Usher gardens on 23 July. Then on 21 August we're heading to Kildare, taking in National Stud Farm, Japanese gardens, and Newbridge Silver.

We'll be starting winter session in September, exact date later.



We are currently looking for volunteers who would be especially interested in working in schools in Dublin 11 & Dublin 15, to start in September / early October 2025 - and be available 2 mornings per week for the academic year.

Informal interviews will be held in our Head Office in Christchurch Square ASAP. Garda Vetting will be carried out by Barnardos in advance of starting the programme.

Training will be provided by Barnardos on Tuesday 26th, Wednesday 27th and Thursday 28th August 2025 – All interested volunteers must be available to attend this training before being considered for the role.





We are delighted that in this year of their Golden Anniversary that the South Dublin Model Railway Club will be in St Andrews Parish Centre during this year's Festival.



They will have an exhibition of working model railways and they will be open to the public on Sat and Sun afternoons 6th and 7th September.

The Club has been in the Festival line-up for a long number of years and always put on a great show.

They are looking forward to meeting with you.

Joe Byrne

Older people need your support!

ALONE is recruiting volunteers to provide companionship and support through their Telephone Support & Befriending service for older people.



ALONE asks that interested volunteers commit to one set shift of 2 hours per week for a minimum of 6 months. Visit **alone.ie/volunteers** for more information.



Healthy Club Committee

It was a huge honour to have our own Ollie Skehan and Audrey Kane from the Healthy Club Committee represent the Lucan Sarsfields at Croke Park during half time of the Tipp v Kilkenny semi-final. They spoke with Dáithí Ó Sé about the incredible impact of the Movember Ahead of the Game programme on our members' mental health and wellbeing! Two great club representatives, well done for spreading such an important message.

members of all abilities. All our camps are dual football and camogie/hurling, hurls and helmets can be provided if needed. This year alongside



our camp jersey each child attending will also receive a Lucan Sarsfields Camp sliotar! We would like to thank Keane Windows for their continued support of our camps. Bookings can be made via clubzap, the QR code in the poster or the following link:

https://lucansarsfields.clubzap.com/categories/ca mp/products

Finding Charlie's Voice

Finding Charlie's Voice is a charity created to support children and young adults living with



Summer Camps

Our summer camps and campa samhraidh trí ghaeilge are open for registration, but spaces are filling up fast. They are open to all boys and girls starting primary school in September or just finishing primary school



this year. We welcome both members and non-

speech language and communication needs. Based in Lucan and with Charlie's sister Sophie a player in the club this is a charity very close to home. In 2025 they were selected as one of the GAA's official charity partners, and this Saturday, July 12th at the All-Ireland Semi Final Football game in Croke Park, *Finding* Charlie's Voice will be showcased in the match programme, and with promotional ad during half time as well as pitch side interviews! They have supported over 350,000 kids in schools and countless more in playing fields, pitches, parks and tracks. This is an enormous day for the charity! They have asked that if anyone from the club is at the match, they would love to see and hear from you if you see them! (and tag them on insta @finding charlies voice)

Lotto

We had no winner of last week's lotto jackpot of €1,800. The Numbers were 13, 17, 18 & 21. Lucky dip's go to Tom Flannery, John & Geraldine Mitchell, Ken Kearney, Sarah

Hazel & Alan Cherubini. This week's Lotto will be for a jackpot of €2,200. This draw is sponsored by REA McDonald Auctioneers.





Thank You for supporting Lucan Sarsfields GAA Club.



LUCAN HARRIERS A.C.

Fantastic day at the National U20 & U23 Championships in Tullamore last Saturday. Superb run from Kate O'Connell coming from behind in the home straight to win gold and cement her place on the 4×400m team for the European U23s later this month.

A great run from Eve Noctor too to take bronze in 800m in her first outing at U23 level.

Aisling Fitzpatrick continued her excellent form with a 5th place finish in the U20 1500m in a highly competitive race.

A strong performance also from Maggie Jez in the U20 800m, unfortunately Maggie didn't progress to the final.

Well done all. Photos @gmu.photography

Bio Freeze 5 Mile

9 Harriers ran the Bio Freeze 5 Mile.





First home for Lucan was Dylan Wright, in an incredible 4th place, with a time of 00:24:51, followed by Gavin Nolan, 175th place, in a time of 00:32:17, Kathleen Trunk, 391st place - 00:37:21, Vimal Kumar Satyarthy, 512th place - 00:39:28, Fiona Allen, 739th place - 00:41:40, Eileen O'Brien, 777th place - 00:45:16, Jessica Molloy, 966th place - 00:46:57, Rosemary Gaine, 1133rd place - 00:52:38, Noelle Carr, 1321st place - 00:49:21. Great Going!



Kate O Connell and Eve Noctor



POLITICAL NOTES

Paul Gogarty TD – Independent

Working with Cllr Helen Farrell "*Not just at election time*" Dáil office: 01 6184078. WhatsApp: 0892364871. Website: www.paulgogarty.com

Dáil report:

This week at the EU Affairs Committee we discussed the findings of the latest opinion poll on European Union membership, while at the Enterprise, Tourism and Economic Development Committee there were meetings on the revised estimates and the auditing of company reporting. My Dáil contributions included monitoring prices in supermarkets and the need to streamline the Garda vetting process.

Esker Cemetery Columbarium:

Good to see the installation of walls and hard landscaping completed. Soft landscaping will follow in the autumn when planting conditions are more suitable. The final detail on the administration and management of the walls is currently being developed and it is hoped that the facility will be available for use in the coming months. There are five walls with 20 niches in each wall.

Minister Emer Higgins TD – Fine Gael

01 618 3013. Insta: @emerhigginstd Emer.Higgins@oireachtas.ie

Get Active in Griffeen Park with SDCC South Dublin County Council's Active Parks programme is running free fitness classes this summer in Griffeen Park, Lucan. Park Fit takes place Mondays, and Park Yoga on Wednesdays, both from 6:30–7:30pm. Open to ages 16+ (please bring your own yoga mat). Registration is free on Eventbrite, search Active Parks South Dublin. This a fantastic opportunity to get moving in your local park this summer.

New Benches for Hermitage and Vesey Parks: It's great to see more seating coming to Lucan parks. South Dublin County Council plans to add 5 new benches in Hermitage Park and 3 in Vesey Park this year. Another 12 benches will also be installed along the Canal to Lucan Greenway. Seating will also be provided in Lucan Village Park as part of the Village Park upgrade project.



Shane Moynihan - TD – Fianna Fáil

Email: <u>shane.moynihan@oireachtas.ie</u> Phone: 01-6184128. Find me on Facebook, Instagram, X and TikTok.

Women's Collective Ireland:

I was delighted to be able to welcome the wonderful women of Women's Collective Ireland (Lucan) to Leinster House this week. This group is a very special set of people, and it was great to spend some time with them.

Playing pitches and facilities:

I raised the acute shortage of playing spaces and pitches for team sports in the Lucan area on the floor of the Dáil this week. There is a commitment to a playing pitches and facilities fund in the Programme for Government, which I will be pursuing to ensure it is realised. **Clinics:**

I am holding an advice clinic in Ballyowen Community Centre on Friday 18 June at 2pm. Please feel free to call 01-6184128 to make an appointment.

Cllr. Caroline Brady - Fine Gael – P.C. (085)2551602.

CBrady@Cllrs.SDublinCoCo.ie Lucan House & Demesne:

SDCC will publish the Masterplan tomorrow (Thursday 10th July) marking a key milestone for Lucan. The plan, estimate investment up to \notin 20 million is co-funded by the Irish Government and the EU (ERDF Regional Programme), integrating heritage conservation, climate resilience, enhanced green infrastructure and new community & cultural facilities. This investment will be transformative for Lucan. The plan will be delivered as a Part 8 including further public consultation giving you another opportunity to share your observations & feedback (consult.sdublincoco.ie).

Esker Graveyard:

Concerns were raised regarding overgrown bushes and trees. Council maintenance was completed on June 7th and 28th. Additional work, including hedge trimming, is scheduled this weekend. This will help present the grounds in good condition ahead of the Blessing of the Graves which takes place Sunday August 31st at 3pm.

Political Notes continued over.....

Helen Farrell, Independent

Working with Paul Gogarty, TD, Independent Email: <u>hfarrell@cllrs.sdublincoco.ie</u> Tel: 087-2794936. Facebook: <u>http://bit.ly/4jHwrjR</u> Lucan House Masterplan Published:

The long-awaited Lucan House Masterplan was



published this week: <u>https://www.sdcc.ie/en/services/spo</u> <u>rt-and-recreation/tourism/lucan-</u> <u>house/</u>. I will be reviewing this and

Difference report back next week. Email me with feedback; hfarrell@cllrs.sdublincoco.ie SDCC says "The masterplan represents a substantial investment in heritage, quality of life, and sustainable place-making for Lucan and the wider county, supported by co-funding from the Government of Ireland and the European Union under the ERDF Southern, Eastern and Midland Regional Programme 2021-2027."

The sizeable, planned application by SDCC to An



Bord Pleanála to develop c. 30 hectares in Kishoge as part of the Clonburris Strategic Development Zone (SDZ) and c. 1,252 residential units, is closing for public

consultation 14th July. www.kishoge-part10.com

Submissions and observations can be made to An Bord Pleanála.

information here:



https://consult.sdublincoco.ie/en/cons ultation/kishoge-part-10

To believe....

....is to know that every day is a new beginning, miracles happen and dreams do come true. To believe is to know that angels dance in the clouds,

the sky is full of stardust, and the man in the moon is wise.

To believe is to know the value of a nurturing heart, the innocence of a child's eyes, and the beauty of an ageing hand,

for it is through their teachings that we learn to love.

To believe is to find the strength and courage that lies within us for when it is time to pick up the pieces and begin again.

To believe is to know we are not alone, that life is a gift and this is our time to cherish it.

To believe is to know that wonderful surprises are waiting to happen and all our hopes and dreams are within reach...

..... if only we believe



Now Hiring! Front of House / Administration Supervisor

At Marymout, located in Westmanstown, Lucan, we have taken pride in providing essential community service for almost 40 years, including long-term residential, convalescence, respite, palliative care and independent living.

We are looking for an experienced and organised supervisor to lead our front of house team and support the smooth running of business administration support at Marymount.

This role combines team management with hands-on administration, reporting, and communications. You will ensure our Front of House runs professionally, efficiently, and warmly for residents, staff, and visitors alike.

What you'll need

- 3 5 years' experience in office management role.
- Excellent communication and organisational skills.
- Proficiency in Microsoft Office.
- A relevant qualification in business/admin (desirable).

Join us for a rewarding work environment that combines flexibility, competitive pay, and support from like-minded colleagues. If you're passionate about making a difference in the lives of others, apply today.

To Apply:

For more information on this opportunity, visit our website: <u>www.marymountcarecentre.ie</u> Send your application with your CCV to: <u>careers@mmcc.ie</u>

Location: Eircode K78 FD29 (on the Lucan – Blanchardstown bus route)

Marymount Care Centre is an equal opportunities employer



St. Mary's Camera Soirée

The Camera Soiree submitted a varied bag this week. Joe was on the Curragh and sent us a photo of the gravestone erected in 1967 to the memory of a Fr. O'Farrell who was killed at the Gibbet Rath, the location of one of the largest massacres carried out during the 1798 Rebellion, when almost 350 United Irishmen lost their lives. Fr. O'Farrell was cut down while trying to intercede on behalf of the United Irishmen. Joe also caught a nice shot of harvesting in St. Edmundsbury.







Our wanderer in France sent us a photo of the Millau Viaduct. According to Wikipedia, as of October 2023, it is the tallest bridge in the world, having a structural height of 343 metres and it has been consistently ranked as one of the greatest engineering achievements of modern times.

Our wanderer also submitted a photo of a field of sunflowers. A common belief is that flowering sunflower heads track the sun across the sky. According to the Royal



Botanic Gardens at Kew only immature flower buds exhibit this behaviour. The mature flowering heads point in a fixed, typically

easterly, direction throughout the day.



Despite the science the Italian word for sunflower is "girasole" meaning "turn towards the sun".

The star of this week's selection is Josie's photograph of a 1935 Austin Taxicab which she found in the grounds of Carton House recently. Finished in red over black with black upholstery in the front it looks like a prop straight out of the Hercule Poirot television series. Its retractable rear roof allowed passengers to make the most of any clement weather!

Until next week stay safe!