



Established 1967

www.lucannewsletter.ie

Online only

Sunday 28th March 2021

Holy Week 2021



This Sunday March 28th is Passion or Palm Sunday and marks the beginning of Holy Week. With the Covid-19 restrictions still at level 5 this Holy Week will once again be a strange affair celebrated behind closed doors. Much as we would love to have the usual ceremonies with good congregations, the circumstances require that we do what is necessary in the interest of the common good. It's hard to believe that this will be the second occasion when Holy Week will be celebrated in this strange and muted way.

The Internet is a poor substitute for being present to one another in the church but it does at least afford us an opportunity to be together albeit in a virtual sense only. Holy Week, especially the days of the Triduum, i.e. Holy Saturday, Good Friday and Easter Sunday is an opportunity for us all to enter into the mystery of Christ's wonderful love for us as seen in his life death and resurrection.

St. Mary's arrangements...

In St. Mary's we will celebrate the Solemn Mass of the Lord's Supper on Holy Thursday night at 8.00pm. ***There are no morning Masses celebrated on Holy Thursday Morning.*** The 8.00 pm celebration invites us to enter in to the spirit of the Last Supper when Jesus instituted the Eucharist and washed the feet of his disciples in an act of loving service, commanding them to do likewise. Why not tune in to our online celebration on the webcam, make it a family occasion when TV is abandoned for an hour to make space for the Lord.

On Good Friday we will celebrate the Lord's passion and death at 3.00pm in the afternoon. Part of this ceremony is the veneration of the Cross, and we invite you to have to hand a crucifix, which you can venerate at the appropriate time in the ceremony.

The Church will open after the 3.00pm ceremony and will remain open until 7.30pm for private prayer.

On Good Friday night at 8.00 pm we will have the Stations of the Cross, with some contemporary reflections.

Holy Saturday would normally be a day for confessions but the restrictions don't allow for this at present. It is sufficient for individuals to make a confession to the Lord, with the intention of receiving the Sacrament when it becomes possible.

There will be no Easter Vigil in St. Mary's, instead we recommend you to tune in to the Vigil to be broadcast by RTE Television.

Mass on Easter Sunday will be at 11:00am

Wishing you all every blessing and joy of Easter.

*Philip Curran
St. Mary's Lucan*

Lucan Citizens Information Centre

www.citizensinformation.ie

COVID-19 has changed the service we offer to the public. Our drop-in service is not currently available, but we are taking phone calls, answering emails, and providing a call back service.



Call us on 0761 07 5090, leave a message with your name and number and an Information Officer will return your call within 2 working days.

Or you can email your query to us at dscis@citinfo.ie and someone will reply.

Citizens Information Phone Service (CIPS)
0761 07 4000 operates on Monday to Friday 9 am to 8 pm.

MABS The Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over twenty years. MABS Clondalkin, phone 0761 07 2270 or email clondalkin@mabs.ie

**The CIC will be closed
on Good Friday 2/4/21
and on Easter Monday 5/4/21**

Switching electricity or gas suppliers

If you are not happy with your current electricity or gas supplier you can switch supplier. You should check if you are in a fixed term contract. If you are, you may be charged for switching to another supplier. As there are many suppliers to choose from it is important to do your research to find the best option to suit your needs.

Before you switch you should:

Check your current bill to see what your usage is, the average amount you pay and how payment is taken

Find out when your contract with your current supplier ends

Use a price comparison website such as Bonkers.ie or Switcher.ie

Try to renegotiate with your current supplier

Make sure you have your MPRN for electricity or Gas Point Registration Number or GPRN (located on your current bill) and an up-to-date meter reading for the new supplier

The new supplier will tell the old supplier that you will be changing over. The CRU has more information about switching supplier.

What if I change my mind?

If you switch to a new supplier but then change your mind, you can cancel the contract if you signed up less than 14 days ago over the phone, online or at your doorstep. This is called a 'cooling-off' period

You can find out more about your consumer rights.

Smart meters

Since 2019, ESB Networks has been fitting homes and businesses with smart meters. Smart meters are the next generation of electricity meters and it is planned that all homes in Ireland will be fitted with smart meters by the end of 2024.

Smart meters will automatically communicate your electricity usage to your supplier, so there will be no more estimated bills. You will also have more information on your electricity usage than is available from current meters.

It is planned to replace the oldest meters with the new smart meters, however you can contact your electricity supplier or ESBN to apply for a prioritised installation. There will be no upfront charge to have a smart meter installed.

You can read more about the National Smart Metering Programme (NSMP).

https://www.citizensinformation.ie/en/consumer/utilities/electricity_services.html



We are looking for new volunteers to join our "Lucan Live" team as presenters and researchers.

If you have an interest in current affairs, local issues and a nose for a good story, please email stationmanager@liffeysoundfm.ie

Stay safe and well and a very Happy Easter from everyone at Liffey Sound

www.liffeysoundfm.ie or catch up on Facebook

Lucan Senior Citizens

Last year Fr. Philip wrote that it would be hard to feel Alleluia joy at Easter. Tentatively we can feel it this year. Many people have had their vaccine or a date to have one. Our expectations have been lowered. Now we are looking forward to seeing family and friends in our gardens again soon.



Since our Festive Flowers photos last Christmas, we had many requests to produce ideas for Easter Flowers. We made some of the arrangements that we have at our usual Easter Party, either for decoration or prizes. Easter crafts are made each year by some of our members and committee.



Our wire hen is used every year in our display. This was gifted to us by Nell Fleming RIP, many years ago, an enduring memory for us of a lovely lady.

All our deceased members will be remembered at Mass on Easter Sunday.



Thank you to everyone for the warm welcome we received when delivering Easter Eggs (*Socially Distanced*).

We wish all our members a Happy and Joyful Easter!

Parish Notes

St Mary's, Lucan

www.lucanparish.com

During Level 5 Masses will be livestreamed on www.lucanparish.com

Sunday Masses:

Vigil Saturday: 6.30pm, Sunday: 11am

Weekday Masses: 10am Monday to Wednesday

Wednesday at 7.30pm online prayer time in the presence of the Blessed Sacrament.

Arrangements for Holy Week

See front page.

Praying with Scripture:

Praying with scripture is continuing on zoom. If interested please contact Cheryl Murphy at 086 8343754 to register.

Private Prayer:

The Church will be open daily for private prayer on weekdays from **10.30am to 6pm** (funerals permitting) and on Sundays from **12 noon to 6pm**. Please enter by the Main Porch Door and exit by the side door (near the Nun's Chapel). Please ensure social distancing when visiting the church and use hand sanitizers provided when entering and leaving.

Deepest Sympathy to the family and friends of **Thomas (Tom) Kilduff**, Roselawn.

May the rest in peace.



Divine Mercy, Lucan South

www.lucansouthparish.net

All Masses will be livestreamed only on www.lucansouthparish.net

Sunday Mass: Sunday 10:30am

Weekday Masses:

Lent Timetable for services (Online only)

Monday to Wednesday: Masses at 9:15am and 7pm

See website for Holy Week Arrangements



St. Patrick's

Esler/Doddsboro/Adamstown

www.stpatrickslucan.ie

All Masses are now streamed live on the Parish You Tube channel during Level 5

Sunday Masses:

Vigil Saturday 7pm,
9am, 10.30am Family Mass and 12 noon.

Arrangements for Holy Week

**Holy Week Online Morning Reflections
(28th March to 3rd April)**

10am Monday to Saturday 5@10 Reflections
Join us online each morning of Holy Week for a 5 min reflection on the Psalms

Holy Thursday 1st April

10.00a.m. Online Morning
5@10 Reflection on the Psalms

5.00p.m. Online Family Mass

7.00 p.m. Online Mass of the
Lord's Supper followed by Solemn Procession to
the Altar of Repose

After Mass - Immediately followed by online
Eucharistic Adoration for Silent Prayer



Good Friday 2nd April



10.00a.m. Online Morning 5@10
Reflection on the Psalms

12.00noon Online Stations of the
Cross for Children

3.00p.m. Online Solemn
Celebration of the Lord's
Passion

7.00p.m. Online Stations of the Cross for Adults

8.00p.m. "Seven words of Jesus on the Cross" An
online service on the words Jesus Christ spoke
while dying on the Cross.

Holy Saturday 3rd April

10.00a.m. Online Morning 5@10 Reflection on
the Psalms

**7.00p.m. Online Easter Vigil this is the
principal
celebration of the Church.**

EASTER SUNDAY 4TH APRIL

9a.m. Online Mass

10.30a.m. Online Family Mass

12noon Online Mass

*Wishing you the graces and blessings of
a Happy Easter!*

Acknowledgement

GILBERT (ÉAMON)

We are deeply grateful to our family, friends and neighbours for the kindness and compassion extended to our family on the passing of our father Éamon Gilbert during these difficult times.



We know your kind thoughts are with us and have touched our hearts.

Go raibh maith agaibh.

The Gilbert Family (AGP)

Anniversaries

EIFFE (JIMMY)

4th Anniversary - 28th March

Forever in our hearts

Missing you always.

Your loving son Viv and Joanne xx

Also remembering Ma (Breda) xx



McAULEY (BRIDGET - BRIDIE)

11th Anniversary away from her earthly home

What we wouldn't give

Just to see you one more time

Ask advice

Get your wonderful baking recipes

Hold your hand

You and Dad are never far from our thoughts

And we silently whisper our petitions
To you both.

Always in our hearts, today and every day.

Your loving children Cecilia, Ernie, Marie, Jean,

Joe, Harry and Doreen, daughters-in-law,

sons-in-law, grandchildren and great

grandchildren, extended family and friends



**"Heal the past
Live the present
Dream the future"**



This flowerbed opposite the Demesne was replanted; also the welcome stone cleaned and lettering repainted. All carried out by two busy volunteers.

Thank you Mary and Olive.



Also, to you, the kind gentleman who gave a generous donation to one of our volunteers last week, we want to say thank you.

Palmerstown Camera Club

Palmerstown Camera Club invites all adults, who are interested in photography, to our monthly Wednesday night meetings.

We currently meet by Zoom from 8pm until 9.30pm.

To visit, free of charge, for one or two meetings, and to see how you can benefit please contact

secpcc@mail.com

See you on Wednesday nights.





Palm Sunday here already, and the **clock changes** this weekend too. While these days can appear very slow, it is surprising to find ourselves here already. We'll have an

hour less in bed this Sunday!



Earth Hour happens this Saturday night between 8.30pm and 9.30pm, when we're all asked to be mindful of issues surrounding climate change. Many buildings turn off their lights for the hour.

Easter Holidays – It's been a short term for pupils of both primary and secondary schools, as they now take a two-week break for Easter. No doubt all will be glad to get to this point safely. Then it's another challenge when they start back in April.

Air Quality in Classrooms! Did you know that most classrooms are now monitored for air quality? If the CO2 levels go above 1100 ppm (*recommended indoor level*) the teacher can then improve ventilation by opening more windows. Unfortunately, it is another expense for already overstretched school budgets, but well worth it.

Vaccines! It's heartening that at last many of us know some people who have received the all-important Covid jab. Hopefully, the rest of us won't be waiting too long.

Lucan Demesne has been getting a big tidy-up in the past week or so. One of the big containers is now gone from near the entrance. Might be an ideal spot for a ranger's hut or the likes!

The pretty **Wood Anemone** (*Anemone nemorosa*) presently carpeting the wooded areas, has off-white flowers with orange



centres. It belongs to the same family as Lesser Celandine, and garden plants belonging to this family include Christmas Rose (Helleborus), Delphinium, Monkshood (Aconitum), Aquilegia and Clematis.

Springtime Gardening! Great to hear all the lawn mowers out again, and people beginning to sort out their gardens. It is such a joy for many people to have a garden in these times.

Our Tidy Towns people are to be commended for their non-stop work all around Lucan. They are one group who can do so much while social distancing!



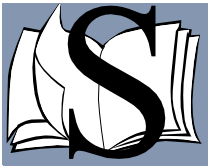
Someone sent us a video of this church bedecked in wonderful floral displays. We don't know where it is, but appears to be some Spanish speaking country.

We sent it on to the Flower Fairies at St. Mary's, but they informed us that their budget wouldn't stretch to that!

On the Sports front, Irish Rugby got a great lift on Saturday last by beating England in the Six Nations Championship. We must wait 'til after this Friday night to see where they finish.

The other boys in green, didn't do just so well against Serbia on Wednesday night, but the experts tell us that there is hope!

And hope springs eternal!



CHOOOL NEWS



the material settled, and the soil had become stratified into clay, silt, sand, and humus. Using their numeracy skills students then measured the soil to determine the amount of clay, silt, and sand present and which helped them determine the soil type they had.

Lucan Community College

Seachtain na Gaeilge 2021: Bhí spraoi agus craic ar fáil arís le SnaG 2021 i gColáiste Phobail Leamhcáin. Cé go raibh sé beagáinín difriúil do mhorán ranganna i mbliana bhí fós an spórt céanna i gceist.

Eagraíodh a lán imeachtaí ar líne agus sna ranganna ar scoil ar nós comórtas póstaeir, comórtas filíochta, comórtas gearrscéalaíochta agus comórtas griangrafadóireachta chomh maith le Tráth na gCeist, tomhais laethúil agus taispeántas 'Gearrscannáin Gaeilge'.

Comhghairdeas mór lenár mbuaiteoirí uilig. Rinne gach iarrathóir sár-iarracht, maith sibh. Bhí sé thar a bheith deacair teacht ar chinneadh.

Geography Land Use Survey with 6th Years:

Unfortunately, due to COVID 19 restrictions our 6th year students were unable to partake in our usual River Study at Kippure Estate in Wicklow. However, instead Ms. L. Quirke and Ms. Bean organised to carry out a Land Use Study of Lucan Village on Monday 14th of March. Students got the opportunity to develop their sketching skills as well as analyse the current Land Uses of the village and examine the different transport functions. Students will now use this information to write up their geography investigation project which is worth 20% of students overall Leaving Certificate grade. The students worked very well throughout the day and a big thanks to Ms. Flanagan and Ms. Carr who helped on the day.

Well-being Week: Well-Being week preparations are well under way now. It will take place Monday 19th April to Friday 23rd April. Lots of fun activities are planned for the week which all students can get involved in. Keep an eye out for the posters and timetable of events around the school. Well-being is going to be more important than ever for all after the difficult few months all students and teachers have had.

Geography with 1st years: Time to get their hands dirty! It was time for class Willow to go outside and do some geography work! Students collected soil samples from their gardens. The soil was then placed in a clear jar and water was added. Once the jar lid was tightly closed, they shook the jar and left it. After a couple of days,



Amber Flag: We are very excited to announce that here at Lucan CC, we are embarking on a new adventure; we are now taking on the challenge of obtaining an Amber Flag.

The Amber Flag aims to promote positive mental health and wellbeing for all the students in the school. Positive wellbeing means feeling good in your body and your mind, getting on well with others, feeling grateful for everything you have, enjoying life and feeling proud of the special person that you are.

Positive mental health is important to us as it enables us to lead happy, fulfilling lives. The Amber Flag hopes to encourage everyone to be caring and considerate to one another and bring about an improvement in our wellbeing. To promote positive mental health and wellbeing at our school, we are all working together to create a safe, positive, and healthy attitude towards our general physical and mental health and wellbeing.

We the Amber Flag Committee have been helping with activities to obtain the Amber Flag. We are planning a fundraiser for Pieta House, the founders of the Amber Flag initiative. Lots of activities and fun is planned during well-being week.

Transition Year History: TY History class, designed a frontpage report on the 1916 Rising. Some excellent work by Jamila Khan, Kate McCaffrey, Niamh McClelland and Rhys Moore.

Report continued next week!

Coláiste Phádraig CBS

Transition Year: TY students Eoin Kilduff and Matthew Duffy ran a very successful Kahoot! online quiz for 1st yr students recently. There were 60 challenging questions in total, with topics ranging from general knowledge, to riddles and even some CBS nostalgia! There was a great participation from our 1st yrs who took to the quiz with enthusiasm, energy and a strong competitive edge! Congratulations to our two winners Steve James and Dylan Briscoe who both enjoyed having freshly baked pizza delivered to right their door for their prize!

The Transition Year students have just completed a series of Mindfulness and Well-being Workshops which were facilitated by Jackie Farrell, a Creative Mindfulness Practitioner and teacher in Coláiste Phádraig. These workshops were held remotely via zoom on a weekly basis. The sessions were nice and relaxing - a calm space for the lads to pause, relax, listen and learn scientifically proven techniques to help manage stress and anxiety, regulate emotions, improve focus and attention and calm both the mind and the body. The sessions were well attended and the feedback has been overwhelmingly positive. The first of these workshops focused on an introduction to mindfulness and how it can positively impact our health and well-being. We now know that only about half the time our minds are paying attention. The rest of the time our minds like to go time travelling, to the past, to the future to planning, ideas, worries etc. Mindfulness, in simple terms is the act of *noticing* – noticing with kindness, curiosity and non-judgement.

In this class, the group became aware of and noticed their breathing. When we place our attention on our breath in a kind and curious way, we take the focus away from our busy minds into what is called the 'here and now'. The 'here and now' is simply what is happening right here in this very moment. The students were guided through a short breathing practice and asked to try this practice for one minute per day at home, and to simply notice how their minds responded!

In the second workshop a 'mind jar' was created using an empty glass jar, water, glitter, beads and sequins to replicate the busy mind and all it contains – the wide array of thoughts, feelings and emotions that we all have. Ms. Farrell talked about the power of pausing to breathe, allowing ourselves to 'just be', allowing the storm to pass in its own time. Mindfulness is a powerful skill, which when practiced, can help us respond rather than react to situations, people and challenges in our lives. It also creates more peace, clarity and space within our minds.

The third workshop focused on the students using their sense of hearing as a portal to the present moment - the practice of listening with mindful awareness. The students were guided through a

listening meditation where they brought their attention to the variety of sounds all around them. As they noticed their minds wander into different types of thoughts, they were gently guided to let these thoughts go and come back to the present moment, using sound as the anchor. The lads were invited to listen mindfully to their favourite song or band in this way, as their mindfulness practice for the week ahead!

Well done to the students who approached the sessions with an open mind. Ms. Farrell has a self-published Mindfulness book coming out soon entitled "My Busy Popping Mind" so it is well worth getting hold of a copy for further tips and advice in the area of well-being. It is highly recommended for parents of young children especially.

Careers: A 5th yr Subject Choices Information Session for parents was held remotely on Tuesday night 23rd March. The Careers and Guidance Counselling Departments, Mr. Fox and Ms. Hunt, as well as senior management, addressed the parents of current 3rd yr students (going straight into 5th yr) and TY students, and gave them extensive guidance on the options available for 5th yr students in Coláiste Phádraig. The session was extremely well attended and parents reported feeling much more informed about the factors that need to be considered when subject choices are being finalised. The parents also appreciated the detailed 34page booklet that was shared with them digitally. The booklet covers every subject offered in 5th yr in the school with the rationale for choosing each one clearly outlined.

Orals: We wish the best of luck to our 6th yr students who will be doing their Leaving Cert language oral exams during the Easter holidays.

Soccer: The Airtricity League of Ireland Premier Division kicked off last week and it was great to see a lot of recent past pupils getting some game time. Ciarán Kelly, who captained our 1st yr team to All Ireland success in 2012, started at centre back for Bohemians FC in their match against Finn Harps while Thomas Oluwa, who reached the FAI Schools Junior All Ireland final with the school in 2016, came on a second half substitute. Bohemians also signed talented goalkeeper Kian Moore (from our Leaving Cert 2020 cohort), to his first professional contract earlier this month so we will have good representation with the Phibsboro club in the coming season.

Conor Kane and Darragh Markey, two of the most talented players ever to represent the school, started for Drogheda United in their opening day win over Waterford. Andy Boyle, our Junior Leinster Cup winning captain, continues to be a cornerstone of the Dundalk back four so we wish all of our past pupils all the best for the season ahead.



St Joseph's College

Success at Student Enterprise Awards!

Congratulations to Transition Year group "Pawtastic Pals" who was awarded first place in the Senior category of the Student Enterprise Awards on Monday and TY group "Charmed" who received an award for Best Video!

"Pawtastic Pals" are Leah Graham, Neha Joice and Tara Hollowed.

"Charmed" are Anita Niyibizi and Emma Haastrup.

We had three TY groups in the County Final, which took place on Monday. Well done to all students who received awards. There was a wonderful collection of creative and innovative ideas on display! Fantastic achievement!



Geography Field Trip

Sixth year **Geography** Students carried out a study of erosion on the Griffeen River on Friday accompanied by their teachers Ms Kearney and Mr O'Connor. The Geographical Investigation constitutes 20% of their Leaving Certificate final mark. The students got stuck in from the beginning showing great team-work, co-operation and knowledge of the task in hand. Great fun was also had by all.



The Silver & Bronze **Gaisce Backyard Adventure** Journey takes place this Thursday and Friday for Transition Years who are going for their Bronze Gaisce medal, with an additional day on Saturday for the Silver Medal students in 5th Year.

We wish the 134 TY students and 18 5th Year students a very enjoyable 2-3 days as they undertake the activities required to achieve their Gaisce President's Award!

School website <https://stjosephslucan.com>

Follow us on Twitter: @STJosephs3



Age Action are offering five hours tutoring, remotely, to anyone who needs support using their smartphone, tablet or laptop. Covering topics like how to set up an email, how to download an app, how to use video calling to see your loved ones etc.

For more information, please call 01 4756989 or email gettingstarted@ageaction.ie

Political Notes

Gino Kenny TD- People Before Profit

Phone: 085-7211574

Email: gino.kenny@oir.ie

Canal Loop Green Way: The consultation for the proposed Canal Loop Green way is a six week public consultation from the 8th March to April 19th. People Before Profit attend to make a submission regarding the proposed route and identify observations. For more details log on to <http://Canalloop.virtualspace.ie>

Emer Higgins – TD

78 The Orchard, Lucan. [01 401 3416](tel:014013416)

Emer.higgins@oireachtas.ie

Driving Test Backlog: The waiting time to get a driving test is 25 weeks compared to six weeks this time last year, with 64,000 people waiting to sit their tests. I have called for more investment in driver testing resources and asked for the theory test to be moved online to clear the backlog as soon as possible.

Live Performance Support Scheme 2021:

Funding of €25 million has been announced to assist commercial venues, promoters and producers to employ artists and musicians of all genres, performers, technicians and other support staff in the live performance sector. Building on the valuable insights gained during the pilot of this scheme last year, the key aim of the Live Performance Support Scheme 2021 is to support the creation of employment and wellbeing opportunities in the live performance sector and the generation of high quality artistic output.

Caitriona McClean

086-3898327. cmaemcclean@hotmail.com

twitter: @cmaemcclean

Nursing Home Visits: I am delighted to see Minister Mary Butler announce 2 visits per week for nursing home residents. Visitors must contact the nursing home in advance to arrange.

This Week: I made a submission to the Committee on Social Protection in relation to Community, supporting local economy, and enhancing wellbeing in Lucan and elsewhere once reopening of retail is allowed. For a copy of my proposal, please contact me. I wrote to the Taoiseach regarding lifting the 5kms limit, and asked him not to impose county boundaries which split families living in next county. I wrote to Minister Darragh O'Brien outlining a suggestion

for reopening Construction safely. There is a huge need for housing both public and private. I will be issuing short videos on twitter to share my on-going activity.

Liona O'Toole - Independent

0872795274

lotoole@cllrs.sdublincoco.ie

www.lotoole.com

Local community safety forums funding: My motion to make provisions for appropriate voluntary contributions in our Council revenue Budget for 2022 to allow for enhanced community safety/policing forums in the area was supported and passed at his week's area committee meeting.

Litter Bins: At this week's area committee meeting the council reported to me that 33 additional litter bins were requested in 2020. I intend to continue to request bins in our area. If you identify an area/location that requires a bin do get in touch.

Griffen Dog run park: I've followed up on progress regarding the expansion and upgrade of the dog park. I successfully had this project passed and I've requested new pictogram signage to be included as part of the upgrade. South Dublin County council are carrying out these works, the new design will be welcomed by all.

Cllr. Shane Moynihan – Fianna Fáil

Email: smoynihan@cllrnsdublincoco.ie

Ph: 087 7840898. Facebook.com/cllrshaneMoynihan

Twitter: @shaneMoynihan Instagram:

[cllrshaneMoynihan](https://www.instagram.com/cllrshaneMoynihan)

Hermitage Playspace: Following a question to the Council, I have learned that repairs to the playspace will include replacing the damaged tunnel with a concrete tunnel and resurfacing the tarmac path once the new tunnel is in situ. These repairs will be progressed once Covid restrictions are eased.

Dog Fouling Awareness Campaign: Following my consistent raising of the need to address the noticeable increase in unattended dog fouling, I am pleased to learn that the Council plans to launch an anti-dog fouling awareness campaign after Easter.

Cúrsaí Gaeilge: Chuir sé gliondar croí orm gur ghlac beagnach 300 duine páirt in imeachtaí Sheachtain na Gaeilge i leabharlann Leamhcáin. Tá cúrsaí Gaeilge ar fail tríd an seirbhís Transparent Languages, ar shuíomh idirlín SDCC (Irish language courses are available through the Transparent Languages service available on the Library page of SDCC's website.)



Cumann na Sáirséalaigh Leamhcáin



Lucan Sarsfields GAA Club Hall of Fame Award

Each year, the club recognises the long term work that an individual has put into the club and enrolls them in the Hall of Fame. This year, Lucan Sarsfields GAA Club is delighted to announce that



the 2020 enrollee into the Hall of Fame is **Peter Flannery**. Peter has been involved in Lucan Sarsfields GAA Club since he moved to Lucan in the late 1970's. His involvement with under age teams over the years means it is safe to say that there are numbers of lads who would not have become hurlers, but for Peter and his dedication to the game. Club Person of the year in 1995, a mentor to the Hurlers who won the Miller Shield in 1996 the first adult silverware in 20 years, Peter was part of the Intermediate Hurlers management team who won the Corn Fogarty, Corn Céitinn and Keogh Cup in 1998, and, the League and Championship double in 1999 which earned Senior status for the Club. Not one to rest on his laurels, Peter was also part of the management team for the U21's in 1999/2000 and with the Junior hurlers. It has been said that Peter has the score and the scorers for every match still! His involvement in the Club was not limited to hurling and he was (and still is) a big supporter of camogie. Off the field, Peter was part of the Social Committee who organised Saturday night entertainment in the old Clubhouse for many years. There are few in the Club who have not heard of Peter Flannery, a very deserving recipient of this year's Hall of Fame award.

Lucan Sarsfields Healthy Club International Adolescent Health Week 2021

This week is international Adolescent Health Week 2021, March 21st – 27th. Celebrating Adolescent Resilience in the Face of a Global

Pandemic. Let's show our young people how important they are this week.

HSE Health and Wellbeing Positive Psychology and Happiness

webinar on Wednesday 31st March at 2pm. As we continue to adapt our lifestyles to deal with COVID-19 and face difficult challenges HSE Health and Wellbeing are taking the opportunity to share some tips on how to build happiness into your life using positive psychology. Positive psychology focuses on the positive events and influences in life.

See Club Notes on our website for more details.

Fantasy Golf Teams Competition – Based on the US Masters. The Lucan Sarsfields Senior Hurling team is running a Fantasy Golf Teams Competition based on The Masters (which takes place on April 8-11 this year). Each entrant will select 5 golfers and 1 standby golfer for their team. The winning team will be decided based on adding together the final placings of each of the 5 players. Entries will cost €10, with 50% of entry fees paid out in prizes. Entrants can make individual arrangements to pay entrance fee, Revolut or online bank transfer are the preferred methods. We appreciate that not everyone is interested in golf. However, if you are interested in taking part in this competition, please contact Mick Roche on 087 2428419 or email fantasygolfteams@gmail.com. Don't forget to tune in to Mick's Cracklin' Country radio show on Liffey Sound 96.4fm, Sundays 2-3pm.



Do you recognise anyone in this photo, found trapped between seats in the clubhouse? Perhaps drop a line to pro.lucansarsfields.dublin@gaa.ie and tell me about the day!

Lucan Sarsfields cont'd

Our condolences to the Kilduff family, Mick, Ann, Aisling, Sinead (Ladies Football) and Eoin (Minor Football and Hurling) on the death of Micks father, Tom Kilduff.
Ar dheis Dé go raibh a anam

Lucan Sarsfields GAA Club Lotto Jackpot €4600

There was no winner of the Club Lotto held on 18 March 2021 sponsored **O'Gradys Hearing Care Services**. The numbers drawn were **10, 17, 22, 28**.

Lucky Dip winners of €30 each: Mary Christal, John O'Connor, Conor O'Flynn, Conor Keenan and Anna Garbutt.

The Jackpot for the next draw, to be held on Thursday 25th March, is €4600, and is sponsored by **Newcastle Golf Center**. The draw will be held behind closed doors at 9pm and live streamed on our Facebook page. Make sure your entry is submitted before 6pm on the evening of the draw to be included in that week's draw, tickets can be purchased online at the following link:
<http://bit.ly/LucanSarsfieldsClubLotto>.

Thank You for supporting Lucan Sarsfields GAA Club.

Boules Club initiative in St. Catherine's Park

I have contacted Fingal County Council re the installation of Boules Pitches in the park.

Boules, a French version of bowling, is an outdoor game suited to all ages.



There are currently clubs in operation in Marlay Park on the south side and others in north Dublin.

Fingal Co. Co. is inviting expressions of interest in this fun and very enjoyable game, and want to gauge numbers to proceed with this venture.

If you are interested please contact me
Paddy Farrell 0861919682
or paddyfarrell50@gmail.com



Fáilte ag notaí an chumainn Na Gaeil Óga, áit a gheobhaidh tú an t-eolas is déanaí faoi gach rud atá ag tarlú inár bpobal bríomhar.

Camán do Chách

Ag an deireadh seachtaine bronnadh breis agus 100 camán ar pháistí i Leamhcán. Má tá páiste agat nár imir camógaíocht/iománaíocht riamh ach ar mhaith leo triail a bhaint as, seol téacs chuig Dean ar 0863337739 agus cuirfidh sé camán chugat saor in aisce.

At the weekend we delivered hurls to over 100 children in the Lucan area. If you have a child who has never played before but would like to learn, send a message to Dean on 0863337739 and he will deliver a hurl free of charge to your doorstep.

Feachtas Lidl

Tá feachtas nua tosaithe le Lidl agus a n-aip Lidl Plus. Bheimis buíoch dá roghnódh sibh Na Gaeil Óga ar an aip, is deis tiomsíú airgid iontach é seo don fhoireann le duaiseanna iontacha donfhoireann. Tá an feachtas seo ar siúl ón Luan 15ú Feabhra go dtí an Domhnach, 11ú Aibreán.

A new campaign has been launched with Lidl and their Lidl Plus app. We would be grateful if you would choose Na Gaeil Óga on the app, as this is a great fundraising opportunity with for the team. This campaign runs from Monday, February 15th to Sunday, April 11th.

Cara Comhrá

Beidh tús curtha le scéim Cara Comhrá go luath - buddy scheme nua atá ag Na Gaeil Óga chun cabhrú le daoine atá ag iarraidh Gaeilge a fhoghlaim ach atá gan ar mhuinín. Tá breis agus 20 duine cláraithe anois agus spásanna fagtha. Bígí linn!

A new conversational buddy scheme will be starting soon to help anyone who is learning Irish but lacks confidence. We have over 20 people registered so far and more spaces are available for anyone who is interested.

Cóitseáil 101

Beidh tús curtha le cúrsa a chuireann béim ar an téarmaíocht atá de dhíth le bheith ag cóitseáil. Tosnóidh sé ar an Luan 9úAibreán ar feadh 8 seachtaine. Má tá suim agat clárú don chúrsa, seol téacs chuig Ciara ar 0830723566.

Course starting on Monday 9th April and running for 8 weeks which focuses on the Irish terminology and phrases required for GAA coaching. If you are interested in registering for the course send Ciara a message on 0830723566

Lucan Library

Art History at Easter - The Passion of Christ

Art historian Jessica Fahy explores the depiction of the Passion of Christ in Western Art.

Thursday 1st April at 7pm.



About this Event: Following on from our hugely popular Art History at Christmas talk, Art historian Jessica Fahy explores the artistic development of the scenes from the Passion of Christ for Easter. Depictions of the Crucifixion, Deposition and Resurrection in painting and sculpture will be explored, along with works from a wide range of eras from the Renaissance to the 20th century. Artists to be discussed include Raphael, Rembrandt, Caravaggio, Dali and Irish artists like Maine Jellett and Francis Bacon.

Please Note: A valid email address is required as the Zoom links to the event will be emailed to the supplied address by the facilitator.

1 ticket per device, 1 device per household.

Music Tech Camp

3 day class for ages 12+. Wednesday 7th April – Friday 9th April – 2pm-4pm.

About this Event: This exciting and interactive camp is designed to teach young people the basics of mixing and mastering music and help develop their creativity. A knowledge of music is not necessary, a lively



interest and a laptop or PC is all you need.

Participants will be provided with free samples to work on and the necessary software. Each day via Zoom, they will be instructed and given advice and tips by a qualified studio engineer Matt Winston. Matt will work with kids, showing them how to build up their tracks, record instruments, set up a home studio and arrange their samples.

Please Note: You are booking 1 ticket for all 3 workshops. 1 ticket is required for each participant. Preference for this event will be given to those who have not booked a similar event previously with South Dublin Libraries. A valid email address is required as the Zoom links to the event will be emailed to the supplied address by the facilitator.

Cool Food School – Easter Cooking for Kids

Thursday 8th April at 11 am

Fun interactive baking session for families.

Make delicious carrot cake and chocolate bark – a great way to use up any leftover Easter egg chocolate!



About this Event:

Please note preference for this event will be given to those who have not previously signed up for a Cool Food School session with South Dublin Libraries.

The facilitator will email a safeguarding statement and a list of ingredients to participants in advance of the class.

Please Note: 1 ticket per device, 1 device per household. A valid email address is required for this event. Your email address will be forwarded to the facilitator who will send you on the Zoom codes for the live workshop.

(Re) Start Irish – Irish Language Classes for Adults.

Foghlaim Gaeilge Anois
Wednesday 14th April – Wednesday 2nd June 7-8pm.

Booking from Thursday 1st April @ 11am via lucanlibrarydublin.eventbrite.ie

8 week Irish for Beginners course delivered online via Zoom starting Wednesday 14th April at 7pm.



About this Event: Please note preference for this class will be given to those who have not previously signed up for Irish language classes with South Dublin Libraries. (Re) Start Irish with our 8 week class for adults. Whether you learned in school and would like to get back to the basics or you're a total beginner, our fun online class will get you (re) started. This course will be delivered online via Zoom.

Please Note: 1 ticket for all 8 classes.

1 participant per device, max 2 devices per household.

A valid email address is required.

Zoom links to the classes will be emailed to the supplied address by the facilitator.

LUCAN NEWSLETTER NOTICE

We are **NOT** operating from the Newsletter Office at the moment, but leave your ads, queries or notices in the letter box at St. Mary's Parish Centre, before 10pm on Wednesday night, and we'll collect and look after them.

Alternately email any of the following: marylucannewsletter@gmail.com annalucannewsletter@gmail.com roselucannewsletter@gmail.com catherinelucannewsletter@gmail.com

Due to present restrictions, we will continue publishing online only for the next few weeks, when we will review the situation.

Our weekly block and small ads, which are not normally carried online, may be viewed on our 'Community' Page at www.lucannewsletter.ie

St. Mary's Camera Soirée

While the unedifying saga of the vaccines row continues Mother Nature is getting on with things, which I must say I find very reassuring.



This week we have had photographs of tulips and of the first sighting of a bee. Readers may recall that last year bees were difficult to find in parts of Lucan. We also have had a photograph of new born lambs. At least this year the members of the Soiree have refrained from suggesting names for them! Photographs of robins, squirrels and swans have for some reason become scarce.

It is very satisfying to realise that despite the lockdowns and other restrictions the St. Mary's Camera soiree has continued in a virtual way for over a year now. I think our last session in the bungalow was on Friday 7th March 2020. Not alone was the group able to continue to exchange their photos via WhatsApp but we are now meeting face to face, virtually of course, on line every Friday morning. Unfortunately we haven't worked out how to serve the tea, coffee and biscuits on line yet.





New Members Welcome!

Finally, a reminder that the group is open to everybody with an interest in photography.

So, if anyone is interested in joining you can make contact with Lucan Newsletter, via Email: marylucannewsletter@gmail.com

Your details will be passed on to us and we will take things from there.

Until next week stay safe.

