



*Established 1967*

[www.lucannewsletter.ie](http://www.lucannewsletter.ie)

Sub. €1

Sunday 24<sup>th</sup> November 2024

## **I Want to be Happy!**

There is much being written currently about how to attain happiness, with happiness as the core goal! Happiness is the unplanned result of a particular experience of love, of the beauty of the world around us, of an experience of attainment... The current unconnected drive for the happiness buzz reminds me of the Jungian concept of the inner child which allow us to understand how we might wish to remain in the comfort zone of life to avoid pain. Jung's concept and consequent theory and therapy is about understanding what is at our core so that we may get on with a healthy way of life.

The comfort zone is fine when sitting with a dry nappy in the cot, but the world is a bigger place than the baby's cot. Also, the nappy won't stay dry! It's good to get out of the cot to experience the world even if we are going to get lost, fall over things and crash at times! It's good to outgrow the nappy and gain freedom. Happiness may then come as a result of stepping onto the reality of the journey rather than waiting for it to come to us. Few condone putting a soother in a baby's mouth, never mind into our own adult mouths as desired in seeking the happiness fix! We all need some respite, at times, but not regression back to the cot.

Happiness will not pop up in a mine field of unresolved anger, resentment, blame, draining relationships or self-flagellation. We all drop into this mine field, at times, but we need to learn to step back and take a look at the bigger picture to find the safe stepping stones – usually not far away. Happiness will tap us on the shoulder when we least expect it, not when planned. How often do we plan what seems like a great happy event and sometimes then wonder what it was all really about if the desired level of happiness was not attained!

Happiness is the by-product of efforts, encounters and experiences. When we merely aim for happiness, we may miss the road that will take us there. Shaking off an attitude of it being all-about-me is the first key to get us out of the cot that is too small and looking into the many nooks and crannies of life from which happiness might pop!

*Cathy Burke*

*Catechist in the Lucan Partnership of Parishes*

## Lucan Citizens Information Centre

Our telephone number is **0818 07 5090**

[www.citizensinformation.ie](http://www.citizensinformation.ie)

Email – [lucan@citinfo.ie](mailto:lucan@citinfo.ie)

Our office is located in the Ballyowen Castle Youth and Community Centre, Ballyowen, Lucan



### Opening hours

#### Walk-ins to see an Information Officer

Tuesday: 10am – 12pm and 2pm to 4 pm

Wednesday: None

Thursday: 10am – 12pm and 2pm to 4 pm

#### Reception open

Tuesday: 10am - 1pm and 2pm - 4pm

Wednesday: 10am - 1pm and 2pm - 4pm

Thursday: 10am - 1pm and 2pm - 4pm

We are closed on Mondays and Fridays.

**Citizens Information Phone Service (CIPS)** is open Monday to Friday 9 am to 8pm on 0818 07 4000

**MABS** – the Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over 20 years. MABS phone service is open Monday to Friday 9 am to 8 pm on 0818 07 2000

## The Regulation of Elections

### Who regulates elections in Ireland?

An Coimisiún Toghcháin (the Electoral Commission) is the independent statutory body that oversees elections in Ireland.

Established on 9 February 2023, the make-up and functions of the Commission are set out in The Electoral Reform Act 2022.

An Coimisiún Toghcháin has replaced the Referendum Commission.

### Functions of An Coimisiún Toghcháin

The functions of the Commission are set out in the Electoral Reform Act 2022, and include:

Informing the public about referendums.

Reviewing constituencies and constituency boundaries for general, European and local elections.

Telling people about how they can vote and encouraging people to vote in elections and referendums.

Maintaining the Register of Political Parties

Overseeing the management of Registers of Electors by local authorities.

Regulating online political advertising.

**Further information:** You can read more about An Coimisiún Toghcháin on its website.

An Coimisiún Toghcháin, Dublin Castle.

Homepage: <https://www.electoralcommission.ie>



Contact Form:

<https://www.electoralcommission.ie/contact-us/>

Email: [info@electoralcommission.ie](mailto:info@electoralcommission.ie)

## What is the State Pension (Contributory)?

You can get the State Pension (Contributory) from the age of 66 if you have enough social insurance (PRSI) contributions. It is sometimes called the old-age pension.

The State Pension (Contributory) is not means tested. You can get it even if you have other income, such as an occupational pension.

As the social insurance (PRSI) conditions are very complex, you should apply for a State Pension (Contributory) if you have ever worked in Ireland and have paid PRSI contributions (stamps) at any time.

If you retire early, make sure you continue paying PRSI contributions, or that you are getting credited contributions (if you are eligible). This can help you get a contributory pension when you reach pension age.

### How to qualify for a State Pension (Contributory)

To qualify for a State Pension (Contributory), you must be aged 66 or over, and have enough Class A, E, F, G, H, N, or S social insurance contributions (PRSI). These are also called full-rate PRSI contributions.

You must meet 3 conditions, including:

1. You have paid PRSI contributions before a certain age
2. You have a certain number of paid PRSI contributions
3. You have a 'yearly average' or total number of contributions

Details are on our website.

### Changes to the State Pension (Contributory) 2025

From 1 January 2025, if you were born on or after 1 January 1959, your pension rate will be calculated using either:

Only the 'Total Contribution Approach (TCA)' A combination of the 'yearly average method' and 'Total Contribution Approach (TCA)'.

You will get whichever rate is greater.

Read about these methods under 'How your pension application is assessed' on our website.

Over the following 10 years (from 2025 to 2034), the 'yearly average method' will be phased out. By 2034, all pensions for people born on or after 1 January 1968, will be calculated using only the TCA.

More information is available online or at your local CIC.

## Ballyowen Castle Community Centre

Email: [info@ballyowencommunitycentre.ie](mailto:info@ballyowencommunitycentre.ie)

Telephone: 01 253 6105

or 085 867 1245

Find us on Facebook and Instagram to see what's going on in the centre!



**Active over 55's:** Our new Wellness Program has started but anyone interested come along on Thursday 1-3. The Wellness Program will focus on movement and visualisation for the mind and body. This will incorporate some visualisation work, Tai Chi and other movement for the body. We will then follow on the workshop with tea, coffee and a catch up.

**Baby & Toddler Group:** Baby and toddler group will continue on Mondays. If you would like to come along, please don't be shy its Monday morning from 11-12.30.

**Christmas Fair:** Our Christmas fair along with Santas Grotto will take place **December 1st from 12-3**. A visit to Santa will be €5 per child with any additional children costing €2.



**Election 2024:** The WCI Lucan will be hosting a Meet the candidates at the centre on Wednesday 27th November 10-12.30 it will be chaired by Ailbhe Smyth. Come along and get your voice heard.

**Room Booking:** Would you like to book a room in the centre for a meeting or a group activity? We have some availability and offer competitive rates. Email us to make a booking.

St Mary's Camera Soirée  
*12<sup>th</sup> Exhibition of Photographs*



St. Mary's Parish Centre  
Saturday 30<sup>th</sup> November 6pm to 7.30pm  
Sunday 1<sup>st</sup> December 10am to 1.30pm

## Lucan Senior Citizens

Wednesday 27<sup>th</sup> November: Social Morning in St. Mary's Parish Centre, 10.30 – 12.30, with **Christmas Floral Demonstration**.



## Esker Active Retirement Association

We meet every Wednesday in St Andrew's Parish Hall, Main Street Lucan, 1.30 to 4pm. Members play indoor bowls, scrabble and card games, also enjoy tea coffee cake and chat.

New members welcome, just come along and join in. It's a great way to make new friends and catch up with old friends.



## General Election Coverage 2024

Liffey Sound pre-recorded 2 panel discussion with a

selection of Dublin Mid -West candidates this week. The programmes were presented by Maria Murphy & Brendan Hackett & the following candidates participated: Emer Higgins (Fine Gael), Shane Moynihan (Fine Fáil), Francis Timmons (Labour), Eoin O Broin (Social Democrats), Karla Doran (Green Party) & Linda De Courcy (Independent Ireland). Thank you all for your time.

The programmes will be broadcast on 96.4FM on Tuesday the 26th of November at 3pm- 5pm & they will be available as podcasts on our website that evening.

**Liffey Sound is Lucan's Community Radio Station**  
[www.liffeysoundfm.ie](http://www.liffeysoundfm.ie)

or check out our Facebook & Instagram

# Parish Notes



## St Mary's, Lucan

[www.lucanparish.com](http://www.lucanparish.com)

**Sunday Mass Times:** Vigil: 6.30pm

Sunday: 10.30am, 12 noon, 7pm

**Weekday Masses:** Monday to Saturday 10am

**Masses live-streamed on** [www.lucanparish.com](http://www.lucanparish.com)

**Adoration of the Blessed Sacrament** on

Saturdays from the conclusion of the 10am Mass to 11.30am – funerals permitting.

**Christian Meditation:** We meet every Tuesday night at 8pm in the Parish Bungalow.

*All welcome.*

**Lectio Divina:** Lectio Divina meet every Monday evening (except Bank Holidays) at 7.30pm in the Bungalow to reflect for an hour on the following Sunday's gospel. *All are welcome.*

### **Bethany Bereavement Support Group:**

We meet on the 2<sup>nd</sup> Monday (at 10.45am) and the 4<sup>th</sup> Thursday (at 8pm) each month, in the Parish Centre. We are available to listen or just be there for anyone who is feeling lonely or lost following the death of a loved one. If you would like to attend a meeting, please contact the Parish Office. (Phone 01 6217041)

**Legion of Mary:** Meeting every Thursday 5.30pm in the **Parish Bungalow** for Rosary and Prayers. *All Welcome.*

**Divine Mercy Devotion:** Every Wednesday morning in St Mary's Parish Church after the 10am Mass until 11am (unless there is a funeral), the Divine Mercy Chaplet is prayed during exposition of the Blessed Sacrament. This devotion, revealed to St Faustina by Our Lord is a prayer of atonement for our own sins and the sins of the whole world. We pray especially for evil to be defeated and for peace in the world.

In November we are able to help the souls in purgatory in a special way. We can visit the graves of relatives and friends, remember them and pray for them. We should remember too to pray for souls who have no one to pray for them. Passing a cemetery and praying it can help souls in need of prayer.

**Confessions – Nuns' Chapel:** Saturday Evening 6.30pm Mass.

**Visits to the housebound:** If you are housebound you can call Deirdre at the parish office (01 621 7041) we will be happy to call on a monthly basis.

**Baptisms in St. Mary's:** Procedure for baptisms in the parish. Parents who register their children for baptism are invited and must attend a preparatory meeting in the month before the ceremony. The ceremony of baptism will take place in two parts. The children will be welcomed at a short ceremony during 10:30 a.m. Mass, the Family Mass, on the Sunday prior to their actual baptism date. Dates are bookable on line. Email: [secretary@lucanparish.com](mailto:secretary@lucanparish.com)

**Cuppa:** Why not come into the Coffee Dock for a cuppa and a chat after the 10am Weekday Mass and on Sundays after the morning Masses.

## Church Art Calendar 2025



On sale - €2  
St. Mary's  
Parish Centre



Upcoming Online  
Workshop on  
Thursday, 5<sup>th</sup>  
December

for anyone in your organisation that is interfacing with family members who are bereaved in traumatic circumstances.

*This workshop is relevant to:*

Garda Siochana and PSNI Family Liaison Officers, Emergency First Responders, Funeral Directors, Hospital and Hospice Staff, Emergency Departments Medical staff, Social Workers, Chaplains/Clergy, Therapists/Counsellors  
Anyone working in Community Organisations/NGO's in contact or supporting bereaved families

If you would like to join us for this online workshop, please get in touch with us on [info@anamcara.ie](mailto:info@anamcara.ie) or call 085 2888 888

As we have to limit the number of places, we would encourage you to register as soon as possible for this event. There will be certificate for 5 CPD hours issued to all participants.



## Divine Mercy, Lucan South

[www.lucansouthparish.net](http://www.lucansouthparish.net)

### Sunday Mass Times:

Saturday Vigil: 6pm.

Sunday Masses: 10.30am and 12.00 noon.

**Weekday Masses:** Mon.-Fri.9:15am. Sat.10am

**All Masses will be livestreamed on**

[www.lucansouthparish.net](http://www.lucansouthparish.net)

### Mass of Thanksgiving for the Fruits of

**Medjugorje:** Every Thursday.

**7.00pm:** Rosary and Confessions.

**7.30pm:** Holy Mass.

**After Mass:** Adoration, Divine Mercy Chaplet, Benediction.

*All welcome*

### Adoration and Holy Hour Exposition of the Blessed Sacrament:

**Mon:** 7.30pm: Divine Mercy Adoration.

**Fri:** 1.15pm: Adoration MMPH Cenacle.

**Fri:** 2-3pm: Divine Mercy Devotion/Adoration.

### Sacrament of Reconciliation:

Confessions every Saturday 5.15pm and after the evening Mass.

### Prayers of the Church:

Mon. to Fri.: 8.40am.

The Church is open Monday to Friday from **10am to 1pm** for private prayers.

### Legion of Mary:

The Legion of Mary meets every Tuesday evening at 7.30pm in the Confessional Room in the church.

**Bingo:** Bingo takes place every Wednesday in the St. John Paul II Room. Doors open at 7.00 for 7.30pm. All welcome.

**St Joseph's Young Priests Society:** St Joseph's Young Priests Society has been set up in Divine Mercy Church, Lucan **for all the Lucan parishes.** We meet up on the first Wednesday of each month for one hour at 10.40am.

**Home Visits Holy Communion:** If anyone who cannot come to Mass would like to receive Holy Communion at home from Fr. Aidan or a Minister of Holy Communion, please contact the Parish Office 01-4572900.

**Wednesday tea/coffee morning:** There is a cup of tea/coffee and a slice of cake after 9.15am Mass every Wednesday in the St. John Paul II Room.



## St. Patrick's Esker/ Dodsboro/Adamstown

[www.stpatrickslucan.ie](http://www.stpatrickslucan.ie)

### Sunday Mass Times:

9am, 10.30am, 12 noon. **The 10.30am Family Mass** is aimed at younger parishioners and their families.

**Weekday Masses:** Monday to Saturday at 10am.

**All Masses livestreamed at [stpatrickslucan.ie](http://stpatrickslucan.ie)**

**Adoration:** Adoration is held every Saturday morning after the 10am Mass from 10.30am to 11.30am. All are welcome.

**Confessions:** Confessions after Saturday 10am Mass and after Thursday 10am Mass.

**St Patrick's Prayer Meeting:** Every Monday night in the Pastoral Centre, (Side of St. Patrick's Church) from 7.00pm to 7.45pm.

**Communion for the Homebound:** If any member of your family is sick and housebound, and would like to receive Holy Communion, do please let us know. You can ring the Parish Office on 01 628 1018 and leave your name and address, or email us at: [secretary@stpatrickslucan.ie](mailto:secretary@stpatrickslucan.ie)

**Tea/Coffee:** Every Wednesday 10:30am in the Parish Centre. *All are welcome*

## St. Patrick's Parish Lucan Fundraiser Lotto

Your support makes a real difference  
Jackpot increases every week plus a weekly winner prize

**Play**  
Pick 4 numbers  
The same numbers will be played for you each week

**Pay**  
1 line for €2.50, 2 lines for €4  
or 3 Lines for €5  
Maximum 3 lines per person

**Win**  
Match 4 numbers to win the Jackpot.

**Join now.**  
Scan the QR code or go to our website



<https://www.ourfundraiser.ie/org/stpatrickslucan>

Powered by [Our Fundraiser - fundraising made easy](#) For more information email [info@ourfundraiser.ie](mailto:info@ourfundraiser.ie)

**Medjugorje Mass**  
**St. Mary's Church, Lucan**  
**Monday 2<sup>nd</sup> December**  
Mass 6.15pm  
Rosary and Prayers 5.45pm



## Anniversaries

**Peter Brady**

**3<sup>rd</sup> Anniversary – 23<sup>rd</sup> November**

Just a prayer from the family  
who loved you

Just a memory fond and true

In our hearts

you will live forever,

Because we thought

the world of you.

*Remembered by his wife Patty and all his family*

**Memorial Mass 10:30am St. Patricks Church  
Esker Sunday 24th November 2024**



**Breda Eiffe**

**10<sup>th</sup> Anniversary 22<sup>nd</sup> November**

Another year

How quick Time Goes

We hear you Ma

When the soft wind blows

Whispering softly do not  
weep

For some day again

We all shall meet

*Sadly missed by your loving son*

*Viv and Joanne xx*

Also remembering **Da (Jimmy)**

and **Bro Squinty xx**



## Birthday Remembrance

**Marie Cowley**

**27<sup>th</sup> November**

Sadly missed by her husband Michael,  
children, grandchildren and all the family.



### Older people need your support!

ALONE is recruiting volunteers to provide  
companionship and support through their  
Telephone Support & Befriending service for  
older people.

ALONE asks that interested volunteers commit to  
one set shift of 2 hours per week for a minimum  
of 6 months.

Visit [alone.ie/volunteers](http://alone.ie/volunteers) for more information.



**Youth 2000 Ireland** are having their annual  
Christmas retreat in Dominican College,  
Newbridge, Co Kildare on the 6<sup>th</sup> - 8<sup>th</sup> of  
December for ages 16-35. This promises to be a  
special retreat!! Excellent speakers, inspiring talks  
and workshops, fantastic music, group  
activities, youth Masses, adoration, reconciliation,  
Prayer, Drama, Games and plenty of time to chill  
out, meet new people and find out what it means  
to be young and Catholic today!! There are free  
buses leaving from all over the country to the  
retreat. Donation only.

Find out more and register now  
at [www.youth2000.ie](http://www.youth2000.ie)

## Celbridge Mill Christmas Craft Fair

**Sunday 24<sup>th</sup> Nov. 11am – 6pm**

Our annual Christmas Craft Fair returns on  
**Sunday 24th Nov.** We are expecting up 30 indoor  
and outdoor stands comprising of  
Arts, Crafts, Festive Food, and  
array of small businesses selling  
and promoting their products.

Santa will take some time from his  
busy schedule to drop in and chat with the  
children and attendees and stand holders.

Magic Martha Magic shows, Funny Faces Face  
Painting, Music with Pat and Matt will be  
entertaining us on the day.

Among the exhibitors will be Artists, Handbags,  
Florists, candles, Wood turning gifts, decorations,  
foods and educational toys etc.



**Society of  
St. Vincent de Paul  
St Mary's Conference, Lucan**

For assistance, phone: 01 8550022  
or email: [info@svp.ie](mailto:info@svp.ie)

## Irish Garden Bird Survey

This year's Irish Garden Bird survey will commence on Monday, November 25th and run until Sunday, February 23rd 2025,

The simple survey asks people to spend a short amount of time each week watching their garden birds and recording what they see. By gathering information from members of the public about the birds visiting gardens and other outdoor spaces such as balconies and schoolyards, BirdWatch Ireland can get a better understanding of how bird populations are faring in Ireland. Up to 2,000 households in Ireland take part annually and this year marks the 36th year of the survey.

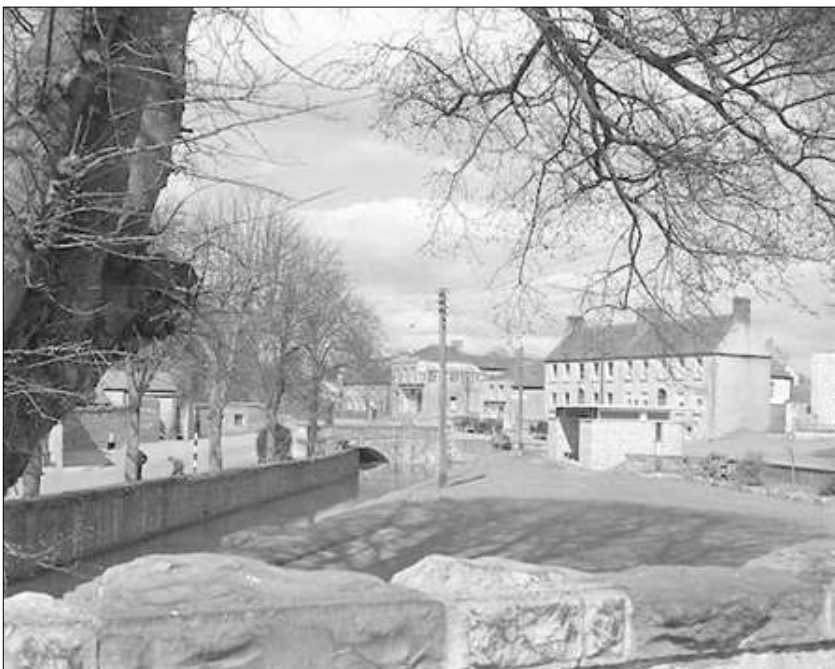
Participating in the Irish Garden Bird Survey each winter is a simple and effective way of contributing to a crucial body of data that will help to guide conservation, while also increasing your bird knowledge. The survey is open to individuals, families, schools and local community groups.

You can find more information about the Irish Garden Bird Survey here:

<https://birdwatchireland.ie/our-work/surveys-research/research-surveys/irish-garden-bird-survey/>

We in Lucan Tidy Towns would like to encourage people to participate in this survey. It's a great way to increase our knowledge, awareness and appreciation of our local birds.

*Kevin O'Loughlin  
Lucan Tidy Towns*



**BIG BEHAVIOURS**  
A Talk for Parents on Recognising, Understanding and Managing Children's Big Behaviours and Feelings at Home  
BOOKING VIA LUCAN LIBRARY EVENTBRITE

WITH **MELISSA MOORE**  
Accredited Play Therapist

NOV 28, 2024  
7.00 PM



**We got a real taste of Winter this past week!** On the bright side, we've less than a month to go to the shortest day of the year – onward and upward after that!

**With just a week to go to the General Election**, the array of candidates in Lucan takes some study. Interestingly, we counted 5 female candidates in Dublin Mid-west, and 9 in Dublin West – which surely must be a record..... May the best men and women win seats!

**Village Works** – Many people believe that the Village Green was always landscaped with beautiful trees and shrubs – the elder lemons around Lucan will have different memories.

The photo here is courtesy of Dublin City Archives, and dates from the mid-1950s.



## Lucan ICA

**Monday 25<sup>th</sup> November:** Craft Group meet as usual from 10am to 12-30pm. The ladies are beavering away putting the finishing touches to some of their Xmas gifts.

**Tea Hostesses** are Noreen and Geraldine.

**Saturday 30<sup>th</sup> November:** Dublin Federation meeting 2-4pm in the Teachers Club, Parnell Sq. Competition is to make "A Christmas Star" - medium. 8"x8"



Our Christmas Fair of Arts, Crafts and Produce was held on Sat /Sunday in the Parish Centre, it was a great success, a big "thank you" to all the ICA ladies who put so much time into knitting, crocheting and making articles to sell. We had a wonderful supply of raffle prizes donated by Kennys of Lucan, Supervalu, Dunnes Stores, O'Brien's, All Seasons Flowers, all the local Pharmacies, Hairdressers, Lucan Credit Union. Our local Fruit & Veg supplier, members who donated lovely Xmas Hampers.

Some members gave paintings, plants, cards, home baking, jams, marmalade and preserves. We would like to thank the Palmerstown knitting group for their donation of knitted garments. It was a busy weekend but thoroughly enjoyed by all.

*Pauline & Mary*



## Samhain

Leafy October has yielded to be still silent days. The deep, dreeping days of November, a strange beauty.

Sombre November and the last leaf has returned to the sodden earth.

Forsaken, naked trees against the sky in stark reality.

The dead remembered and mourned, the fields laid fallow.

At this turning of the year.

At this yearning of the year.

I await renewal

*- Mary McCabe, Esker Lawns*

Rosegrove United, who as well as having an awful name are useless in David's opinion. David has two other problems. Firstly, his embarrassing Dad, who thinks he is a soccer expert because he watches Match of the Day. Secondly, Whacker Whelan, the soccer playing bully. Can David overcome these challenges and win the Player of the Year trophy.



Illustrations by  
Caoilfhionn Walsh & Ciarán O'Brien.

A must for any Xmas Stocking  
available at [buythebook.ie](http://buythebook.ie)

Suitable for ages 6 to 60!  
Local author and set in Lucan.

[www.buythebook.ie](http://www.buythebook.ie)

## Lucan Active Retirement Assoc.

We meet in St Andrew's Parish Centre, Main Street, Lucan, on Thursdays at 11.30am. New members always welcome, come and join us in a friendly atmosphere and meet new friends. There is a charge of €4 each week to cover costs but there is no charge for your first meeting.

Lots of activities to enjoy. Bowls, scrabble, cards, drama and choir. Coffee break at 1pm.

Organised trips in Ireland and abroad.





# SCHOOL NEWS



## Lucan Community College

Lucan Community College was very sad to learn today of the death of John Dobbs who was caretaker in Lucan Vocational School and



Lucan Community College for many years before he retired. John was a gentleman in the true sense of the word. He brought a sense of caring and helpfulness to his role and was always on hand to assist in an emergency. He was passionate about soccer and was a great asset to many community groups over the years. Our thoughts are with his family at this sad time.

Last Friday, ten of our 6th year students from Lucan Community College received their Silver Gaisce award. Gaisce –The President's Award is Ireland's national youth award and is a self-development programme for young people aged 14-25. This is a fantastic achievement that requires dedication and hard work. Each of the students completed 26 weeks in three different challenge areas as well as a two night and three day adventure journey which took place in Glendalough. Congratulations to all of the awardees-Back row- Cathal Conway, Aoife O'Regan, Vlad Grosu, Leah Sisk, Erin Cooper, Alannah Carroll, Front row- Sarah Heffernan, Lara Peyton, Róisín Duddy and Lillian Wykes.



U15 Girls soccer team won against St Tiernan's Community School with goals from: Shauna Kavanagh x3, Amber Killalee, Mia Donohue, Emily Duffy.



Well done to our senior girls hockey team who played a great match in difficult weather conditions and beat St. Andrews 1-0. Both teams showed wonderful team spirit and sportsmanship throughout the match. Well done to Lucan CC girls.



The TYs took place in workshops as part of our #ThinkLanguages week to celebrate all the languages spoken in our school community. They learned Polish, practiced German Zungenbrecher, learned some Irish Sign Language, played la pétanque, created some artwork and had some international snacks. Our international bakery competition will take place on Thursday.

### Scoil Mhuire Woodview Hts/ Airlie Hts

Enrolment for  
Junior Infants September 2025  
open until **November 22<sup>nd</sup>**



All details are available on our website  
[www.scoilmhuire.ie](http://www.scoilmhuire.ie)

## St. Joseph's College

**Concern Debate Team:** Well done to our excellent team of debaters, researchers and support for our performance last Wednesday evening versus Colaiste na Hinse. We still await the result of this debate with interest but our debate team performed brilliant on the night. Belated congratulations to our team of debaters who were successful in a local derby against Confey College. Highly commended all round to the passion and energy our team brings to debating and researching.

**Maths Olympiad 2024:** Congratulations to the following students who took part in the Maths Olympiad 2024 and achieved a national ranking: Niranjana Jithesh and Mia Poerscout-Edgerton who achieved 3rd place in the 1st Year Pairs category. Euna Islam who achieved 1st place and Sophie Meleady who achieved 3rd place in the 2nd Year Individuals category. Amy Doyle and Ava Mullan who achieved 1st place and Aala Benfayed and Cherishma Prekumar who achieved 2nd place in the 3rd Year Pairs category. Out of 143,011 participants and 1,156 schools, these students placed in the top three! This is an outstanding achievement. Well done!



**Science Week:** Last week in the school was Science Week. Throughout the week students and staff took part in many science related activities to highlight the brilliance and wonder of the scientific world. Activities in the school included dissections, physics experimentations, egg drop competition and a senior science quiz. Well done to all students and staff who took part in any of the activities.

**Senior Camogie:** Hard luck to our senior camogie team who were beaten in their semi final last Thursday. In a brilliant game we came up just short against a very talented St. McDara's in Tymon Park. Mr Quinn and Mr Kirwan would like to thank the team for all their hard work and

dedication throughout the year. Also, they want to thank the 6<sup>th</sup> years who played their last game in the green Joeys jersey for all their service to camogie in the school over the last six years.

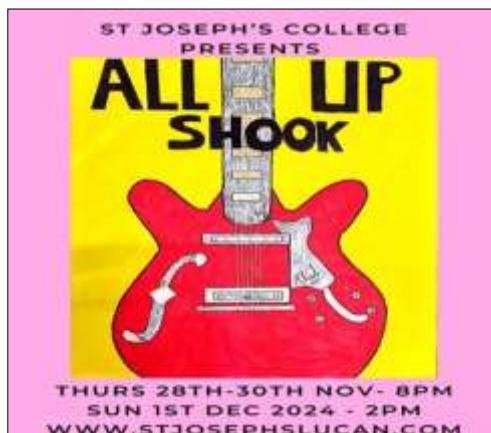
**Presentation Day Mass:** Last Thursday we celebrated the spirit of Nano Nagle, founder of the Presentation Order. Thank you to the Presentation Sisters for the legacy they have left in our school. We hope our entire school community, friends and supporters had a very happy Presentation Day.

**Student Council Fundraiser:** Well done to the Student Council on their recent beauty products fundraiser. The council have raised almost €1,000 which is a wonderful achievement and will be deciding which charity they would like the money to go to.

### **2025 Calendar and Planner for St. Vincent De Paul:**

We are delighted to announce the sale of our St. Joseph's Fundraising Calendar 2025 in aid of St. Vincent De Paul. This calendar will be available from the 27<sup>th</sup> November 2024. Our calendars make fantastic planners, wall hangings for kitchens and offices and especially as Christmas presents to send all over the world! This year's calendar features many beautiful images of Lucan and the surrounding areas. We are very grateful to our sponsors Eamon Costello (Kerry) Ltd., MyVet and Lucan District Credit Union for sponsoring our calendar this year. Calendars can be ordered by emailing [cblich@stjosephslucan.com](mailto:cblich@stjosephslucan.com) by contacting to the school (01-6281160) and will be on sale in Centra, Lucan for €10.00 from Wed, 27<sup>th</sup> November. All proceeds go to St. Vincent de Paul. Please support this very worthy cause!

**All Shook Up Tickets:** Tickets for TY musical 'All Shook Up' are now on sale and can now be purchased from the school Instagram and X pages and also from the school website.



## Coláiste Phádraig CBS

**Football:** Congratulations to our 2<sup>nd</sup> yr football team who qualified for the Dublin League semi-final after a thrilling 1-point victory over Coláiste Ghlór na Mara, Balbriggan in their 1-4 final encounter last Wednesday. Lucan led 0-6 to 0-4 at half time thanks to some excellent scores from Aaron Farrell, Bobby Guy and Caoilin Reilly. The team reacted extremely well to the concession of two 2<sup>nd</sup> half goals as they kept their composure and tactical discipline to win by the narrowest of margins after a keenly contested and highly-competitive game.

Jack O' Connor made a brilliant impact off the bench as he imposed himself on the game with his aggression, strength in the air and intelligent passing which set up some vital scores while Adam Breen was his usual combative, tenacious and influential self in the half-back line. Ken Irwin also impressed for the team who have now just been beaten once in 14 months, which was in the League Final in May.

**Soccer:** Our 1<sup>st</sup> yr soccer team began their Dublin League campaign with an impressive and thoroughly deserved 2-0 group stage win against Kingswood CC, Tallaght last Thursday. Aodh McGonigle and Finn O' Sullivan scored the goals in an impressive team display. The team then faced Moyle Park on Tuesday in their 2<sup>nd</sup> group stage game and the two teams played out an exciting and dramatic 3-3 draw.

Lucan responded well to the concession of an early goal to go 3-1 in front thanks to a well-taken penalty from Jack Kennedy and two more goals from the in-form Finn O' Sullivan. However, the team lost their way a little late which allowed Moyle Park back into the game and they pulled a goal back with 4mins remaining and equalised from the penalty spot with the last kick of the game to snatch a draw.

Our **u17 soccer team** faced Castleknock CC on Tuesday in their 2<sup>nd</sup> group stage match of their Dublin West League campaign. It proved to be another comfortable victory for the team who coasted to a 6-1 victory without ever hitting top form. Daniel Power scored a remarkable four goals in a brilliant individual display while Patrick Rance and Sam Deegan also got on the scoresheet. Despite the score-line, Lucan were actually indebted to their goalkeeper Cillian Gamble who made a series of outstanding saves at crucial times in the game. The team face Adamstown CS in their 3<sup>rd</sup> and final group match.

**Hurling:** Our u16 hurling team were well beaten by Castleknock College in their Dublin League B semi-final held at Abbotstown last Tuesday. The

team were understrength on the day with over half of the starting 15 being unavailable for the game and their opponents took full advantage by easing to a relatively comfortable and well-deserved victory. Aidan Doyle impressed for Lucan as he scored 1-3 on the day while Odhrán McElligott had an influential game from fullback with some crucial interceptions and intelligent delivery into the forwards. Alex O' Neill was somewhat overworked in the Lucan goal but he still made a number of excellent saves to keep his team in the game until their opponents pulled away at the end. Congratulations to Lucan Sarsfields on their victory in the Dublin Championship "A" Final against Raheny at the weekend. There were 10 players from the school involved; Derry Ware, Páidí Murphy, Ciarán O' Sullivan, Brian Whelan, Eoghan Burke, James Duffy, Henry Greene, Seán McGillicuddy, Jack McCarthy and Cian Kelly so well done to them all on a fantastic success.

**Christmas Shoe-box appeal:** This year's Christmas shoe-box appeal was a great success with over 70 boxes, packed with toys, essentials and heartfelt gifts, were collected. The boxes were collected by Team Hope last week, the charity that organising the appeal every year, and they will soon be distributed to children across Eastern Europe and Africa just in time for Christmas! The shoe-boxes will bring some much needed joy and happiness into the lives of these children, some of them orphans and some in hospitals, affected by poverty, disadvantage and conflict.

**Transition Year:** Good luck to our TY students



who are beginning their two-week work experience placements on Monday 25<sup>th</sup> November. A good number of TY students end up with part-time jobs after impressing in their work-experience placements so this element of the Transition Year Programme is extremely practical and hugely beneficial, for both the students and the businesses that kindly offer them the opportunity to explore possible potential careers. The students will then do a debrief with Ms. Hunt, Mr. Todd and Mr. Dunne when they return from their work experiences on Monday 9<sup>th</sup> December.



## Griffeen Community College

### #ThinkLanguages Week 2024

The sixth annual #ThinkLanguages event looks set to be a highlight of the school calendar yet again, with over 15,000 TY students taking part in the annual celebration of languages and culture from Monday 18<sup>th</sup> November-Friday 22<sup>nd</sup> November.

To ensure schools have the best opportunities available to them for their festivals, #ThinkLanguages continues to grow and adapt, with this year's celebration extending to a weeklong event, allowing schools to select a date within the week that best suits their schools schedule. Griffeen Community College are concentrating their celebrations on a week long , rather than one day where they expect to host an array of activities that bring the languages and cultures of their school to life.

This year's festival theme again focuses on "**Think Global, Act Local**" as students are encouraged to look to the diversity of languages spoken within their school, community and beyond as inspiration for their individual events. TY students, TY Coordinators and Modern Foreign Language teachers across the nation have embraced this with a variety of local speakers lined up to take part in their #ThinkLanguages Festival including at Griffeen Community College. Monday, Tuesday there were talks for students and workshops, where students had an opportunity to get an insight in Careers with Languages in various sectors. Wednesday TY students will experience languages at NUI Maynooth. Thursday students complete an investigation report of their work placement and a career where foreign languages play an integral role. TY students will apply **Career Skills Competition**.

The celebration has also grown beyond the school gates with #ThinkLanguages this year teaming up with several fantastic partners to help take language learning out of the textbooks and bring them to life beyond the school gates. Business in the Community Ireland have come on board to offer TY students an insight into the working world, highlighting the importance of languages in several careers. The Irish Film Institute are screening dedicated foreign language films in venues across Ireland over the week, whilst Higher Education Institutes all over Ireland will also be hosting language-related workshops for students to attend, as well as making their third level students available for school visits. **Griffeen Community College** will host some interesting

live workshops, such as, *Chinese Art with Jade Walsh and Catherine Hanlon* and *Japanese Culture*.

Winners of the Think Languages 2024, **Griffeen Community College** has also entered the #ThinkLanguages Competition where this year, if successful, they will be named #ThinkLanguages Champion Team of the year and wins the enviable prize of an exclusive trip the multicultural capital of Europe, Brussels. They will have the opportunity of experiencing the many exciting attractions the EU capital has to offer, thanks to competition partners, the Department of Foreign Affairs and its strategy, "A Career for EU"

Event management packs and supports have been delivered by Languages Connect to Griffeen Community College for this year's celebration, and an array of pre-recorded and live workshops have also been made available. This year students can enjoy sessions such as Korean and Taekwondo, German and the Viennese Waltz, Portuguese and Capoeira, Spanish and Latin American Percussion and Translation with EC Translators, to name just a few. A 30-minute Opening Ceremony has also been created with inspirational speakers including Dancing with the Stars pro, Ervinas Merfeldas, Fitness Guru, Ray Lally, TikTok employee Clodagh Graham and Content Creator Ciara Walsh providing an insight into their relationships with modern foreign languages and the immense value their skills have brought to their lives.

Evolving from the inaugural event in 2018, the localised school format ensures #ThinkLanguages is accessible to all schools across the country. Students have been busy preparing for weeks as each event is tailor-made by individual schools with the support of Languages Connect, an awareness raising campaign facilitated by Post Primary Languages Ireland.

Speaking about this year's #ThinkLanguages, Karen Ruddock, Director, Post Primary Languages Ireland, said "*This event encourages students to think about languages beyond the classroom and consider keeping on, or picking up, a modern foreign language in Senior Cycle and into Third Level.*"

Funded by the Dept of Education, Languages Connect was launched to support a strong, growing economy while also promoting a multicultural and inclusive society, which is a key objective of Ireland's Strategy for Foreign Languages in Education.

For more information, please visit:

<https://languagesconnect.ie/thinklanguages/>.



Women's  
Collective  
Ireland  
LUCAN

## Ballyowen Castle Youth & Community Centre

### WCI Lucan Spreads Holiday Cheer and Community Spirit!

This term at WCI Lucan has been a whirlwind of growth, creativity, and connection with nine diverse programs empowering women in our community. As we approach the festive season, we are excited to share upcoming events that offer opportunities to engage, celebrate, and reflect.

#### Join the Conversation!

- Meet the Candidates: On Wednesday, 27<sup>th</sup> November, Ballyowen Community Centre. Get insights from local representatives vying for your vote in the Dublin Mid-West region at our Meet the Candidates event. This is your chance to hear their stances on issues important to you and the Lucan community.

#### Festive Fun for All!

- Christmas Celebration: Kick off the holiday season with WCI Lucan on Wednesday, December 11<sup>th</sup>, from 10:30 AM to 12:30 PM. Indulge in festive fun with Mulled Wine, mince pies, carols, festive treats, and our ever-popular Silly Santa Raffle. It is the perfect way to gather and celebrate the season together!

#### Art with a Powerful Message:

- The Red Shoes – Los Zapatos Rojas: Do not miss a first in Ireland! On December 8<sup>th</sup>, WCI Lucan proudly hosts this powerful art installation created by women from across our national network. The Red Shoes serves as a poignant reminder and call for justice.

#### Celebrate Nollaig na mBan in Style!

- Nollaig na mBan Celebration: Join us for a festive and empowering first-ever Nollaig na mBan (Women's Christmas) celebration on Monday, January 6<sup>th</sup>, 2025, at the Lucan Golf Club. Enjoy a delicious three-course meal, entertainment, and a raffle with prizes – all for just €25! It has guaranteed to be an unforgettable evening.

#### Connect and Get Involved!

There is so much happening at WCI Lucan! We encourage you to participate in these enriching

events. For more information, or to get involved, contact us at [lucan@womenscollective.ie](mailto:lucan@womenscollective.ie) or reach out via WhatsApp, call, or text at 083 860 7947. Let us end the year strong and build an inspiring new year together!

**Hours of work** Monday – Thursday 9.30-2.30pm.  
Ballyowen Castle Youth & Community Centre,  
Castle Road, Ballyowen K78X6V9.

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## General Election 29<sup>th</sup> November

### Dublin Mid-West Candidates

Vicki Casserly (Fine Gael)  
Robert Coyle (Irish People)  
Linda De Courcy (Independent Ireland)  
Karla Doran (Green Party)  
Paul Nicholas Gogarty (non-party)  
Alan Hayes (non-party)  
Emer Higgins (Fine Gael)  
Gino Kenny (People Before Profit-Solidarity)  
Glen Moore (Irish Freedom Party)  
Shane Moynihan (Fianna Fáil)  
Eoin Ó Broin (Sinn Féin)  
Eoin Ó Broin (Social Democrats)  
Seanán Ó Coistín (non-party)  
Lynda Prendergast (Fianna Fáil)  
Colm Quinn (Aontú)  
Francis Timmons (Labour Party)  
Mark Ward (Sinn Féin)



*While most of Lucan is in Dublin Mid-West,  
Lucan North falls under Dublin West, in Fingal.*

### Dublin West Candidates

Umar Mehr Al-Qadri (non-party)  
Jack Chambers (Fianna Fáil)  
Ruth Coppinger (People Before Profit-Solidarity)  
Emer Currie (Fine Gael)  
Susanne Delaney (non-party)  
Paul Donnelly (Sinn Féin)  
Tania Doyle (non-party)  
John Forde (non-party)  
Breda Hanaphy (Sinn Féin)  
Ellen Murphy (Social Democrats)  
Lorna Nolan (Fianna Fáil)  
Roderic O'Gorman (Green Party)  
Patrick Quinlan (National Party),  
Natalie Treacy (non-party)  
Ellen Troy (Aontú),  
John Walsh (Labour Party)



Cumann na Sáirséalaigh Leamhcáin



### Notice of AGM 2024

Our annual general meeting will take place on **Thursday 28th of November** at 9pm in the function room of the club house. All members welcome.

### Donate a Dress

Our Donate a Dress Fundraiser is back and will be hosted on the 31<sup>st</sup> of January in the club at 8pm. Please donate dresses, jackets, coats, tops & bags in good condition. This is a great way to declutter your wardrobe and promote sustainable shopping while also raising money for the club. Donations can be dropped off to the bar on Mondays and Tuesdays from 7:30pm to 9pm. Tickets for the event will go on sale on January 1<sup>st</sup> and will cost €5. Contact Tracey Walsh 087 973 5655 or Colette Condon 086 379 9270 for more information.



### Lotto

We had no winner of last week's lotto jackpot of €11,800. The Numbers were **1, 4, 14, 24**

**The lucky dip prizes** go to Paul O'Farrell, Pat Keane, Colette Drum, Cathy McCarthy & Niall McKiernan.

This week's Lotto will be for a jackpot of €12,200. The draw is sponsored by Dual Printing LTD.



### Pool Leagues

There are a number of places available in our pool leagues which will restart this month. Please contact Ronan 086 142 3694 if you are interested.

### Adult Football Coach Development

Lucan Sarsfields are planning to commence the above programme in the coming months. If you are interested in becoming a coach, please complete the form below and we will be in contact with you.

<https://www.surveymonkey.com/c/xtpesbuu>

### Camogie

Well done to our U21A's on their strong win over Na Fianna at home which sees them through to the semi-final. Hard luck to the U21B's on their loss to Kilmacud Crokes.

Applications are invited for the position of Minor A Camogie Management for 2025. Anyone interested in being considered, please email [secretary.lucansarsfields.dublin@camogie.ie](mailto:secretary.lucansarsfields.dublin@camogie.ie). Closing date is Sunday 1st December 2024.

### Hurling

November 15th was "Super Saturday" at the 12th Lock as we hosted a fabulous hurling double header in front of a very large crowd that created a super atmosphere at the club.

First up was the U16A Championship Final in which Lucan faced Raheny. Our lads emerged victorious after a great match, 1-15 to 1-10, to capture the premier underage hurling Championship in Dublin for the first time ever for the club. Great credit due to all the players, their mentors and parents. The performance, work rate and attitude of the team was magnificent throughout. The Adult hurling section would particularly like to congratulate team manager Darragh Hunt, and coaches Kieran Murphy and Ciarán Dowling who all continue to make a huge contribution to the adult hurling also. The second match saw Lucan face Kilmacud Crokes in the U21A Championship quarter final. This was a repeat of last year's epic final which Crokes won

on penalties. There was plenty of drama this time too, but the result was reversed as Lucan emerged victorious by a single point, 1-20 to 0-22. Lucan now travel to face Raheny in the semi-final on Nov 30th. We will need an equally big Lucan support that day for what will be a very tough assignment.







## Na Gaeil Óga CLG

Fáilte chuig Nuachtlitir Na Gaeil Óga, áit a bhfaighidh tú an t-eolas is déanaí faoi gach rud atá ag tarlú inár bpobal bríomhar.

### Buachaillí F16

Roinnt grianghraf ón gcluiche ceannais faoi 16. Faraor ní raibh an lá linn ach bhí sé iontach sáriarracht na leaids a fheiceáil agus an slua mór de lucht tacaíochta.



## Yoga NGÓ

A Chairde

Tá áthas orainn a fhógairt go mbeidh an Club Sláintiúil NGÓ ag déanamh Ióga ar feadh ceithre seachtaine eile. Oíche Luan ag 8 a chlog!

Tá costas €7/rang nuair a íoctar é san iomlán nó €9 go seachtainiúil. Ag tosnú an Luan seo 18ú Samhain. Tá seo oscailte do gach éinne. Clainne agus cairde!!

Lig do scíth agus bíodh do chuid am féin agat!! Má tá suim agat tar i dteagmháil le Annette ar 086 8662208.

Go raibh maith agaibh!



### Buachaillí F9

Maidin iontach a bhí ann, grma do gach imreoir a rinne obair mhaith inniu, i gcoinníollacha a bhí salach, fliuch agus fuar! Fós, bhí sé le feiceáil gur bhain na leaids an-taitneamh as

na trí chluichí. Pasanna deasa, ciceanna i dtreo an chúil agus pointí iontacha, agus an spiorad foirme le feiceáil. Maith sibh a bhuachaillí Grma freisin do na tuistí a chabhraigh linn ar an taobh líne. Faighigí deoch te anois agus go n-éirí libh ag glanadh an tsalachair ó na buachaillí.



**Buachaillí F12**

# SPORTS

## LUCAN HARRIERS A.C

### Race Report:

National Juvenile even ages, U20, U23 and Senior Cross Country championships 2024, Irvinestown. It was a fresh day in Irvinestown, Co. Fermanagh for the national even ages, U20, U23 and Senior Cross Country championships 2024. It wasn't overly cold but the course definitely made up for this. The race unfolded under challenging conditions, with the course a true test of endurance. Wet grass and thick muck made footing tricky from the start, and the rolling hills demanded strength and strategy. A steep, gruelling climb at the finish line pushed runners to their limits. Despite the tough terrain, athletes rose to the occasion, delivering impressive performances in a race that rewarded grit and determination.

Starting off the day early was the U12 Boys who were led home by Seímí Anglim. Seímí had an excellent performance finishing 12th and helping the Lucan team to 5th place which was the best team performance on the day.

Next up was the girls U14 and by now, the course had started to cut up from the boys race beforehand. The Lucan team was led home by Lucy Cassidy who ran a great race and worked hard until the very end.

Conal Fitzgerald impressively led home the Boys U14 team to a 12th place finish. Conal finished 21st overall in a highly competitive field.

By now the course really started to get tough with hardly any areas free of muck. That didn't stop the girls U16 team from putting a huge performance in finishing 13th, lead home by Ana Jones.

Conor Abbott was our only man competing in the boys U16 race where he finished in 27th. Brilliant running from Conor and no doubt he will improve on this in the coming years.

The girls U18 who were mixed in with the U20s placed 10th in an extremely fast race right from the gun. They were led home by Aisling Fitzpatrick.

The boys U20 team were able to place 12th and were led home by Benjamin Caullier, who lost a

spike after just 100m and was spiked soon after. Despite this he still continued on to help the team. No doubt the lads will improve on this over the next number of years.

Aoife Coffey was the first of our U23/senior athletes to take to the course. Aoife, who is currently studying at Loughborough University, came home to race. Aoife finished as 14th U23 and 43rd overall in yet another stacked field with top class competition.

Last Lucan man out was Dylan Wright who finished 70th in a star-studded field. It was a fast pace right from the off and Dylan was able to keep fighting until the very end.



Well done to all who raced, too many to list out individually, which is a good thing :) Thank you to Enniskillen for hosting the championships and finally thank you to coaches Niamh and Eoin Fitzgerald who work tirelessly to allow the athletes to achieve their best results.



## Minder & Toddler Group

Thursdays  
in St. Mary's Parish Centre  
from 9.30 to 11.30am.



All Welcome!



## St. Mary's Camera Soirée

Next weekend will be the big weekend for our group when the 12<sup>th</sup> Photographic Exhibition (one of our biggest) takes place in the Parish Centre on Saturday 30<sup>th</sup> November and Sunday 1<sup>st</sup> December. Full details can be found in the notice elsewhere in the Newsletter.

This week the winter light seemed to have favoured our photographers. Josie sent in a photograph of St. Mary's Church of Ireland in Leixlip, built at the confluence of the river Liffey and the river Rye. The church has been a site for Christian worship for over 800 years.



Kay captured beautiful reflections on a lake in St. Stephen's Green and Anna got as far as Sligo to send in a photo of Ben Bulbin, the setting of several Irish



legends, one being the story of *The Pursuit of Diarmuid and Gráinne*.



Brendan sent in a marvellous shot of a very angry looking Owl taken at National Birds of Prey centre located in the grounds of Rosborough House near Blessington. He also submitted a magnificent shot of a little Egret, a species of Heron, capturing its trademark elegant white feathers, black legs and striking yellow feet. The bird was hunted extensively and nearly to extinction in the 19th century to provide plumes for the decoration of hats. It became locally extinct in northwestern



Europe as a result. Thanks to conservation laws, by the beginning of the 21st century the bird was breeding again in France, the Netherlands, Ireland and Britain. Brendan tells me that the bird is a beautiful sight along the river Liffey, particularly in Lucan Demesne which provides ideal nesting and foraging grounds for the bird. *Stay safe until next week and don't forget our exhibition!*