

Established 1967

www.lucannewsletter.ie

Sub. €1

Sunday 17th September 2023

## "Season of Mists and Mellow Fruitfulness"

The poet John Keats described autumn as the "season of mists and mellow fruitfulness". Autumn is the time for the harvest, the gathering of crops into barns as preparations are made for the coming winter. In some churches there is a celebration of the harvest festival as we thank God for the gift of the food that we eat.



It is also the time of year when we recommence various parish groups and activities after the summer break. Many of us will have enjoyed the opportunity over the summer to be out in the fresh air and to have pleasant walks on the longer evenings.

But, as the days start to get a bit shorter, it's a good time to think about how we can spend some time assisting in our parish community in various ways.

One way we can do this is to pray for the parish and in particular for parishioners who are sick whether at home, in hospital or in nursing homes. We can ask God to accompany them at this challenging part of their journey of faith.

I think we often underestimate the difference that a smile or a kind word can make to a person. A priest once told me that, even if he was rushing somewhere, he would always try to take time to speak to any parishioners who wanted to have a word with him. And this ministry of listening is there for each and every one of us.

For those of us who are more active, there are many parish groups and ministries that need more people to assist.

I am often amazed by the number of people in ministry in the Church who will say that their work began when someone approached them and invited them to become involved with a particular group or parish activity. We should never underestimate the power of a personal invitation. And, if we are on the receiving end of such an invitation, we should discern if it is the right moment in our lives to accept it.

### **Deacon Gerard Reilly**

Gerard is a Permanent Deacon of the Diocese working in the Malahide-Portmarnock grouping of parishes.

## **Lucan Citizens Information Centre**

Our telephone number is 0818 07 5090

www.citizensinformation.ie

Email - lucan@citinfo.ie

Our office is located in the Ballyowen Castle Youth and Community Centre, Ballyowen, Lucan



### **Opening hours**

### Walk-ins to see an Information Officer

Tuesday: 10am – 12pm and 2pm to 4 pm

Wednesday: None

Thursday: 10am - 12pm and 2pm to 4pm

## **Reception open**

Tuesday: 10am - 1pm and 2pm - 4pm Wednesday: 10am - 1pm and 2pm - 4pm Thursday: 10am - 1pm and 2pm - 4pm We are closed on Mondays and Fridays.

Citizens Information Phone Service (CIPS) is open Monday to Friday 9 am to 8pm on 0818 07 4000

MABS – the Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over 20 years. MABS phone service is open Monday to Friday 9 am to 8 pm on 0818 07 2000

## What is a GP visit card?

A GP visit card is a card that gives you free visits to a participating family doctor (GP). If you are not eligible for a medical card, you may be eligible for a GP visit card.

#### What does a GP visit card cover?

Your GP visit card covers the cost of visits to your GP and visits to GP out-of-hours services. Blood tests to diagnose or monitor a condition are covered. The GP visit card does not cover hospital charges. Prescribed drugs are not free but may be covered by the Drugs Payment Scheme.

Changes to GP visit card eligibility in 2023 The weekly income limit for the GP visit card increased on 11 September 2023 and will increase again on 13 November. Check the income limits table below for the new income thresholds for people under 70.

You can apply for a GP visit card using the dedicated online application system.

## Who can get a GP visit card?

You must be ordinarily resident in Ireland. This means that you are living in Ireland and intend to live here for at least one year.

Some people qualify for a GP visit card with no means test including: Children under the age of 8, Adults aged over 70, Carers getting Carer's Benefit or Carer's Allowance, at full or half-rate.

If you are aged under 70, your income is assessed to see whether you qualify for a GP visit card. See below for information about the income limits.

#### Allowable expenses:

Some living expenses are allowable. This means they increase your weekly income limit. Allowable expenses include:

Childcare costs. Rent (not including any amounts paid by Rent Supplement or Housing Assistance Payment). Reasonable mortgage payments on family home and other land or property. Mortgage protection insurance and associated life assurance. Home insurance. Maintenance payments you make. Nursing home, private nursing or home care costs for you or your spouse.

Costs of travelling to work: The cost of public transport. Driving expenses if a car is required, at a rate of 30 cent per mile/18 cent per km. If a couple needs two cars to travel to work, a double allowance applies. The cost of parking can be taken into account. Reasonable contributions towards carpooling costs.

### Aged over 70 with dependants:

If you are aged over 70, you are eligible for a GP visit card regardless of your income.

If you are over 70 and you have dependants who are aged under 70, for example, a spouse, civil partner or cohabiting partner, your dependants may qualify for a GP visit card if your combined gross income is over &1,050, but not greater than &1,400 a week.

#### Income over the limit

When you apply for a GP visit card, your application will first be assessed for a medical card. If you don't qualify for a medical card, you will then be assessed for a GP visit card.

If your income is over the limit for a medical card or GP visit card, you may still qualify for a discretionary medical card if your medical expenses would cause you financial hardship without one. If you want to apply for a discretionary medical card, you should also include information about your family's medical expenses in your application.

### How to apply for a GP visit card

If you are under 70, you use the same application process to apply for a GP visit card as for a medical card. As part of the application process for the GP visit card, your entitlement for a medical card is assessed.

You can apply for a medical card or GP visit card online on medicalcard.ie

You can also download an application form for the GP visit card and medical card (pdf) and email it to pcrs.applications@hse.ie or post it to: National Medical Card Unit, PO Box 11745, Dublin 11 If you are aged 70 or over, you can register for your GP visit card online.

You can also download the registration form for people aged 70 and over (pdf) and email it to pcrs.applications@hse.ie or post it to: National Medical Card Unit, GP Visit Card Over 70s, PO Box 12629, Dublin 11. You can also call 0818 22 44 78 to ask for a paper registration form.

## **Lucan Senior Citizens**

Wed 20th Sept: 10.30 to 12.30:

Social Morning in St. Mary's Parish Centre.

Looking forward to welcoming all our members back after the summer holidays.

New members are always welcome. Just call in for a tea/coffee and a chat!

# A Photographic Journey along the World War 1 Battlefront

A moving account by cycling enthusiast & historical researcher Dominic Price



Lucan Library
Wednesday 20th September, 7pm
All Welcome!

## **Esker Active Retirement**

The Committee are delighted to welcome back all our members for what we hope will be another enjoyable year.

This week a representative from Dublin Bus gave a talk on Safety followed by a tour of the Botanic Gardens.

All our usual activities (cards, bowls, scrabble etc.) start next Wednesday 20th.

A number of day trips were organised during the Summer. An afternoon of music and dance in the Royal Marine in Sutton. A daytrip to Athlone, Derryglad Folk and Heritage Museum with a boat trip on the Shannon. A visit to the American Ambassador's Residence in the Pheonix Park where they had a tour of the house given by the Ambassador Ms. Claire Cronin. A final day trip to Wells House and Gardens with a shopping experience in Gorey.

All retired or semi-retired are welcome to our club. We meet in St Andrew's Parish Hall on each Wednesday 1.30pm to 4pm.

Treasa, Club Secretary, 087-2372116

## **Lucan ICA**

I am delighted to say that the ICA will be back in action once again in the Parish Centre on Monday morning 18th September 10-00 to 12-30pm. Looking forward to seeing all the ladies and chat about all they got up to during their summer break.

We welcome new members who wish to join, drop in and see what we do over a cuppa and chat. The ladies who are off to An Grianan this weekend, have a lovely time there, some their first time to visit, so great excitement and to those on holidays enjoy and come back safe.

Pauline

## Griffeen Art Group

returns **Tuesday, 26th September**at **7.30**in the **Town Hall, Lucan**Eircode K78 R2Y7

(opp. the Methodist Church)

*New Members welcome.*Noel Molloy 087 2512775

## **Lucan Toastmasters**

We're excited to invite you along as a guest to our next meeting on **Thursday 21st September** at **7:45pm** in the **Springfield Hotel** in Leixlip. It is lots of fun, with fantastic stories and accounts that are bound to engage and entertain. So come along on the night to find out more.

Do you want to finally conquer your fear of public speaking? Do you have a speech or presentation coming up that you need help with?

Do you want to make new friends?

If so, then Lucan Toastmasters is the place for you.

We meet on the 1st and 3rd Thursday of each month in the Springfield Hotel, Leixlip at 7.45 p.m. Admission is free for new guests – don't worry, you won't be asked to speak! Come along on Thursday next, September 21st, where a warm welcome awaits you. For further details, check out Lucan Toastmasters on Facebook, our website at www.lucantoastmasters.com or email us at ypmlucantoastmasters@gmail.com

## **Parish Notes**

# St Mary's, Lucan www.lucanparish.com



**Sunday Mass Times:** 

Saturday Vigil: 6.30pm

Sunday: 10.30am, 12 noon and 7pm.

Weekday Masses: Monday to Saturday 10am.

Masses live-streamed on www.lucanparish.com



The new floor at St. Mary's -a lifetime job!!

**Christian Meditation:** We meet every Tuesday night at 8pm in the Parish Bungalow. *All welcome. Sr Geraldine.* 

## **St Mary's Scripture Reflection**

**Resumes this Monday September 18th** & every Monday Evening 7.30 – 8.30pm

in the Bungalow

JOIN US - You are Welcome to come any Monday

We reflect on the Gospel Reading of the following Sunday.

### **Bethany Bereavement Support Group:**

We meet **every 2<sup>nd</sup> Monday at 10.45am and 4<sup>th</sup> Thursday at 8pm of the month** in the Parish Centre. We are available to listen to or just be there for anyone who is feeling lonely or lost following the death of a loved one. *Sr Geraldine*.

**Baptisms:** Dates are bookable on line. If you need to cancel email: <a href="mailto:secretary@lucanparish.com">secretary@lucanparish.com</a>

**Confessions – Nuns' Chapel:** After Saturday 10am Mass and Saturday Evening 6.30pm Mass.

**Divine Mercy Devotion:** During exposition of the Blessed Sacrament, the Chaplet to the Divine Mercy with devotions, is prayed every Wednesday morning in St. Mary's parish church after the 10am Mass until 11am (unless there is a funeral).

Divine Mercy Lucan devotion St Mary's Parish Lucan

**Legion of Mary:** We meet every Thursday evening at 5.30pm in Room 4 in St Mary's Parish Centre for Rosary and Prayers. *All Welcome*.



**Deepest Sympathy** to the wife, family and friends of *Seán Fagan*, Beech Grove.

May he rest in peace.



For assistance, phone: 01 8550022 or email: info@svp.ie

# NAGARHOPE will hold its annual Churchgate collection at all Masses NEXT Saturday/ Sunday 23<sup>rd</sup> /24<sup>th</sup> September.

Nagarhope is the charity set up by Lucanian Fachtna "Doc" Clandillon in 2008, helping to educate children in Nepal. Without Nagarhope, many of these kids would not receive an education. Your support over the years has built NAGARHOPE BASIC SCHOOL in a rural area and educated hundreds of children.

Many thanks to you all.

Read Fachtna's own up to date report on page 6.

## Mother & Toddler Group

The group will be starting back on

Thursday 21st September from 10am to 12noon in St. Mary's Parish Centre

All Welcome



## Divine Mercy, Lucan South

www.lucansouthparish.net



**Sunday Mass Times:** Saturday Vigil: 6pm. Sunday Masses: 10.30am and 12.00 noon.

Weekday Masses: Mon.-Fri.9:15am. Sat.10am

All Masses will be livestreamed on www.lucansouthparish.net

Adoration and Holy Hour Exposition of the Blessed Sacrament:

**Mon:** 7.30pm: Divine Mercy Adoration **Fri:** 1.15pm: Adoration MMPH Cenacle

Fri: 2-3pm: Divine Mercy Devotion/Adoration.

**Prayers of the Church:** Mon. to Fri.: 8.40am. The Church is open Monday to Friday from **10am to 1pm** for private prayers.

### **Sacrament of Reconciliation:**

Confessions every Saturday 5.15pm and after Saturday evening Mass.

**Home Visits Holy Communion:** If anyone who cannot come to Mass would like to receive Holy Communion at home from Fr. Aidan or a Minister of Holy Communion, please contact the Parish Office 01-4572900.

**Legion of Mary:** The Legion of Mary meets every Tuesday evening at 7.30pm in the Confessional Room in the church. Their works include home visitation and outreach to the poor. All are welcome

Wednesdays tea/coffee morning: There is a cup of tea/ and a slice of cake after 9.15am Mass every Wednesday in the St. John Paul II Room (room with tables and chairs to the right of the porch at the main Church entrance).

All are most welcome.

**Bingo:** Bingo takes place every Wednesday in the St. John Paul II Room. Doors open at 7.00 for 7.30pm. All welcome to play for big prizes.



**Annual Crosscare Collection At all Masses** 

THIS Sat  $16^{th}$  / Sun  $17^{th}$  September.

(Crosscare, the Diocesan social care agency)

This will replace the usual SHARE collection.

# St. Patrick's Esker/ Dodsboro/Adamstown

www.stpatrickslucan.ie

Sunday Masses: 9am, 10.30am and 12 noon.

The 10.30am Family Mass is aimed at younger parishioners and their families.

Weekday Masses: Monday to Saturday at 10am.

All Masses livestreamed at stpatrickslucan.ie

**St Patrick's Prayer Meeting:** Meeting every Monday night in the Pastoral Centre, (Side of St Patrick's Church) from 7.30pm to 8.15pm.

Confessions: Confessions after Saturday 10am

Mass only.

St Vincent De Paul -St Patrick's Conference

Church Gate collection before and after all Masses NEXT Saturday/Sunday
September 23<sup>rd</sup> & 24th

Thank you for your generosity.

## Knock Pilgrimage 2023 Legion of Mary Sunday 24th September

Cost €25. Booking essential. Contact: 087-9195653



**Pick up points:** 

**Celbridge:** Castletown Gates - 7am

Bluebell: Church - 7.15am

Ballyfermot: St Matthew's Church - 7.25am and

Assumption Church - 7.30am

Palmerstown: (under footbridge- westbound) -

7.35am

**Esker:** St Patrick's Church - 7.40am **Lucan:** St Mary's Church - 7.45am

**Leixlip:** Our Lady's Nativity Church - 7.55am **Maynooth:** opposite Glenroyal Hotel - 8am

# The Totus Tuus Men for Christ Conference 2023

A Catholic Conference for Men will be LIVE & EXCLUSIVE on Radio Maria Ireland Saturday 16<sup>th</sup> September from 2pm. Speakers for this year's Conference are: Fr. Billy Swan, Fr. Chris Hayden, Anthony

Crossey & Fr. John Harris OP

## Nagarmail ......

Dia daoibh.

It's a pleasure to be writing this short Nagarmail from Ireland, instead of Nepal, where I had spent the last 18 years. Our work in Nepal goes on without me, as we had been preparing for over the last 12 months or so.



Over the last 2 years, in particular 2021-22, Nagarhope, with the assistance of the provincial government of Bagmati Province Nepal, constructed an earthquake-proof, 5-room preprimary and library block in Nagarhope Basic School.

The funding for this was achieved through donations of about €37500 from Ireland, of a total €75000. The new block and library room was officially opened on New Years Day 2023, and classes for Play Group, Nursery, Junior and Senior Kindergarten started in April 2023.

We spent a busy few months in early 2023 constructing a boundary, support walls as well as painting of the new classrooms. We are delighted to say that this upgrade has been in full use since then, accommodating 70 students and 5 teachers at the pre-school level.

The move of the 4 classes into this block also left the older classrooms free, two of which were transformed into a cafeteria for school lunches and two of which are now games rooms for table tennis and carromboard.



The Nagarhope Ireland committee and the staff and management of Nagarhope Basic School would like to extend their thanks to all who have supported these projects over the last 3 to 4 years. Funds were raised through a table quiz in Lucan Sarsfields in November 2022, an Elvis concert in the Spa Hotel in February 2023, Cúpla Focail weekly Irish for beginners class, church gate collections as well as the East to West Nepal Cycle in January 2018.

Nagarhope Ireland's annual church gate collection will take place on Saturday 23rd and Sunday 24th September.

Thank you all for your continued support.

Mise le Meas, Fachtna 'Doc' Clandillon 12/11/2023

## Birthday Remembrances

# John (Johnny) Griffin

85th Birthday - 12th September



"Those we love don't go away, they walk beside us every day, unseen, unheard, but always near, still loved, still missed and very dear"

Greatly missed and always remembered by his wife Lil, children - Anne, Claire, Ed and John, his brothers Joe, Eddie, sister Nancy and all his extended family and friends, with lots of love especially from his grandchildren - Saoirse, Finn and Molly who miss their Grandad up in heaven xxx

## Orla Carey 51<sup>st</sup> Birthday – 12<sup>th</sup> September Forever Young

Our much loved and missed daughter, sister, auntie and grandaunt.

Another birthday away from home.
The hands of time keep turning
24 years have passed away
For those of us that loved you
It hurts like yesterday
You left us a million memories Orla

You left us a million memories Orla That makes us laugh and cry

But the love that you left within our hearts Orla No millionaire could buy.

Wishing you a Happy Birthday sweetheart. Love and missing you forever. Look after your little brothers for me until I get there.

Your heartbroken Mam, Dad, brothers, sisters, nephews, nieces, grandnephews and grandnieces Xxxxx

## Lucan Drama is Back -

## Bring Drama to your Doorstep since 1957.

Drama is on the way back to Lucan with our latest offering being an evening of four one act plays which will run at the home of drama in Lucan, the Lucan Spa Hotel, from 25/10/23 to 28/10/23.

Tickets are 15 Euro (standard) and 12 Euro (OAP/Student).

There is also a pre-show dinner/ & show package for 40 Euro (with a 6pm and a 6.30pm sitting).

We have moved to online booking so please visit <a href="https://www.gr8events.ie/lucandrama">www.gr8events.ie/lucandrama</a> to book your ticket and select your seat. The dinner/show package is also booked using the above website.

The 4 plays include a John B Keane play and 3 more recent pieces with lots of comedy, plenty of heart and fine drama.

More details over the coming weeks. David Doyle (Lucan Drama).



Women's Women Collective
Ireland – Lucan are
delighted to announce
their Registration

**Morning** for the autumn term. We have some amazing classes and workshops.  $\in 10.00$  registration for one or more classes. There is a fee of  $\in 2.00$  per week thereafter. Except Yoga there is a fee of  $\in 30.00$  per term for the Yoga When: Tues 19/9/2023. Time: 10.00-12.00 Where: Ballyowen Castle Youth and Community Centre

Building Better Communities; You Can Heal Your Life; Yoga we now have 2 Classes due to the demand; Women In Leadership.

**September:** Women's Health EVENING Workshop with Laura Dowling CEO and founder @fabuwellness the Fabulous Pharmacist Thursday 21st 7pm - 9pm

**October:** Annual Breast cancer awareness Fundraiser; Workshops on the up & coming referendum. 'Women In The Home' Article 41.2

**November:** Social inclusion workshop Sisterhood/Feminist workshop

**December:** 16 Days Of Action Violence against women annual event Wednesday 6th 10am - 1pm Annual Christmas celebration Wednesday 13th 10am - 1pm.

Contact us: on 089 611 2018/083 860 7847 or email lucan@womenscollective.ie



The Committee were delighted at the Public's response to this year's festival. Attendance at all events were up on last year. Even the weather behaved.

With the support of South Dublin County Council, His Excellency The Italian Ambassador Mr Ruggero Corrias and his wife Ms Vania Lorenzo, Lucan Credit Union, SuperValu, and GreyHound Recycling we were able to put on a bigger Festival.

This year we had 2 sponsors for particular events namely The Fantastic Fireworks sponsored by Permanent TSB and the popular Kiddies Train sponsored by Quintain.

We cannot forget all the local businesses, traders and politicians who have supported us from the initial Festival back in 2009.

The Committee were helped greatly by local and county volunteers particularly on the Friday, Saturday and Sunday.



## The result of the Duck race -

(no ducks were hurt during the race) are: 1st .....No 179.....Brian Walsh....€125 2nd ....No 259....Naoise Duggan....€75 3rd .....No 184.... Shane Dempsey....€50

All ducks enjoyed the race and were recovered to be put away until next year.

Joe Byrne, Chairman

## **Lucan Active Retirement Assoc.**

We meet in St Andrew's Parish Centre, Main Street, Lucan, on Thursdays at 11.30am. New members always welcome, come and join us in a friendly atmosphere and meet new friends. No charge for your first meeting.

Lots of activities to enjoy. Bowls, scrabble, cards, drama and choir. Coffee/Tea break with some light refreshments at 1pm.
Organised trips in Ireland and abroad.



Congratulations and very well done to Lucan's Festival Committee and all the volunteers who had a hand in last week's events.

We heard great reports from the talks and walks, and it was

great to see the big turnout for a lovely afternoon at Lucan House on the Saturday.



There were plenty of dinosaurs and buffalo, birds of prey and real Vikings on the day, as well as some classy musical acts.

Although Sunday started out with heavy showers, the weather did improve substantially, and there was a great atmosphere in the village.



Aontas Choir on stage at the festival

**Colourful weather** – As we go to press, there are orange and yellow rain warnings for the area. Time was when a rainbow was the only colourful thing mentioned......

We shouldn't complain! Our hearts go out to the people of Morocco and Libya, following the devastating events in both their countries. Let's support them in any way we can.

## The new A.I. experience

Its looking like the above heading is here to stay, but, are things going too far? It is common knowledge we now live in a world full of computerised electronics, so where is it all going and is it going to be for the good of everyone? We already have our cars doing some of the thinking for us I was in my friend's car the other day and

he allowed the computer in the car to do the driving, stopping at lights, did not go anywhere near the car in front, even warning him



about traffic jam up ahead, no veering across the middle of centre white line. It is mind boggling.

Yet I was so happy when he reverted back to driving the car himself, but, I have to be honest when the computer was doing the driving it never made the slightest mistake and that must be for the better. But Where is this all going, so I will ask the question again, are they going too far with Artificial Intelligence.

When we are born, it is common knowledge we are all born with the same intelligence, of course we humans have an invisible tool, given to us by our creator; it is called free will. Some of us use our free will to further educate ourselves and some don't and that is okay.

No doubt, those who choose to educate their minds further are fantastic people, it is hard work and takes a lot of time and money particularly for those who go on to do their PhD course.

Think for a moment what a disease-ridden world we would be living in. How many times, our scientists have had to come up with a remedy to stop the spread of disease, how quick they were in stopping the spread of those diseases. All those diseases are still out there, but thanks to our scientist, we have the remedy to control them.

But here is the big question? Is Artificial Intelligence going to interfere with all of this?

Artificial Intelligence, is man-made and has been around since the nineteen fifties, slowly creeping up on us, very powerful indeed. It is used in all types of technology.

Do you remember Star Trek with the unforgettable Captain Kirk and his side kick Mr Spock, the Vulcan computer analyst in the Star Trek Enterprise space programme. We all laughed at their Shenanigans, I wonder who is laughing now?

Joseph Anthony. (Lucan Writers Group)



## St. Joseph's College

Olympic Hopes Regatta: Huge congratulations to our 5<sup>th</sup> Year student, Jennifer Guest, on representing Ireland in the Olympic Hopes Regatta in Poland last week. The canoeing teams from the Salmon Leap Canoe Club put in some very strong performances and Jennifer and her team take their place in history as being the first K2 and K4 female team. We are very proud of Jennifer and all her achievements so far!



**'Joey's Splashers' in Dragon Boat Regatta:** We are very excited to have our TY 'Joey's Splashers' Team take part in the Lough Rynn Dragon Boat Regatta on Saturday, 16<sup>th</sup> September in Mohill, Co. Leitrim. A long tradition in St. Joseph's now to compete at the exciting Regatta and support a very worthy cause in aid of Breast Cancer Ireland. The 20 students have been



planning for a number of weeks now and look forward to syncing their rowing techniques to the beat of the Dragon Boat Drummer. Fingers crossed we will bring home some silverware!

3<sup>rd</sup> Year Retreat to Glendalough: Over 115 3<sup>rd</sup> Year students will be undertaking their 3<sup>rd</sup> Year Retreat in the Glendalough Valley on Thursday, 14<sup>th</sup> September. It is a great way to settle in to 3<sup>rd</sup> Year and embrace a good balance of wellbeing time, nature, contemplation and personal reflection. Thank you to Ms. Carey & our RE Department for organising all!

### TY Public Speaking Workshops: Transition

Year at St. Joseph's has had a very busy start this September. Three TY classes have completed the Public Speaking Workshop with Alan Devine and all have thoroughly enjoyed challenging themselves to step forward and learn some valuable techniques in presentation skills, deportment, delivery and detail. We look forward to see all TYs put these skills into action over the coming year!

## **Adult Education Service**

The Adult Education Service in Lucan Education Centre, on Esker Hill are currently enrolling for free and flexible part-time courses commencing in September 2023.

These Back to Education Initiative (BTEI) courses are at times to allow you to choose between one and four different subjects to fit around your busy life. Each subject is 4 hours, 1 morning per week. This can lead to QQI qualification. The following subjects are available this term:

Spanish for Beginners, Introduction to Microsoft Excel (Spreadsheets), Wellbeing, Working with Microsoft Word, Improving English and Communication Skills, Digital Presentation, Reception & Frontline Office Skills, Medical Terminology, Payroll

For more details, contact <u>lorrainekavanagh@ddletbaes.ie</u> or call (01) 6283557.

## **Adult Education Classes**

## **Lucan Community College**

is looking forward to welcoming everyone back for Adult Education Classes with a 10 week Autumn term on

TUESDAYS & THURSDAYS, starting on 19th & 21st September Enrolment Online

Interested in learning a new language or hobby and making new friends in the community? Lucan Community College evening classes are back this September for 10-week courses in...

Yoga, Pilates, Guitar, Italian, Spanish, French, Irish, Crochet, Knitting, Drawing, Watercolours & Acrylics, Tai Chi, Gardening, Fitness and Art Portfolio Preparation

All information is available on our website lucance.ie

## Coláiste Phádraig CBS

Enrolment 2024: Application forms for admission to 1<sup>st</sup> yr in September 2024 will be available from the school office from Monday 2<sup>nd</sup> October. Completed application forms must be returned to the school office by Friday 27<sup>th</sup> October. As outlined in the Admissions Bill 2022, students can only enrol a year in advance of starting in post primary school. Mr. Geraghty and Ms Hunt will visit our main feeder schools with application forms shortly. All relevant information relating to admissions can be found on the Annual Admission Notice located under the information pull down menu on the school website

Open Night 2023: The Coláiste Phádraig Open Night will take place in the school on <u>Thursday 5<sup>th</sup> October</u> from <u>7pm-9pm</u>. The Open Night is undoubtedly one of the highlights of our school calendar, with teachers, management, staff and students alike in attendance to showcase the fantastic array of modern facilities available in our school. There will be presentations, guided tours, classroom-based demonstrations and displays, quizzes, interactive games, dramatic performances and many other surprises and fun activities throughout the school. The new school building will also be officially opened on the night.

We ourselves look forward to meeting the prospective students on the night who we hope will join the extended Coláiste Phádraig CBS family in the coming years.

#### **Athletics:**

Congratulations to TY student Alex Leonard who was representing Ireland and our school in the SIAB (Schools International Athletics Board) Track and Field Championships, which was held in Grangemouth Stadium. Scotland on July 15<sup>th</sup>. Alex had the

honour of



representing his country in two events, the 200m and 4 x 100m relay. The Irish team took home a well-deserved bronze medal after posting an impressive time of 42.38, with Alex running a

very fast leg, so well done on this brilliant achievement on the international stage. Alex became just the 5<sup>th</sup> student to represent Coláiste Phádraig at this prestigious event which started in 1968. Prior to the trip to Scotland, Alex helped his club team Donore Harriers win a gold medal in the National u17 4 x 100m Final. Fellow TY student James Dunne was also on the team so congratulations to both on their outstanding success.

Upon his return from Scotland, Alex went on to win the National Outdoor 200m u17 title for his club, with the event being held in Tullamore on July 23<sup>rd</sup>. This was Alex's 3<sup>rd</sup> National Title in Athletics in 2023 and demonstrates both his incredible talent and his outstanding commitment to his sport. He is undoubtedly a start of the future in Athletics and his school, club, family and friends are all very proud of him.

Transition Year: Our TY students have started their year with two of the most popular and scenic hikes in the Dublin/Wicklow area over the past two weeks. With such a large group (88 students), the students have split into two for the weekly outings, with one group heading away while the other group stay behind to do GAA coaching, Engineering and Computer Science. The 1st outing of the year took place last Wednesday when the students headed off to Greystones for a hike along the cliff walk to Bray. The 7km hike took them a leisurely 90mins and they enjoyed fantastic views of the Irish sea and the Wicklow Mountains throughout. They also learned about the rich history of the cliff which is brimming with wildlife and colourful flowers. The group enjoyed being outdoors and getting some exercise in the beautiful weather as they worked up an appetite for some delicious fish and chips and some very welcome cold drinks and ice-cream in Bray afterwards!

This week, the students headed to Howth to complete the leisurely scenic Summit Hike around Howth Head Peninsula, with fantastic panoramic views of Dublin Bay throughout. All of the trails around the summit hug the cliffs at several points along the route which made for an exhilarating and exciting coastal walk for our enthusiastic and intrepid hikers!

Gaeilge: Well done to 3<sup>rd</sup> yr Derry Ware, was awarded the title of "Buachaill an Chúrsa" at the end his two-week stay at the Gaeltacht held in Coláiste Uí Chadhain, Co. Galway over the summer. The award was in recognition of his excellent manners, helpfulness and positive attitude as well as his commitment to speaking Irish at all times. Comhghairdeas ollmhór a Derry as an gradam sin. Táimid fíor-bhródúil asat.

## POLITICAL NOTES

## **Emer Higgins TD - Fine Gael**

78 The Orchard, Lucan. 01 401 3416 Emer.higgins@oireachtas.ie

#### **Lucan Festival:**

Lucan Festival - A huge congrats and sincere thank you to Joe Byrne, Paul Madden, Dara Mc Graith, Joe Malone, Anne Stallings, John O'Brien, Joseph Reid, Cathriona McClean, Danny Kenny and all the volunteers who put on another successful Lucan Festival. Friday's fireworks display was incredible, the sun shone for the Open Day of the Ambassador's residence and the village was buzzing for the Garda Station opening and fair on Sunday. Well done to everyone who participated right throughout the week, including all the entertainers and vendors. The event was supported with a €10,000 Council grant.

#### Lucan Health Fair:

Well done to the team at Ballyowen Castle Community Centre and Women's Collective Lucan on hosting a very informative Health Fair this week.

## Cllr Derren Ó Brádaigh - Sinn Féin

Mobile: 087-2136345

Email: <a href="mailto:dobradaigh@cllrs.sdublincoco.ie">dobradaigh@cllrs.sdublincoco.ie</a>
<a href="mailto:Castle Road - Overflowing Bins:">Castle Road - Overflowing Bins:</a>

Several locations are routinely seeing public litter bins overflowing. Two such bins on Castle Road are regularly full and on occasion domestic waste is also being left on the ground beside. I have asked the Council to review the frequency of emptying with a view to installing new units if need.

#### **Council Staff Crisis:**

Unfortunately, local authority staff have been resigned to engage in industrial action that commenced from Monday 11<sup>th</sup> Sept. The dispute revolves around job evaluation and remuneration and is a symptom of the failure by Government to address the staffing levels that largely exist since the financial crash.

### **Lucan Festival:**

Once again, I'd like to publicly acknowledge the efforts of all involved with organising the incredible Lucan Festival and all those that participated in making this marvellous event a huge success for all of us to enjoy!



## **CIIr. Paul Gogarty**

"Not just at election time" Tel: 087-2752489.

Email: info@paulgogarty.com

#### **Industrial action in SDCC:**

Members of the Forsa trade union are refusing to deal with Councillors outside of statutory meetings as part of a dispute regarding pay and conditions in local government, something not in our remit. While I support the claims by workers, residents need to be aware that normal representations we make outside of meetings are likely to be subject to delayed responses for the foreseeable future.

## **Junction at Woodview Heights:**

Having raised the need for reconfiguration some time back, I was again onto SDCC regarding delays with works and sequencing of lights. Will also seek reinstatement of bin.

#### **Swimming Pool:**

Still scheduled for October 26<sup>th</sup> completion, to open two weeks after. Any change will let you know.

#### Lucan House Sale:

The Council has described newspaper reports as "speculation" and will update when further news is available.

## Cllr. Shane Moynihan - Fianna Fáil

Email: smoynihan@cllrs.sdublincoco.ie

Web: www.shanemoynihan.ie Phone: 087-7840898.

Facebook: cllrshanemoynihan Instagram: cllrshanemoynihan

Twitter: @shanemoynihan Phone: 087-7840898

#### **Lucan Festival:**

Well done to the Lucan Festival committee for delivering another excellent week for us all in Lucan. The range of activities was superb, and I was delighted to be joined by Minister Jack Chambers and Barry Andrews MEP for the Family Fun Day in the village.

#### Lucan Health Fair:

I was honoured to open the first Lucan Health Fair in Ballyowen Castle Community Centre this week, as Chair of the Board of Management. Thanks to all our exhibitors and attendees for making the event such a success, as well as Mayor Alan Edge for attending.

### **Community Grants:**

Congratulations to all local groups who secured grant funding from SDCC recently, including Liffey Sound, Lucan Festival, Adamstown Community Badminton Club, Beech Park FC and Lucan United! If your group would like to learn more or want assistance securing funding, please get in touch.

## Malawi Goes on

Just home again after our 48th visit to Malawi after spending another month with our people achieving way beyond what we might have ever expected, without a white person anywhere to be seen. Amazing. Malawians, in constant contact, all day every day, learning all the time, continue to astound us.

Reforestation and Soil restoration is our big and growing focus in a World with frightening issues on global warming. Our systems for planting and drone-imaging are getting us world-wide recognition and funding which enables us to do so much for the communities we support.

Our November visit led to the opening of our first Rural Health Clinic. The impact was so wonderful that it got Alepher our first graduate /nurse in conversations with the Health Board in the Northern Region, leading to the possibility of such a service in all eleven areas where we have Forestry projects.

Two days into our visit we were heading off over some of the roughest roads imaginable to Kafulafula (even surrounded by pillows has little effect!). They came from miles and miles, walking, carrying babies and kids, to a Catholic Church building as the focal point while also making use of some unused school buildings: 266 women and over 300 little ones.

Big excitement seeing the first use of a new bed for cancer screening, added to the under-fives clinic, cervical cancer screening, contraceptives and maybe the biggest surprise was where 26 men arrived for HIV/AIDS testing, the first time recorded in the region. All this is now possible when we provide the transport, provide food and pay the nurses to support the hospitals with their work. They provide all the meds.

The Head of Government Medical Services in the Northern region came for this big day and all subsequent Grand Openings. It was so uplifting to meet and greet all the Chiefs and leaders being so appreciative of our small effort which means so much to them. We have just agreed to support two most appreciative Mission Hospitals in the same way. (Those founded by Missionaries, but now needing assistance).

Graduation day for our Girl Child Project was a spectacular event. Florence, who looks after this project, is a unique and amazing woman. We pay fees for over 300 girls, and bring them in to our Centre for Classes on Saturdays and during holiday time and also fully support over 30 more at Third Level. The day was amazing. There was music and food, Dancing and Stories, Talks from Lecturers and Ministry, and the heads of the Victim Support unit of the Police Department who provide amazing support whenever needed. This is such a special day maybe the most special. Maybe as the song says, the highlight of many peoples (girls) lives. Mary

featured on National Television, while one of our Journalism graduates wrote a piece on the magic of the day for a National Newspaper

Last time I wrote, I was begging for seeds and wow what a response. We have ended up with so many organic seeds with multiple varieties. The plan is up and running, where over 100 varieties have germinated and are growing well. So much is different from Ireland. We are working with different soils, altitude, temperature and no artificial fertilizes. We use two plants to fix nitrogen: Tephrosia and Sunnhemp, compost and maybe a little animal manure (even though farm animals are a bit rare). We have hand drilled several holes and use a very simple pump for the watering.

Now we will see how they like the cabbages, carrots, onions, beetroot etc, etc grow and then save the organic seeds, a rare occurrence in Malawi.

Rural Women's self-help groups are now an expanding project, where women come together, form groups and do business, lending and borrowing within the groups enabling expansion which gives loan interest to others. Rural banking in its infancy

Some groups are growing vegetables for sale, some have chickens, some fruit trees and on it goes with a bit of advice and supervision but no other help from us. With our crew, nothing remains static and we modify and expand our projects to cater for the needs and new possibilities. Women are amazing. What they can achieve with a little help is spectacular.

Our latest project, with about 400 women, in an area where water is available this time of year is to enable them to grow maize, their main food crop, 5 months early. Famine and starvation are coming like a hurricane. Last season's crop was decimated by hurricanes and floods in the Southern Region, leaving millions starving already and food prices gone crazy

The country, (Malawi) is about one and a half times the size of Ireland with a population of over 21 million people). I can't see any way that millions won't starve, so we will help however we can. Another plus is that they will grow all food without artificial fertilizer which is just too expensive and maybe even unavailable in our current global crisis.

Finally on a little more uplifting note we have recently began work with one of the National Parks in The Nyika Plateau (National Park) straddling the Zambian border. Never thought I would get to see and help protect wild animals, like elephants Buffalo Rhino, etc. We have been invited to assist them with the removal of invasive tree species, protection against soil erosion and then replanting with new indigenous tree species.

Booking done again to get there again in October. A long way from Ballinlough and Cloonfad for us! *John and Mary Coyne (www.wellsforzoe.org)* 



### Hurling

Our three minors hurling teams commenced their championship campaigns this weekend and it was a perfect start with wins for all three. The Minor A's had a comfortable win over Cuala at the 12th Lock (report below), the Minor B's had a big win away to Skerries and the Minor C's completed the treble edging out Castleknock by a point in AGP3.

## Minor Hurling A Championship: Lucan Sarsfields 2-15 Cuala 2-5.



This was a relatively comfortable win for Lucan Minor A's, as the scoreline suggests, and the margin could have been much bigger, but for a combination of inefficiency by the Lucan inside

forward line and some good saves by the Cuala keeper. Lucan started on top and some early scores from Charlie Mulqueen, Paddy Ryan and Ryan Clancy were soon followed by a Davey Mulqueen goal to create a deserved margin on the scoreboard. Good to see most of our senior hurlers on the sideline supporting the next generation.

#### Football

#### **Dublin Ladies Gaelic Football Association -**

Go-Ahead Intermediate Championship Group A. The third round of the 2023 intermediate championship and another very warm evening for football with only a very light breeze which did little to reduce the humidity., Final Score; Lucan Sarsfields 1-15, Parnells 0-7.

No game next week, St Maurs away on 20 September, to decide our opposition for the playoffs.

## **Lucan Sarsfields Junior 6 South vs St Mary's Saggart**

The sun went and the heavens opened but nothing was going to stop Lucan's Junior C south team from making it 3 from 3. Final score 3-11 to 1-5. Roll on the quarter final at home against St Annes on the 24th September.

Huge thanks to the side line support.

### Coiste na nÓg / Juvenile

After 6 fun packed years, our Juvenile Secretary, Ciara Dardis is handing over the reins in the Juvenile section. We would like to thank Ciara for her commitment to the development of the club as Juvenile Secretary, we acknowledge her efforts for our younger members through arranging the matches, pitch allocations and referees, week in week out. In addition, her dedication and commitment extended to supporting fundraising through her involvement in Scarefields, collections in SuperValu and assisting the promotion of the club on social media. We would like to welcome Louise Flynn to the role of Juvenile Secretary and wish her well, as we continue to develop the juvenile section of our club.



#### Lotto

We had no winner of last week's Lotto Prize of €3,400. The Numbers were 2, 14, 18, 26.

The lucky dip prizes go to, Grainne Anderson, George Dobbs, Pat Scully, Ciara Lyons Kennedy and John McGivney.

Next week's Lotto will be for a jackpot of €3,800. The draw is sponsored by Henley Forklift Group, led by Edel Mooney.

Déan cinnte go bhfuil d'iontráil curtha isteach agaibh roimh 6 i.n. oíche an chrannchuir, chun í a chur san áireamh sa chrannchur na seachtaine sin.

Make sure your entry is submitted before 6pm on the evening of the draw to be included in that week's draw. Tickets can be purchased online at the following link:

http://bit.ly/LucanSarsfieldsClubLotto,

Thank You for supporting Lucan Sarsfields GAA Club.



## **LUCAN HARRIERS A.C.**

What an incredible day Sunday 3rd September 2023 was for everyone in our club, we all pulle together to showcase our club and our facilities Lucan Harriers held their annual 5-mile race or Sunday 3<sup>rd</sup> of September along an established course certified by athletics Ireland. The Sun shone and the crowds turned out, we couldn't have asked for a nicer morning. There was a buzz around the track from 8.30am as the final preparations for the kids' race were put into place, these kicked off at 9.30am.9:30am Age 6 100m sprints. 9:45 am Aged 7 -9, 400m. 10:00am Aged 10 - 12, 800m. 10:15am Aged 13 - 16, 1 mile. 200 children took part and created a wonderful atmosphere around our club, thank you to everybody who organised and helped on the day under the stewardship of Jer O' Sullivan. Great fun was had, our MC and track announcer Colm O' Connor really helped generate an atmosphere with his commentary of the races.



As these events finished up and the children enjoyed a few post-races treats in our hospitality marquee, the athletes for the 5-mile race could complete their warmup on the track and the park immediately behind the track. Time was ticking along, the buzz in the air was palpable, DJ Darren was pumping out the tunes. Our Club stewards took up their positions along the course, all 80 of them by 10.30, an incredible turnout, many of whom had completed the 5-mile course the previous Thursday evening in preparation for Sunday and to complete the virtual 5-mile option which many of them had signed up. The start time of 11am approached and with almost 450 registered for the races, numbers pinned to the tops, sunglasses on, sun cream applied the runners and walkers doing their last-minute nervous stretches waited for the go ahead to get moving. Bang on the start time of 11am Carol Kearney, Lucan Harriers very own World Champion stood on the start line with the starting hooter to get things moving. A countdown 5, 4, 3, 2,1 and off they went the leaders setting a blistering pace from the very start. Within the first mile it became a three-horse race, Mick Clohisey, Irish Olympian of Raheny Shamrocks, Peter Somba of Dunboyne AC and David Scanlon WSAF Rathfarnham lead it out, just before the 4-mile mark Mick and Peter opened a gap on David Scanlon and the two pushed on from there.

On reaching the track we had a thrilling finish to the Lucan 5miler. Peter catching Mick with about 120 metres to go and then holding on for victory in a sprint for the line. Somba's time was 25 mins 5 secs, with Clohisey just one second behind, what a finish to a great race, the course record is safe for another year. David maintained a fantastic effort and finished 3<sup>rd</sup> in a very impressive time of 25.27.

In the ladies race we had Laura Buckley competing the double for our neighbours in Dunboyne in a fantastic time of 30.38, winning by a 55sec gap a strong run by Aisling O Connor of Rathfarnham in a time of 31.33 giving her a silver position, our own very popular Club member Breda Smyth got the last podium position in a time of 34.39.

In a closely fought men's team competition, Lucan Harriers team of Cillian Murphy 11th, Alex O'Brien 18th, and Will Byrne 21st, won the team event, doing the double were the Lucan Harriers Ladies team comprising Breda Smyth 3rd, Ana Barbu 4th and Anne Whelan 7<sup>th</sup> Other Dublin running clubs represented included Donore Harriers, Civil Service AC, Crusaders AC, Love2Run AC, Sanctuary Runners, Polish Runners Club Ireland, Esker Running Group, Blackrock AC and Wolfpack.

Congratulations to all who finished on the podium and to the over 400 people who completed our event. We had many first timers running and what an incredible achievement it was for all the runners, including over 40 new Lucan Harriers members who signed up for a club initiative Couch25mile (Couch to 5 mile) and completed a 10-week training programme with our Fit4life group on Monday and Thursday nights. There was a fantastic feast of calories after with many homemade treats baked lovingly by our Lucan Harriers members, free ice cream for everyone, which really went down well on a jot sunny day and was commented on by many.



## Na Gaeil Óga CLG

Fáilte chuig Nuachtlitir Na Gaeil Óga, áit a bhfaighidh tú an t-eolas is déanaí faoi gach rud atá ag tarlú inár bpobal bríomhar.

#### Buachaillí F15 - Peil

Bhí bua cuimsitheach ag na peileadóirí F15 i gcóinne Na Fánaithe.

Bhí an chéad leath an-teann agus an báisteach ag titim go trom ach chinntigh scóranna deas ó Max Nesbitt, Dara de Búrca & Sean Ó Beacháin go raibh buachaillí Leamhcán cúilín chun tosaigh ag leath-ama.

Chuir na buachaillí tús spleodrach leis an dara leath le trí chúl ó Caolin Reilly agus ceann ó Jake Nesbitt. Chinntigh diongbháilteacht Adam Ó Bradaigh & Conor Mac Giolla Leith sna tacaithe nach raibh aon bhealach ar ais isteach sa chluiche don fhreasúra.



## Imir le Na Gaeil Óga

Tá fáilte roimh imreoirí nua ar fhoirne peile fásta Na Gaeil Óga i gcónaí. Is breá an rud é a bheith amuigh ar an bhféar san aimsir bhreá. Gearóid Ó Mórdha a ghlac an pic seo den ghrian ag dul faoi tar éis traenála i bPáirc an Fhionnuisce ar an Aoine



#### Cailíní F8 - Camogie

Camógaíocht dúinn in aghaidh Naomh Peregrine. Bhí na cailíní tharr barr arís.. Tá na scileanna ag dul ó neart go neart!

Maith sibh arís a chailíní!! Na Gaeil Óga Abú!!

# The Vue Bridge Club

We would like to welcome New Members

9.15am to 12.15pm Every Tuesday in Springfield Hotel Leixlip.

Contact Yvonne 086-8592638



## St. Mary's Camera Soirée

The members of the Camera Soiree were back in the Parish Centre last Friday after the "summer" holidays and began going through their portfolios of photographs with a view to making selections for the group's next exhibition which it is hoped will take place in the Parish Centre in the middle of November 2023.

This week Frances and Joe submitted photographs taken last weekend at the Lucan Festival, including one of a magnificent American fire truck. The sign on the side of the extended ladder reads "The City of Glen Cove Volunteer Fire Department New York State". The vehicle, known as Ladder 5211, was bought by an Irish collector in 2021.



Anna was in Middleton and sent us a shot of the "Kindred Spirits Choctaw Monument" in Bailick Park. The monument commemorates the 1847 donation by the Native American Choctaw People to Irish famine relief despite the Choctaw themselves living in hardship and poverty. They had recently endured the Trail of Tears, an ethnic cleansing and forced displacement of approximately 60,000 people of the "Five Civilized Tribes" (the Cherokee, Chickasaw, Choctaw, Muscogee, and Seminole nations) between 1830 and 1850 by the United States Government. The sculpture, created by





Alex Pentek at the Sculpture Factory in Cork, with assistance from students of the Crawford College of Art and Design consists of nine 20-foot stainless steel eagle feathers arranged in a circle forming a bowl shape to represent a gift of a bowl of food.